#### MINUTES OF THE MEETING OF THE FACULTY OF HOME SCIENCE HELD ON 6 DECEMBER, 2008 AT 3.30 P.M. IN CONFERENCE HALL, VIDYA MANDIR, BANASTHALI VIDYAPITH

#### PRESENT

1.	Prof. Shobha Nandwana	-	External Member
2.	Prof. Indu Bansal	-	Convener
3.	Prof. Sheel Sharma	-	Internal Member
4.	Prof. Suman Pant	-	"
5.	Dr. Achla Gakkhar	-	"
6.	Smt. K. Geeta	-	"
7.	Km. Monika Jain	-	"
8.	Smt. Charu Vyas	-	"
9.	Dr. Chandra Kumari		"
10.	Dr. Suvidha	-	"
11.	Smt. Navita Pareek	-	"
12.	Smt. Gita Bisla	-	"
13.	Smt. Komal Chauhan	-	"
14.	Smt. Namrata	-	"
15.	Ms. Parul Sharma	-	"
16.	Smt. Ekta Singh	-	"
	-		

**Note:** Dr. Praveen Punia, Dr. Kumud Khanna (External Members) and Dr. Shalini Saxena, Ms. Shweta Pandey, Ms. Shilpa Jain, Dr. Neelam Chaturvedi, Ms. Parul Tripathi (Internal Members) could not attend the meeting.

Before proceeding with the business of the agenda the Dean, Faculty of Home Science accorded a warm welcome to all the members of the faculty.

1. The Faculty took-up for confirmation the minutes of its last meeting held on  $18^{\text{th}}$  January, 2008.

**Resolved to** recommend that the minutes of its last meeting be confirmed.

- 2. The Faculty considered the recommendation of the Board of Studies in Home Science made at its last meeting held on 24<sup>th</sup> September, 2008.
  - 2.1 The Faculty considered the panel of examiners prepared by the Board and submitted in the Secrecy Department.
  - 2.2 The Faculty considered the minor changes/modifications in syllabi of some papers of B.Sc. and M.Sc. (Home-Science).

(Annexure-1A, 1B, 1C)

2.3 The Faculty reviewed reports of examiners and found that in general answers were to the point, however originality in expression needs to be encouraged among students.

#### (Annexure-2)

2.4 Faculty reviewed question papers of periodical tests/final examinations and found that application content vary from 20 to 40% depending on the nature of paper which is important to judge students knowledge and writing skill as well as application ability.

#### (Annexure-3)

- 3. The Faculty considered the followings recommendations of the Board :
  - (i) M.Sc. students undergo internship/work experience after II Semester for 4-6 weeks duration and make presentations in the III Semester. Marks are included in one paper as continuous assessment marks

Board suggested that instead of marks, grades A, B or C should be given on the basis of presentation and reports sent by appropriate authority after completion of internship and mentioned in the mark sheet.

- (ii) Scientific writing may be included as part of paper "Current Trends" in second semester.
- (iii) Faculty reiterated the need to start one more specialization in Extension Education (Detailed course structure, scheme of examination and course content alongwith staff, infrastructure and other requirements is enclosed)

#### (Annexure-4)

4. In the light of decision taken by Academic Council to follow scheme of pass course and drop honours from next session, Faculty recommended that all the six semesters will be common for B.Sc. Home Science students. Revised structure alongwith scheme of examination may be followed for B.Sc. H.Sc. Ist year from 2009-10.

#### (Annexure-5)

5. Keeping in view, restructuring of B.Sc. Home Science course structure, M.Sc. course structure needs to be modified. Revised course structure and scheme of examination for different specializations in M.Sc. Home Science is enclosed.

#### (Annexure-6)

Detailed course content will be presented in next Board of studies meeting.

The meeting ended with a vote of thanks to the Chair.

# Annexure-1A

#### M.Sc.– H.Sc. (CT) Semester II

Paper 4 - Fashion Dynamics and Illustration	(Theory)	

Existing Syllabus	Proposed Syllabus	Remark
Section A Fashion concepts – • Fashion terminology, principles of fashion.	Section A Fashion concepts – • Fashion terminology, principles of fashion. Classification of garments.	The topic added in the proposal will impart knowledge of some key factors in the field of fashion
Practicals :-         (v) Theme rendering – Developing a line of garments based on theme and fabric selected         • Casual wear         • Sports wear         • Bridal Wear         • Evening wear (Party wear)         • Executive (Business Wear)         • Night Wear         • Beach Wear	Practicals :-         (v)       Designing and constructions of a theme based line of garments (with accessories ) on any one theme :-         • Casual       • Casual         • Sports       • Bridal         • Evening       • Executive         • Night       • Beach         • Ethnic       • Dramatic	The topic has been redesigned including construction with designing to improvise necessary skills.

## Annexure-1B

## M.Sc. – H.Sc. (CT) Semester III

Paper	2 -	Dyeing	and	Printing

Existing Syllabus	Proposed Syllabus	Remark
<ul> <li>Practicals :- III. Design application <ul> <li>Design ing for blocks, stencil screen printing</li> <li>Design suitability for different fabrics and for special articles of clothing and household use</li> <li>Preparation of stencil and screen for printing</li> <li>Printing fabrics with multicolours</li> <li>Special printing effects on fabric crepe , burnout , discharge</li> </ul> </li> </ul>	<ul> <li>Practicals :- III. Design application</li> <li>Design ing for blocks, stencil screen printing</li> <li>Design suitability for different fabrics and for special articles of clothing and household use</li> <li>Preparation of stencil and screen for printing</li> <li>Printing suitable fabrics using direct, acid, azo, disperse and reactive dyes.</li> <li>Special printing effects on fabric crepe , burnout , discharge</li> </ul>	To remove ambiguity of the words. The syllabus has been detailed.

## M.Sc. – H.Sc. (CT) Semester III

## Paper 4 - Advanced Apparel Designing and Construction

Existing Syllabus	Proposed Syllabus	Remark
Practicals :-	Practicals :-	To remove
		ambiguity of the
1. Designing through draping	1.Designing through draping	words. The syllabus
	- Basic Bodice (Front & Back)	has been detailed.
	- Basic Skirt (Front and Back)	
	- Princess line	
	- Cowl Neck	
	- Halter	
	- Yokes (Bodice and Skirt)	
	- Shift dress	

# Annexure-1C

M.Sc IV semester Human Development paper 4. Abnormal Psychology be revised as given below to make it more concise and comprehensible.

