



Established in 1935

BANASTHALI VIDYAPITH

University for Women: University with a Difference

FIVE FOLD ACTIVITIES



Five Fold Education (*Panchmukhi Shiksha*)

Banasthali's educational ideology is based on the concept of five-fold education comprising of physical, practical, aesthetic, moral and intellectual aspects to develop an integrated and balanced personality of the students

1. Physical: The Significance of physical education was recognized through the inception of the Vidyapith. It had been an integral part of the education programme here. Other than the routine games and sports eg. (Basketball, Volleyball, Athletics, Archery, Football, Hockey, Judo, Ropemalkhamba etc.) Equestrian, Swimming, Parade, Flying and Indian Traditional sports are the uniqueness of the Vidyapith. Sports women of Banasthali are prominently recognized at all sports competitions across India.

Our students are serving Indian Airforce, Air India, Spicejet, Indigo, JetAir as pilots & managers. BVGFC has been a recipient of recognition from iWOAW (Institute for Women of Aviation Worldwide)

2. Practical: From the beginning Vidyapith has given importance to hands-on aspect of Practical Education. Shibori in practical dyeing, Papier-mache, Zardozi craft, Cooking, Block printing, Costume design, Wood craft, Radio jockeying, TV anchoring, Audio video production are among many hands-on education which are encouraged apart from household essential chores like cleaning, washing and shramdan.

3. Aesthetic: Music (vocal and instrumental) Sitar, Sarod, Violin, Guitar, Tabla, dance (Kathak, Bharatnatyam, Manipuri, Rajasthani) and drama add colour, variety and richness to life. They are an integral part of art education. Paintings including fresco work develop an aesthetic sense among the students. We have a full-fledged orchestra of classical instrumental music & Rajasthani folk music.

4. Moral: Morality is an all-embracing quality of human personality affecting one's whole thought and action. It is developed not so much as a result of direct preaching as of sharing actual experiences and responsibility of life.

Respect for all the religions by means of collective prayers and weekly talk by guest speakers based on moral stories are regular features. The unique feature of imparting moral education is through morning and evening prayers held by relay system, which include Ramayan path, recitation of mantras from Vedas Shlokas from Gita, preaching from Koran, prayers from Bible and Guru Grantha Sahib along with bhajans as we strongly believe in Sarva Dharma Samanavaya.

The environment of the institution and personal examples of the staff are also a powerful influence in moulding the character of students. Festivals of all religions are celebrated.

5. Intellectual: Class teaching, efficient library and reading room service, educational projects, students associations and debating societies including student's parliament help in the intellectual development of the Vidyapith students.

Other than language and Mathematics natural and social sciences are taught right from the beginning. Knowledge of world history also occupies a key position in the intellectual development of the Vidyapith students.

Five Fold Activities

Fine Arts

Classical Dance (Bharatnatyam)
Classical Dance (Kathak)
Classical Dance (Manipuri)
Creative Art
Folk Dance
Music-Instrumental (Guitar)
Music-Instrumental (Orchestra)
Music-Instrumental (Sarod)
Music-Instrumental (Sitar)
Music-Instrumental (Tabla)
Music-Instrumental (Violin)
Music-Vocal
Theatre

Social Service and Extension Activities

Banasthali Sewa Dal
Extension Programs for Women
Empowerment

FM Radio
Informal Education
National Service Scheme
National Cadet Corps

Physical Education and Sports

Aerobics
Archery
Athletics
Badminton
Basketball
Cricket
Equestrian
Flying - Flight Radio Telephone Operator's Licence (Restricted)
Flying - Student Pilot's Licence
Aeromodelling
Football
Gymnastics

Handball
Hockey
Judo
Kabaddi
Karate - Do
Kho-Kho
Net Ball
Rope Mallakhamb
Shooting
Soft Ball
Swimming
Table Tennis
Tennis
Throwball
Volleyball
Weight Training
Yoga