	Existing Syllabus	Proposed Syllabus	Remarks
Pape	r 4 - Abnormal Psychology	Paper 4 - Abnormal Psychology	
	S4 P4 T	S4 P4 T	
Durat	ion - 3 Hrs. Max. Marks- 40 Max. Marks - 40	Duration - 3 Hrs. Max. Marks- 40 Max. Marks - 40	
Obje	ctives :	Objectives :	
	To familiarize students to concept, areas and approaches of psychology	• To familiarize students to concept, areas and approaches of psychology	
	To sensitize students about different abnormalities in human behaviour.	• To sensitize students about different abnormalities in human behaviour.	
	To equip them with measures of dealing with different disorders.	• To equip them with measures of dealing with different disorders.	
Note	:Question paper will comprise of two parts with part I containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage.	Note :Question paper will comprise of two parts with part I containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage.	
	In part II : There will be 6 descriptive type questions, two from each section $(A,B,C)$ . Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.	In part II : There will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.	
	Numbers in parenthesis on the right margin denotes number of lectures devoted to the topic.	Numbers in parenthesis on the right margin denotes number of lectures devoted to the topic.	
	Section A	Section A	20 Pds.
(i)	Meaning, definition and concept of psychology as a science and application of psychology	<ul><li>(A) Abnormal behavior:</li><li>(i) Meaning and definition of abnormal</li></ul>	
(ii)	Areas of psychology	behavior, measuring abnormality, multi perspective approach Diagnosis	
(iii)	Meaning and definition of abnormal behaviour, measuring abnormality	<ul><li>and method of assessment.</li><li>(B) Dealing with disorder:-</li></ul>	
(iv)	Multi perspective approach	(i) Individual psychotherapy –	
(v)	Diagnosis and methods of assessment	- Psychodynamic approach to	
	Section B	treatment (18)	
А.	Emotional Disorder	<ul><li>Behavioral approach to treatment</li><li>Cognitive approach to treatment</li></ul>	
	<ul> <li>(i) Anxiety disorder; meaning and classification, symptoms and identification</li> <li>(ii) Dissociate and somato form disorder-introduction, classification and identification</li> </ul>	<ul> <li>Cognitive approach to treatment</li> <li>(ii) Group, family and community therapy</li> <li></li> <li>- Group therapy</li> <li>- Family &amp; Marital therapy</li> </ul>	

(iii)	Psychological stress and physical disorder.	- Institutional Care and Community Based services.
B. Meas (i) (ii) (iii) (iv)	<ul> <li>(iv) Mood disorder</li> <li>Psychotic and organic disorder</li> <li>(i) Schizophrenia &amp; paranoia</li> <li>(ii) Organic brain disorder.</li> </ul> Section C sures of dealing with disorder Individual psychotherapy – psychodynamic. (18) Behavioural and cognitive approach to treatment. Group, family and community therapy. Institutional care and community based services.	<ul> <li>(iii) Biological Therapy - <ul> <li>Drugs</li> <li>Electroconvulsive Therapy</li> <li>Psychosurgery</li> </ul> </li> <li>Section B 20 Pds.</li> <li>Emotional Disorder - <ul> <li>(i) Anxiety disorder; meaning and classification, symptoms and identification</li> <li>(ii) Dissociate and somato form disorder-introduction, classification and identification</li> <li>(iii) Psychological stress and physical disorder.</li> </ul> </li> </ul>
(v)	Biological therapy, medication, electroconvulsive therapy, psychosurgery.	<ul> <li>(iv) Mood disorder</li> <li>Section C</li> <li>A. Psychotic and organic disorder <ul> <li>(i) Schizophrenia &amp; Paranoia</li> <li>(ii) Organic brain disorder – an introduction</li> </ul> </li> <li>B. Social disorder - Brief introduction to following disorders :- <ul> <li>(i) The Addictive Disorder – Alcoholism, Nicotine Dependence, Other Psychotive Drugs.</li> <li>(ii) Abnormality and variation in sexual behavior – Defining sexual abnormality, sexual dysfunction, sexual deviation, Homosexuality.</li> </ul> </li> </ul>

## Annexure-2

#### **B.H.Sc Ist year**

#### Paper 1: Introduction to Home Science

Examiner's report received: Yes

According to the examiner, answers of the questions were diffused and students followed the same pattern. Some entries were left blank. No suggestions were given.

#### Paper 2: Humanities/Social Science as related to Home Science

Examiner's report received: Yes According to the examiner, answers of some questions were diffused. No specific suggestions were given by examiner. There was no comment on expression of writing.

#### Paper 3: Interior Designing and Decoration

Examiner's report received: Yes According to the examiner, answers were satisfactory. The presentation of answers was good. No suggestions were given. Some entries were left blank.

#### Paper 4: Elementary Human Physiology

Examiner's report received: Yes According to the examiner, answers were satisfactory. No suggestions were given.

#### Paper 5: Biochemistry & Microbiology

Examiner's report was not received.

#### **Paper 6: Introduction to Human Development**

Examiner's report received: Yes According to the examiner, answers of the questions were diffused. No specific suggestion was given.

#### Paper 7: Textile Introduction & Care.

Examiner's report received: Yes According to the examiner, answers were vague and performance was very poor. Some entries were left blank. Students were advised to work hard.

#### **B.H.Sc IInd year**

#### Paper 1 : Family Resource Management

Examiner's report received: Yes All entries were filled properly According to the examiner, answers were to the point & method of presentation was also good.

#### Paper 2 : Human Life Span Development

Examiner's report received: Yes, but it was blank.

#### Paper 3 : Food Science & Food Preservation

Examiner's report received: Yes Examiner's report was not filled properly.

## Paper 4 : Human Nutrition and Meal Planning

Examiner report not received.

## Paper 5 : Extension Education & National Development

No examiner report.

#### **Paper 6: Clothing Construction**

Examiner's report received: Yes According to the examiner, Presentation of answers were good and performance was satisfactory.

#### **B.H.Sc IIIrd year**

#### Paper 1: Nutrition for Vulnerable Groups

Examiner's report received: Yes Report was properly, According to the examiners, answer of the questions were diffused some answers were irrelevant. All entries were properly filled.

#### Paper 2: Diet Therapy

Examiner's report was not received.

#### Paper 3 : Nutritional Biochemistry

Examiner's report received: Yes All the answer were to the point and no serious suggestion was given. All entries were filled.

#### Paper 4: Assessment of nutritional Status

Examiner's report received: Yes According to examiner, Answers were satisfactory. Report was not filled seriously since some important entries were left blank and no suggestion was given.

#### **Human Development**

#### Paper 1: Marriage and familyDynamics

Examiner's report received: Yes Report was not filled properly, important entries were left blank. No suggestions were given.

#### Paper 2: Guiding Child Behavior

Examiner's report received: Yes Reports were not filled seriously, No suggestions were given.

#### **B.A. II Year**

#### Paper I: Food & Nutrition

Examiner Report: Yes

- All the entries were filled properly
- According to examiner answers were not to the point and expression of answers was not clear.
- Suggestions were given i.e. answers should be clear & writing method needs to be improved.

#### Paper II: Introduction to Human Development

Examiner Report: Yes

- All the entries were filled properly
- According to examiner's concept related to Unit-II (Theories, stages of development) was not clear to students & need some more effort.
- According to report some answers were up to the mark but some questions were not satisfactory.

#### **B.A. II Year**

#### Paper I: Introduction to H.Sc. 'Community Nutrition & Clothing Textile Examiner Report: Yes

- All entries were not filled.
- No suggestions were given
- All answers were to the point

#### Paper II: Home Management

Examiner Report: Yes

- All entries were not filled properly.
- No suggestions were given.
- According to examiner, answers were to the point

#### **B.A. III Year**

#### Paper I: Textile & Clothing

Examiner Report: Yes

- All entries were not filled
- According to examiner performance was satisfactory

#### Paper II: Marriage, Family & Parent Education:

Examiner Report: Yes

- Entries were not properly filled by the examiner.
- Satisfactory performance and answers were to the point.

#### Paper III: Maternal & Child Welfare

Examiner Report : Not received.

#### Paper IV: Early Childhood Education:

Examiner Report : Yes

- Report was filled, properly.
- According to report, answers were to the point. Expression was very good.

#### **Clothing & Textile**

#### Paper I: Traditional Textile in India

Examiner Report; Yes

- All entries were not filled properly
- No suggestions were given by examiner.

#### Paper II: Family Clothing

Examiner Report; Yes

- Answers were not to the point. Majority of answers were diffused.
- All entries were not filled properly.

#### Paper III: Fabric Construction

Examiner Report; Yes

• Entries were not filled seriously.

#### Paper IV: Textile Designing

No report

#### M.H.Sc. I Sem.

#### Paper 1: Human Physiology

Examiner Report : Yes

- According to examiner answers were average to below average.
- No suggestions were given

#### Paper 2: Nutrition health & Environment

Examiner Report : Yes

- According to report, the performance was good & answers were to the point.
- No suggestions were given.

#### Paper 3: Resource Management and Consumer Science

Examiner Report: Yes

- According to report, answers were vague.
- Report was not filled seriously
- Entries were left blank

### Paper 4: Apparel Pattern Making

Examiner Report: Yes

- Important entries were not filled by examiner.
- According to examiner, answers were diffused.

#### Paper 5: Applied social psychology

Examiner Report: Yes

- Some of the entries were not filled by examiner.
- Answers were to the point, according to the examiner.
- No suggestions were given.

#### Paper 6:

Examiner Report: Yes

• Performance was good and answers were to the point, according to the examiner

• No suggestions were given, some entries were blank.

#### **Paper 7: Introduction to Computer**

Examiner Report: Yes

- According to report, some answers were good.
- No suggestions were given

#### Paper 8: Human development & Welfare programme

Examiner Report : Yes

• All entries were blank.

#### Paper : Research Method

Examiner Report: Not received.

#### M.H.Sc. II Sem (FN/HD/CT) No Report

#### M.H.Sc. III Sem Food Science & Nutrition

#### Paper I: Biochemistry-II

Examiner Report: Yes

- According to report, unnecessarily lengthy answers were written
- Performance was good.
- All entries have been filled.

#### Paper II: Advanced Nutrition

Examiner Report; Yes

- Report was not filled seriously, entries were left blank
- According to examiner, answers were to the point.

#### Paper III: Problems in Human Nutrition- No report.

#### Paper IV: Clinical Nutrition & Dietetics

Examiner Report; Yes

- All important entries were not filled properly.
- According to the examiner, answers were to the point.
- No suggestions were given.

#### Paper V: Food Processing and Technology

Examiner Report; Yes

- Incomplete Report
- No suggestion
- Entries were not properly filled.

#### M.H.Sc. III Sem Clothing & Textile

#### Paper 1: Textile Testing

No report.

## Paper 2: Dyeing and Printing

No report.

#### Paper 3: Fabric Manufacture

Examiner's Report: Yes

- According to report, answers were unnecessarily lengthy.
- All entries have been filled sincerely
- No suggestion was given.

#### Paper 4: Advanced Apparel Designing & Construction

Report not received.

#### Paper 5: Textile Merchandising

Examiner Report: Yes

- Report has not been filled properly.
- According to examiner, performance was satisfactory.
- No suggestion was given.

#### M.H.Sc. III Sem Human Development

#### Paper I: Harming & Cognition

#### Paper II: Adolescence & Youth

Examiner Report: Yes

- Some entries were blank
- No suggestions were given.
- According to examiner answers were focused & to the point.

#### Paper III: Children with special needs

Examiner Report: Yes

• Report was not descriptive. According to the report performance were satisfactory & answers were to the point.

#### Paper IV: Introduction to Guidance

#### Paper V: Child in the family

Examiner Report; Yes

- Very descriptive report has been given
- According to report, answers were more diffused. Students lack originality in expression & examiner suggested to improve the level of expression and writing of answers.

#### Paper VI: Administration & Supervision of Early Childhood education

Examiner Report

- Incomplete Report
- No suggestions were given.
- According to report, answers were to the point & good.

#### M.H.Sc. IV Sem Food science & Nutrition

#### Paper 1: Techniques & instrumentation in nutrition research

#### Paper 2: Applied & Community Nutrition

#### Paper 3: I F A

Examiner Report: Yes

- Not very descriptive Report
- No suggestion
- Answers were to the point to diffused
- Performance were average
- Nutrition Related Problems & Disorders

#### IV Semester Human Development

- 1) Adulthood & Ageing
  - Incomplete Report
  - No suggestion
  - Answers were to the point.
- 2) Parent & Community Education-No
- 3) Counseling Psychology- No
- 4) Abnormal Psychology

Examiner Report: Yes

- Not properly filled
- No suggestion were given
- According to the examiners, answers were to the point

#### IV Semester Clothing & Textiles

#### Paper 1: Textile finishes

Examiner Report; Yes

- Not very descriptive Report
- No suggestion were given
- Performance were OK.

#### Paper 2: Commercial Clothing-No

#### Paper 3: Garment Production & Commercial Pattern development Examiner Report: Yes

- According to report, answers were not to the point
- All entries have been filled properly
- No suggestion were given

## Annexure-3

Paper	Accounts	0	Standard			Pattern of questions		Type of Questions			
	Sylla Yes	ous No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
Biochemistry &		1.0	2011	V	g	√		V		V	
Microbiology											
Interior Designing &										$\checkmark$	
Decoration											
Human Physiology							$\checkmark$				
Introduction to H.Sc.	$\checkmark$										
Textile - Introduction							$\checkmark$				
& care											
Introduction to							$\checkmark$				
Human Development											
Humanities Social	$\checkmark$										
Science as related											
H.sc.											

# B.Sc. (Home Science ) I Year

## B.H.Sc (Home Science ) II Year

Paper	According to Syllabus		5	Standard		Pattern of questions		Type of Questions			
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
Extension Education and National	$\checkmark$			$\checkmark$			$\checkmark$	V		$\checkmark$	
Development Family Resource Management				$\checkmark$				V		$\checkmark$	
Human Life Span Development				$\checkmark$				$\checkmark$		V	
Human Nutrition and Meal Planning				V		V				$\checkmark$	
Clothing Construction											
Food Science and Food Preservation				$\checkmark$		$\checkmark$		$\checkmark$		$\checkmark$	
Maternal & Child Welfare						$\checkmark$					

## B.Sc. (Home Science ) III Year

Paper	According to Syllabus				d	Pattern of	questions	Type of Questions			
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
Assessment of											
Nutritional Status of											
Individual and											
Community											
Nutritional							$\checkmark$				
Biochemistry											
Guiding Child							$\checkmark$				
Behaviour											

Family Clothing				$\checkmark$		$\checkmark$	
Nutrition for				$\checkmark$			
Vulnerable							
Traditional Textiles							
Marriage and family							
dynamics							
Early childhood		$\checkmark$		$\checkmark$			
Education & Creative							
Food & Nutrition			$\checkmark$			$\checkmark$	
Diet Therapy							

## B.A. I, II & III Year

Paper	According to Syllabus		Standard		Pattern of questions		Type of Questions				
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
I Year											
Introduction to Home- science. Community Nutrition	V			V				V			
Home Management							$\checkmark$				
Food & Nutrition							$\checkmark$			$\checkmark$	
II Year											
Introduction to Human Development				$\checkmark$				V		$\checkmark$	
Marriage Family & Parent Education				V				$\checkmark$		$\checkmark$	
III year											
Textile Design											

#### M.H.Sc. I to IV Sem.

	Acco	rding	5	Standar	ď	Pattern of	questions		Туре о	of Questions	
Paper	to Syllabus										
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
I Semester											
Introduction to Computer	V				V	$\checkmark$				$\checkmark$	
Resource Management & Consumer Science	$\checkmark$					V				V	
Human Welfare Programmes	V						$\checkmark$			$\checkmark$	
Research Methods in Home Science	V						$\checkmark$		$\checkmark$		
Applied Social Psychology	V						$\checkmark$		$\checkmark$		
Human Physiology							$\checkmark$				
Apparel Pattern Making	$\checkmark$						$\checkmark$		$\checkmark$		
Nutrition, Health & Environment					$\checkmark$			$\checkmark$			

Paper	Account to Sylla	rding bus	5	Standar	ď	Pattern of	questions	Type of Questions				
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic	
II Semester												
Food Microbiology						$\checkmark$						
Techniques and						$\checkmark$						
Instrumentation in												
Nutrition Research					1			1	1	,		
Biochemistry I-	N				V		<u>م</u>			N		
Advanced Food Science												
					1					1		
Early Childhood Education Philosophy							N	$\checkmark$				
and Curriculum												
Planning												
Statistics in Home												
Science								,				
Development: Infancy												
through Childhood	,											
Textile Chemistry							V					
Garment Production												
Historic Construction												
Personality Theories												
Fashion Dynamics												
III semester												
Children with Special												
Needs												
Dyeing & Printing												
Adolescence and Youth			1									
Fabric Manufacture							V	$\sqrt{1}$	Ŋ			
Problem in Human							V		1	V		
Nutrition								$\checkmark$	$\checkmark$			
Introduction to								V				
Guidance	v				`		, ,	, ,	v	,		
Biochemistry II -												
Metabolism and												
Diagnostic												
Biochemistry Food Processing and	,				1			1		1		
Technology								V	$\checkmark$	$\checkmark$		
Textile Merchandising												
Administration and	Ń				V	•	1	V	V	V V		
Supervision of Early Childhood Education	, ,				,		v	,	Y	v		
Advanced Apparel												
Designing and												
Construction Child in Family												
Clinical Nutrition and	V		<u> </u>		V		v v	V V	V V	V		
Dietetics	v				N		N	N	v	N		
Learning and Cognition												
Theories	,											
Textile Testing	$\checkmark$						$\checkmark$			$\checkmark$		

Paper	According to Syllabus		Standard			Pattern of	questions	Type of Questions			
	Yes	No	Low	AVG	High	Innovative	Traditional	Direct	Applied	Descriptive	Analytic
IV Semester											
Adulthood Ageing											
Counseling Psychology											
Abnormal Psychology							$\checkmark$			$\checkmark$	
Textile Finishes											
Commercial Clothing							$\checkmark$				
Parent and Community Education	$\checkmark$				$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	
Applied and Community Nutrition	$\checkmark$				V			$\checkmark$			
Institutional Food Administration and Quantity Food Production	V				V			V	V		
Nutrition Related Problems and Disorders					$\checkmark$		V	$\checkmark$	$\checkmark$		

#### **Annexure-4**

#### M.Sc.(H.Sc.) in Extension and Communication

Extension and Communication emphasizes extending of the cumulative knowledge of various fields of study in Home Science, namely – Foods and Nutrition, Human Development, Resource Management and Textiles and Clothing. The focus is on the Development of the rural community and urban slums through a process of education underlining communication.

The Extension and Communication programme at the post graduate level is designed to extend the application of Home Science knowledge and allied discipline to the families and communities with professional excellence. This multi-disciplinary programme emphasizes skill enhancement in developmental planning and communication through a balanced combination of academic and training inputs. The emphasis is on preparing personnel for working with and for the people and developing media relevant to strengthen the extension services.

The thrust of the field of study of Home Science is geared to the national needs such as alleviation of malnutrition, promotion of early childhood education, energy/resources conservation etc. In the context of national development efforts, the study of extension and communication becomes crucial.

Since inception of Banasthali Vidyapith, the name which is renowneed in the sector of women's education has added bench mark in various fields like Art, Humanities and Sciences. Further in due course of time specialization in MBA, MCA, Bioscience, M.Sc. Biotech have also been started. Well established labs, trained staff and books in ample number are available in library.

Home Science is one of the discipline where in post graduate courses in three specializations (Human Development, Foods & Nutrition and Clothing & Textiles) are being run while PG in extension education is still remaining. Being a nation wide need the above mentioned course could bring a drastic change in near by areas of Banasthali Vidyapith as this institute is surrounded by rural masses. It can promote the extension activities for those needy people who are activities for those needy people who are deprived of formal education.

#### **Objectives of the Course –**

- To orient students to the socio-cultural and economic environment of rural, urban and semi urban communities.
- To prepare a cadre of professionals to work with governmental and non-governmental organizations in various capacities.

- To enhance self-employment potential through entrepreneurial skill training.
- To develop competency in the preparation of participatory and innovative communication strategies for the dissemination of vital information to vulnerable sections of the population.
- To channelise the potential to become Development Media specialists with an orientation to Development Journalism, Media Research and a sensitivity to the vast heritages and oral traditions of the country.
- To develop skills in planning, implementing, monitoring and evaluating various programmes in the developmental sector.

## SCHEME OF EXAMINATION FOR PROPOSED PG COURSE IN M.SC. (H.SC.) EXTENSION AND COMMUNICATION

	Nomenclature								
Paper No.			Contact hrs.	Credit	Sem. Ass. Marks	Duration hrs.	Max. Marks	Cont. Ass. Marks	Min. Passing Marks
1.	Introduction to Computer	(Th.)	4	1	40	3	60	20	22
		Practical	3 (4)	1	30	4	45	15	18
2.	Research Methods in Home Science (Th.)	(Th.)	4	1	40	3	60	20	22
3.	Legal literacy for Women & Children	(Th.)	4	1	40	3	60	20	22
		Practical	3 (4)	1	30	4	45	15	18
4.	Human Welfare Programme (Th.) (Syllabus same as for M.Sc. (HD) Paper-IV in new proposed course).	(Th.)	4	1	40	3	60	20	22
5.	Development Communication	(Th.)	4	1	40	3	60	20	22
		Practical	3 (4)	1	30	4	45	15	18
6.	Socio Economic Environment in India	(Th.)	2	1/3	20	3	30	10	11

## M.Sc. (H.Sc.) EXTENSION AND COMMUNICATION Semester I

	Nomenclature				=				
Paper No.			Contact hrs.	Credit	Duration hrs.	Max. Marks	Cont. Ass. Marks	Sem. Ass. Marks	Min. Passing Marks
1.	Statistics in Home Science		4	1	3	60	20	40	22
2.	Media Production & Journalism	Theory Practical	4 3 (4)	1 1	3 4	60 45	20 15	40 30	22 18
3.	Programme Design	Theory Practical	4 3 (4)	1 1	3 4	60 45	20 15	40 30	22 18
4.	Extension Education System		4	1	3	60	20	40	22
5.	Communication Technologies in Ex	tension Theory	4	1	3	60	20	40	22
		Practical	3 (4)	1	4	45	15	30	18
6.	Current Trends and Issues in Extens Communication(No External Exami Work Experience Internsh	ination)	2	1/2	-	30	30		11
		Total	31 (34)	51/2+3		465	175	290	186

## M.Sc. (H.Sc.) EXTENSION AND COMMUNICATION Semester II

## M.Sc. (H.Sc.) EXTENSION AND COMMUNICATION Semester III

Pape r No.	Nomenclature		Contact hrs.	Credit	Duration hrs.	Max. Marks	Cont. Ass. Marks	Semester Ass. Marks	Min. Passing Marks
1.	Gender and Developme	ent	4	1	3	60	20	40	22
2.	Community organization and Development Theories.		4	1	3	60	20	40	22
3.	Monitoring and Evaluation in Development (Theory)		4	1	3	60	20	40	22
	Development	Practical	3 (4)	1	4	45	15	30	18
4.	Media Planning and So Advertising	cial (Theory)	4	1	3	60	20	40	22
		Practical	3 (4)	1	4	45	15	30	18
5.	Sustainable Developme Initiative and approache		4	1	3	60	20	40	22
6.	Scientific Writing	(Theory)	4	1	3	60	20	40	22
		Practical	3 (4)	1	4	45	15	30	18
		Total	31 (34)	51/2+3		465	175	290	186

# M.Sc. (H.Sc.) EXTENSION AND COMMUNICATION

Pape r No.	Nomenclatur	·e	Contact hrs.	Credit	Duration hrs.	Max. Marks	Cont. Ass. Marks	Semester Ass. Marks	Min. Passing Marks
1.	Study of Folk Media	(Theory)	2	1/2	3	30	10	20	11
		(Practical)	6 (8)	2	4	90	30	60	36
2.	Training and Developm	nent (Th.)	4	1	3	60	20	40	22
		Practical	3 (4)	1	4	45	50	30	18
3.	Community Health Ma (Theory)	nagement	4	1	3	60	20	40	22
		Practical	3 (4)	1	4	45	50	30	18
4.	Project Work/Dissertat	ion	12	3	-	180	-		72
		Total	34 (38)		21	510	110	220	204

### Semester IV

## **Strengthening of Department of Home Science Extension Education**

S.No.	Particulars	Approximately Amount
1	Portable overhead projector	30,000.00
2	Computer with printer, Scanner and Fax	1,50,000.00
3	LCD Panel and Data projector	1,50,000.00
4	Automatic display board with Photo state	2,00,000.00
5	Display board (medium size)	50,000.00
6	Conference system	4,00,000.00
7	Public addressing system	50,000.00
8	Digital Movie and Video Camera	1,50,000.00
9	Home theatre	80,000.00
10	VCD player	15,000.00
11	Flannel board	25,000.00
12	Furniture	2,00,000.00
13	Miscellaneous	5,00,000.00
	TOTAL	Rs. 20,00,000.00

# **Requirement of staff for Proposed M.Sc. Extension & Communication**

Total course	-	I Semester – IV Semester

Staff required	-	Professor	-	1
		Reader	-	1
		Lecturer	-	1

#### Semester I

## M.Sc. (H.Sc.) EXTENSION & COMMUNICATION

#### Paper-III Legal Literacy for Women & Children (Theory)

#### Duration – 3 hrs.

S1P3T Max. Marks - 40

**Objectives** - The course will enable the students to -

- be aware of the rights of women and children.
- be acquainted with the legislation pertaining to children

#### Section – A

#### • Constitution of India –

- a) fundamental and constitutional rights
- b) directive principles
- c) role of legislative bodies, judiciary and bureaucracy

#### • Acts protecting women (relevant personal laws)

- a) marriage
- b) health
- c) livelihood
- d) succession to property and stridhan
- e) exploitation

#### .Section – B

#### • Acts protecting children

- a) adoption guardianship
- b) child marriage
- c) child abuse and child labour
- d) maintenance and custody of child
- e) exploitation

#### Section – C

#### • Institutions & Agencies

a) Government and Non-Government organizations :- National Commission for Women, All India Council for women, Indian Council for Child Welfare.

b) International Bodies :- International labour organisation, International Commission for Human Rights.

#### **References :**

- 1. Saxena, D.R. Law, Justice and Social charge, Deep & Deep Publication, New Delhi.
- 2. Mehta, S.M. (1990) Indian Constitutional Law of India, Wadhwa & Company, Nagpur.
- 3. Diwan P, & P Diwan (1994) Women and Legal protection, Deep & Deep Publications, New Delhi.
- 4. Agosin, M. (2003) Women, Gender and Human rights, APH, Publishing corporation, New Delhi.
- 5. Diwan P, & P Diwan (1994) Children & Legal protection, Deep & Deep Publications, New Delhi.

#### Semester I

#### Paper-III Legal Literacy for Women & Children

#### S1P3P

#### Max. Marks – 30

#### Practical -

- 1) To create an awareness in a selected group regarding legal literacy.
- 2) Counseling in a simulated situation.
- 3) Case studies of leading cases.

#### Semester I

#### **Paper-V Development Communication**

#### Duration – 3 hrs.

Objectives - The course will enable the students to -

- make students understand the role of communication in development.
- get acquainted with the approaches, issues, patterns and perspective for development communication in India.

#### Section – A

#### CONCEPTS

1) Definition, nature, role and significance of development & development communicate.

- 2) Interrelation between development and development communication.
- 3) Global and local historical perspectives on development communication.

S1P5T Max. Marks – 40

#### Section – B

#### **Development Communication projects and experiments**

1) Traditional Media experiments.

- 2) Modern Media experiemtn SITE, JDCP & PEARL
- 3) New Media experiments GYANDOOT, CYBER EXPERIMENTS.

#### Section – C

#### Strategies for Message design in Development Communication

- 1) Need Assessment
- 2) Role of communication and audience in message design.
- 3) Assessment of Resources and choosing the Media.
- 4) Defining content & form of Message
- 5) Designing & implementing the communication
- 6) Evaluation of communication

#### **References :**

- 1. Singh, Kartar (1999), Rural Development Principles, Policies and Management, Sage Publications India Pvt. Ltd., New Delhi.
- 2. Mudy, B (1992) Designing Messages with audience participation, Sage, New Delhi.
- 3. Naenla, U (1994) Development Communication, Maranand, New Delhi.
- 4. Kotler, Roberts, Lee (2002) Social Marketing, Improving Quality of life, 2nd Edition, Sage, Thousands Oabs.
- 5. Servaes, Jacobson and White (1996) Participatory communication for social change, sage, New Delhi.

#### Semester-I

#### **Paper-V Development Communication**

S1P5P Max. Marks – 30

#### Practical -

- 1) Assessment of Development Communication message with reference to objectives, language, context, social environment and audience
- 2) Designing and executing a Development Communication message for a selected community.

#### Semester I

#### Paper-VI Socio-Economic Environment In India

S1P6T Max. Marks – 30

**Objectives** - The course will enable the students to -

- become aware of the socio-economic structure, organization of problems of rural, urban and tribal communities.
- Understand the implications of the socio-economic environment in the process of development.

#### Section – A

#### **CONCEPTS**

1) Definition, characteristics of a Community.

2) Structure and Organisation of rural, urban and tribal communities.

3) Family, Caste, Marriage, Values, Norms, Customs, occupation, religion, kinship and Gender role.

#### Section – B

#### I) INSTITUTIONS IN RURAL URBAN AND TRIBAL AREAS

1) Educational, Religions, Political and administration

2) Rural industries, cottage industries, Rural finance and Rural Banks.

#### II) PROBLEMS IN RURAL, URBAN AND TRIBAL AREAS

- 1) Rural caste, Traditionalism, unemployment, health, social and economic inequalities illiteracy and migration.
- 2) Urban Poverty, unemployment, overpopulation housing, slums, pollution.
- 3) Tribal Social and economic problems illiteracy, health.

#### Section – C

#### SOCIO ECONOMIC CHANGES IN POST INDEPENDENCE INDIA

1) Government interventions for development

2) Impact of industrialization and urbanisation.

3) New economic policy and its implications.

#### **References :**

- 1. Singh, Kartar (1999), Rural Development Principles, Policies and Management, Sage Publications India Pvt. Ltd., New Delhi.
- 2. Desai Vasant (1988) Rural development, Himalaya Publishing House, New Delhi.
- 3. Heggade, O.D. (1998) Urban development in India, Mohit Publicaitons, New Delhi.
- 4. Prasad, B.K. (2003) Rural development : Concept, Approach and strategy, sarup & sons, New Delhi.
- 5. Bhose, S.G.R. Joel (2003) NGO's and Rural Development, Concept Publishing Company, New Delhi.
- 6. Dubey M.K. (200)Rural & Urban development in India, Commonwealth Publishers, New Delhi.
- 7. Satya Sundaram, I (1999) Rural Development, Himalaya Publishing House, Mumbai.
- 8. Reddy K. Venkata (1988) Rural Development, Himalaya Publishing House, Mumbai.
- 9. Desai Vasant (1983) A study of rural economy, Himalaya Publishing House, Mumbai.
- 10. Jain Gopal Lal (1997) Rural Development, Mangal Deep Publications, Jaipur.
- 11. Nagpal, Hans (1996) Social Work in Urban India, Rawat Publications, New Delhi.

#### Semester II

#### M.Sc. (H.Sc.) EXTENSION & COMMUNICATION

#### Paper-III Programme Design & Evaluation (Theory)

#### Duration – 3 hrs.

S2P3T Max. Marks - 40

#### Objectives

- 1) To understand the process of programme planning in extension.
- 2) To develop the ability in planning extension programmes.
- 3) To learn the principle and procedures involved in programme planning, implementation and Evolution
- Note Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### **Programme Planning and Programme Implementation**

- 1) Meaning and Principle of Programme Planning.
- 2) Programme cycle and its components.
- 3) Programme Projection: difference between projection and planning.

- 4) Aspects of execution, Factors responsible for the successful conduct of a programme
- 5) Role of officials and Non officials in Programme implementation.
- 6) Problems in Implementation.

#### Section – B

#### **Plan of Work**

- 1) Meaning, Importance and components.
- Prerequisites for developing plan, guidelines for developing a written annual plan, criteria for judging the plan of work.
- 3) Research for programme planning.

#### Section – C

#### **Evaluation, Follow-up & Documentation**

- 1) Meaning, purpose, types of evaluation
- 2) Phases and tools of evaluation (observation sheet, interview, schedule, rating scale and check list.
- 3) Follow-up; Need and Methods. (Correspondence, Spot visit, meetings.)
- 4) Need for Reporting and Recording
- 5) Procedures for Recording:- Aspects to be covered.

#### Paper-III Programme Design & Evaluation (Practical)

S2P3P

#### Duration – 4 hrs.

- Max. Marks 30
- 1) Assessing Needs and problems of a target group in a community.
- 2) Selection of the problem of rural community.
- 3) Development of Plan of Action for the problem identified.
- 4) Conducting the planned programme.
- 5) Evaluation and reporting.
- 6) Suggestions and Follow up.

#### **Semester II**

#### **Paper-IV Extension Education System**

#### Duration – 3 hrs.

S2P4T Max. Marks - 40

#### Objectives

- 1) To understand the changing concept of extension.
- 2) To get acquainted with the trends in extension approaches and models.
- 3) To identify the support system development for extension education.

# Note – Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### **Concept of Extension, its Models and Approaches**

- Extension Meaning, Nature, changing concept of extension, Philosophy, Principles, components, dimension of extension.
- 2) Extension Education; Meaning, principles of learning in extension.
- Models:- Innovation Transfer Model, Social education Model, indigenization model social action model, empowerment, participation model, combination model.
- Approaches Agricultural extension, Training and visit, Participatory, cost sharing, Integrated Educational institution, area, cluster and target group.
- 5) Role of officials and Non officials in Programme implementation.
- 6) Problems in Implementation.

#### Section – B

#### National Extension System

- Early extension efforts, community Development programme. ICAR extension system, Ag universities, K.V.K., TTCs.
- Extension system of ministry of Rural Development. Deptt. Of Science and Technology, Deptt. Of Industries, Deptt. Of Women and child development, Development Work by N.G.Os.

#### Section – C

#### Support structures & their feachers

- 1) Panchayat, DRDA, CSWB, State Social Welfare Board, National level voluntary agencies like CAPART, KVIC, Local level Voluntary agencies & SHGs.
- 2) Extension system in other countries. Sri Lanka, China, USA, Bangladesh, Australia, Philippines and Indonesia.

#### Semester II

#### **Paper-V** Communication Technologies in Extension (Theory)

#### Duration – 3 hrs.

## S2P5T Max. Marks - 40

#### Objectives

- 1) To impact knowledge and understanding of various communication systems.
- 2) To provide a sound knowledge based for the relevance and applicability of various media used in human communication and their complementary role towards each other.
- 3) To provide the basic knowledge of concept of advertising and use of media in advertising.
- Note Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### **Communication Systems**

- 1) Types of communication system : Concept, functions and significance. Interpersonal, organizational, Public and Mass Communication.
- 2) Mass communication Models and theories, role of opinion leaders.
- 3) Visual communication elements of visual design colour, line, form, texture & space.
- 4) Principles of visual design: rhythem, harmony, proportion, balance and emphasis.
- 5) Visual composition and editing.

#### Section – B

#### Media systems : Trends & scheduling

- 1) Meaning scheme in India; issues in reaching out to target groups.
- Contemporary issues in media: Women and Media, Human rights and media, consumerism and Media.
- Introduction to ethics in Mass Media, freedom in speech, extension and social responsibility.
- 4) Political and government controls on media.

#### Section – C

#### Advertising

- 1) Definition, concept and role of advertising in modern marketing system and national economy.
- 2) Inter relation of Advertising and Mass Media system.
- 3) Types of Advertisements: Commercial, Non-Commercial, Primary Demand, Selective demand Classified and display advertising, comparitive and cooperative advertising.
- 4) Techniques of preparation of effective advertisement for various Media.

#### Semester II

#### **Paper-V** Communication Technologies in Extension (Practical)

#### Duration – 4 hrs.

# 1) Evaluation of Advertising, a news – paper story, radio programme and a television broadcast.

**S2P5P** 

Max. Marks - 30

- Planning development and evaluation communication strategies and techniques for selected traditional, Print Electronic and out-door media system.
- Preparing effective Advertisements keeping in consideration head lines, outlines, illustration, Slogan, logo, seal of approval, colour effectiveness.

#### Semester II

#### Paper-VI Current Trends and issues in extension and communication

S2P6T Max. Marks – 30

#### Duration – 4 hrs.

#### **Objectives:**

This paper is of small weightage and internally assessed one. It is aimed at updating knowledge of students in context of recent development taking place in their discipline and improving their faculty of expression and communication so that they become effective speakers in their dissemination of knowledge of their discipline to the appropriate and receptive sections of intelligentsia and society. It has the following salient features:-

- 1) To impart awareness to the students about contemporary practices, issues and innovations in extension and communication
- 2) To familiarize and brain storm the students about the projects and programmes of national development.
- 3) Students under the guidance of teaching faculty would deliberate upon the topics of contemporary concern in extension and communication based on current research across the globe. Topics to be assigned/would be decided at the beginning of semester.

**Work Experience/Internship:-** With emphasis on (Experiencing and Doing and Believing'. Enabling the student acquire some experience of working with specific target groups. The assignment will also provide an opportunity for students to get acquainted with innovative programmes that give them experience. The students would see for themselves the running of the agencies.

#### Semester III

#### Paper-I Gender and Development

#### Duration – 3 hrs.

## S3P1T Max. Marks – 40

#### **Objectives:-**

- 1) To understand the concept, need, relevance and dimension of gender empowerment.
- 2) To get sensitized to gender disparities/imbalances & problems of women.
- 3) To understand the efforts at different levels for empowering women.
- 4) To know the support system in the country for women's development.

Note – Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### Gender, Development and Status of Women

- 1) Concept of Gender, Gender roles, changing trends. Shift from welfare to development and empowerment, gender in development, gender & development.
- Status : Meaning, Status of Women A situated analysis, demographic, education, empowerment - political and health

#### Section – B

#### Violence Against Women and Policies & Programmes for Women's Development

- Dowry, Divorce, female foeticide and infanticide, domestic violence, sexual harassment and exploitation.
- 2) National policies for Empowerment of women;
- Economic Empowerment : Poverty eradication, self-help groups, women & Agriculture, Women & industries.
- Social Empowerment:- Education, health, nutrition, drinking water & sanitation, housing, shelter & environment.
- 5) Legal Empowerment:- Role of Family court and legal aid centers.
- 6) Political Empowerment:- Role of Panchayati Raj in Political Empowerment.

#### Section – C

#### Support System

 Role & function of Department of Women & Child Development CSWB, SSWB & National Commission for Women.

#### Semester III

#### **Paper-II Community Organization And Development Theories**

## Duration – 3 hrs.

S3P2T Max. Marks – 40

#### **Objectives:-**

- 1) To understand the concept and structure and organization of different types of communities.
- 2) To understand the factors contributing changes in community, community organization & their mobilization for different goals.
- Note Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### Community, Social groups and Organization

- 1) Definition, concept, characteristics of a community.
- 2) Structure and organization of different types of Communities: Tribal, rural & urban.
- Concept, types and characteristics of different social groups, interests, attitudes and Motivation for affiliation.
- 4) Family and kinship groups, class & class based groups, internet groups & associations.

#### Section – B

#### Dynamics of change in community

- 1) Social organization family, school, cooperatives and their role in community.
- Factors contributing to change and transition in the structure and organization of societal institutions.
- 3) Planned change concept, solutions & changes in the concept of planned change.

#### Section – C

#### **Organizations in Development**

- 1) Theories of development, people centered development.
- Organizations involved in developed; Govt., Corporate and voluntary sector organizations.
- 3) Analysis of their parental role, future potential in facilitating development.

#### **Semester III**

#### Paper-III Monitoring & Evaluation in Development (Theory)

#### Duration – 3 hrs.

S3P3T Max. Marks – 40

**Objectives:-** To unable students to -

- 1) Gain an understanding of the process of monitoring and evaluator in development work.
- 2) Development skills in Monitoring and Evaluating development projects.
- Note Question paper will comprise of two parts with part 1 containing 10 short answer type questions covering whole syllabus. Students will be required to attempt 8 questions in all. This part will be given 40% weightage. In part II there will be 6 descriptive type questions, two from each section (A,B,C). Students will be required to attempt 3 questions in all taking one question from each section. This part will be given 60% weightage.

Number in parenthesis on the right margin denotes number of lectures.

#### Section – A

#### **Concept of Monitoring & Evaluation : Concept and Approaches**

- 1) Meaning of Monitoring and Evaluation.
- 2) Importance of Monitoring & Evaluation in development projects/programmes.
- 3) Programme oriented approach
- 4) People oriented approach

#### Section – B

#### Participatory Assessment, Monitoring & Evaluation (PAME)

- 1) Evolution to Participatory Assessments, Monitoring & Evaluation
- 2) Importance of PAME
- 3) Strength & weakness of insiders & o utsiders in evaluation Form of PAME.

#### Section – C

#### Steps in Participatory Monitoring & Evaluation

- 1) Feed back system with active involvement of people.
- 2) Identify areas, organize and prioritize.
- 3) Develop Indicators.
- 4) Develop Monitoring & Evaluation materials & assign responsibilities.
- 5) Collect Data, analyze and provide feed back.
- 6) Report & Disseminate.

Duration – 4 hrs.

#### Semester III

#### Paper-III Monitoring & Evaluation (Practical)

#### S3P3P

#### Max. Marks – 30

- There will be no external practical examination. Final Practical will be conducted by Internal Board.
- 1) Study the Development projects in the area in terms of their monitoring and evaluation.
- 2) Preparation of the report.

#### Semester III

#### Paper-IV Media Planning and Social Advertising (Theory)

#### S3P4T

#### Max. Marks – 40

# Duration – 3 hrs.

#### **Objectives:-**

- 1) To understand the process of social advertising.
- 2) To understand the approaches to social advertising.
- 3) To understand the role of each media type : small and large group media, in promoting social advertising.
- 4) To study the trends, needs and problems with respect to social advertising.

#### Section – A

#### **Social Marketing and Advertising**

- 1) Social advertising and commercial advertising : definitions, needs and scope.
- 2) Approaches to social advertising
- 3) Social advertising and developmental communication model.

#### Section – B

#### Media planning, Social advertising and its issues

- 1) Programme design for social advertising
- Communication and steps in media planning for different target groups, types of issues, choice of media available, communication needs, finance and time consideration and socio-cultural aspects.
- Consideration and steps in message design, treatment and presentation for different types of issues.
- 4) Variety of issues and problems to be addressed through social advertising:- social, economic, cultural, ecological, human resource development and management, legal and organizational.

#### Section – C

#### Trends in Social Advertising: Global and Indian Scenario

- Analysis of trends in social Advertising on different media types for different issues message type, treatment, presentation.
- 2) Problems and future needs in social advertising.
- 3) Social advertising research

#### Semester III

#### Paper-IV Media Planning and Social Advertising

#### (PRACTICAL)

## Duration – 3 hrs.

# S3P4P

Max. Marks – 30

- Collect the sample of social advertisements across different media and study the differences and similarities in terms of strategy, appeal, content, presentation, treatment and media case.
- 2) Study the people's perception of trends, impact and need for social advertising on different media for different communities: rural, urban and slum.

#### **Semester III**

#### Paper-V Sustainable development:- initiative and approaches.

#### Duration – 3 hrs.

#### S3P5T Max. Marks – 40

## **Objectives:-**

- 1) To understand the concept of sustainability and development.
- Critically evaluate the interlinkages of people's participation and sustainable development.
- 3) Understand the community resources and identify the trends in the extent and consequences of utilization.
- 4) To understand the relationship between environmentally sound technologies and sustainability.

#### Section – A

#### Concept of sustainable development.

- Sustainability meaning, concept and implications for development. Sustainable development – concept, philosophy, goals and challenges.
- 2) Dimensions of sustainable development
- 3) Theories of development
- 4) Changes in concept of development.

#### Section – B

#### People's participation and sustainability and community resource perspectives.

- 1) People's participation history, concept and controversies, types and forms in development initiatives.
- Relationship between participation, learning and sustainability, interlinkages of people's participation for building local knowledge, capacity of people and local institutions.
- Community resource, a perspective concepts of resources, national and shared resources, ecological (air, water, fuel, flora and fauna)
- 4) Indicators of environmental unsustainability.

#### Section – C

#### People's initiative and sustainability

- 1) Ecology and resource conservation concepts, biodiversity, resource conservation methods, renewable energy and resources
- 2) Environmentally sound technologies; their impact on sustainable management of resources, adoption pattern.
- 3) Environment and habitat.
- Advantages and lacuna in the initiatives of different social structures in sustainable community resource management initiatives.

#### **Semester III**

#### **Paper-VI Development Project Management**

#### Duration – 3 hrs.

#### **Objectives:-**

- 1) To get an insight related to project planning.
- To provide an overview of the significance of general approach and methods & techniques
- 3) To impart skills in project planning.

#### Section – A

#### Basic concepts of project planning.

- Need, problem, Project feasibility, planning project-formulation, forecasting, appraisal PRA, importance & objectives of project formulation.
- 2) Project Development cycle and its stages
- 3) Project classification.

#### Section – B

#### **Project Identification & Project Formulation**

- Identification of Project opportunities, govt. policies, regulation, incentives & restrictions.
- 2) Methods & techniques of Project identifications.
- Project formulation feasibility study and opportunity study techno economic analysis project design and network analysis.

#### Section – C

#### **Project Appraisal & Project Format**

- 1) Comprehensive appraisal of the key components of the project.
- 2) Project appraisal techniques.
- Project Format :- Common format of Project proposal, basic and supportive information required for a project. Rules governing the preparation of project proposal.
   Writing up a project proposal.

S3P6T Max. Marks – 40

#### PRACTICALS

- 1) Getting familiar with the proposal formats of different funding agencies.
- Need Identification and planning of a project for funding by appropriate agencies & developing project proposal.

## Semester IV

#### Paper-I Study of Folk media (theory)

Duration – 3 hrs.

# Max. Marks – 40

S4P1T

#### **Objectives:-**

To enable the students to

- 1) Understand the different types of folk media.
- 2) To develop the skills in the use of folk media.

#### Section – A

#### Historical perspective, and folk media in developmental communication

- 1) Genesis and growth of folk media in India.
- 2) Folk media as means of transmitting the culture of a society.
- 3) Current trends in the use of folk media in development.
- Significance of folk media in development. Context, Appeal to all senses Human feelings and emotional touch.

#### Section – B

#### Types of folk media

- 1) Forms of folk media music, dance, theatre.
- Folk music the cultural, physical, intellectual, emotional, moral and spiritual value of music.
- 3) Folk dances- varieties and their value in education
- 4) Street theatre and its educational value. Role of puppetry. Different types of puppets.

#### Section – C

#### Folk media – its message and selection

- 1) Developing messages for use in folk media.
- 2) Integration of existing messages of the community with the developmental messages.
- 3) Designing audience responsive messages.

 Criteria for selection of any one or combination of folk media – types of audiences, message, the context and time and other resources.

#### Semester IV

#### Paper-I Study of Folk media (Practical)

#### Duration – 4 hrs.

#### Practicals

- 1) Select any contemporary issue and evolve a script based on a selected folk format and enact it for community audiences.
- 2) Preparation, Recording and Demonstrate the following folk forms:
  - Nautanki
  - Pandwani
  - Bhavai

#### Semester IV

#### Paper-II Training and Development (theory)

#### Duration – 3 hrs.

#### **Objectives:-**

- 1) To be aware of the overall goals of designing training programmes for development.
- 2) To understand the different methodologies of Training.
- 3) To conceptualize the training process.
- 4) To develop skills in training programme.

#### Section – A

#### **Training, Learning & Training Methodologies**

- 1) Concept of Training & Learning
- Goals of training : Self development, Action Learning, transformation & organizational development, enhancing organizational effectiveness, team spirit.
- 3) Types of learning.
- Current trends in Training Methodologies organizational development approach, competency based learning, Participatory training Methodologies.
- 5) Training Administration Policies, Guidelines & Authority.

# Max. Marks – 30

S4P1P

S4P2T

Max. Marks – 40

#### Section – B

#### **Trainer and Trainee Interface**

- 1) Roles of a Trainer, counselor, coach, partner facilitator, Teacher, advisor, Model, expert.
- Competence of a trainer attitude, behaviour traits combining competencies of trainers – trainer perceptions.
- 3) Factors affecting, Implications an training, building & developing assertive skills.

#### Section – C

#### **Training Process**

- Different phases of training, conceptual models of training, system approaches to training : Input Process & Output.
- Training strategies & designs : Training need assessment, planning training programmes organizational Environment, Training facilities & other resources.
- 3) Classification of training Methods, their importance uses & limitations.

#### Semester IV

#### Paper-II Training and Development (Practicals)

#### Duration – 4 hrs.

#### 1) Designing training programmes for different developmental goals.

- Developing skills in selection and use of different training methods case study, role play, psychodrama, buzz group, group discussion, transactional analysis, process work, micro labs, business games etc.
- 3) Organizing and conducting training programmes.
- 4) Visit to training and development organization.

#### Semester IV

#### Paper-III Community Health Management (theory)

#### Duration – 3 hrs.

#### **Objectives:-**

- 1) To understand the concept of health and health indices popularly used.
- 2) To realize the health problems of the community and the scientific intervention
- 3) To know the supportive services and programmes for community health management.

S4P2P Max. Marks – 30

S4P3T

Max. Marks – 40

#### Section – A

#### Concept of health, health care, health and development indices.

- 1) Concept of health and positive health and definitions of health.
- 2) Health disease continues, factors affecting health, health as a human right.
- 3) Concept of community health and global health.
- 4) Primary health care definitions, principles and components.
- 5) Health indices and related indices in community health, fertility indicators, mortality, morbidity indicators.
- 6) Reproductive health index

#### Section – B

#### Community health, needs and problems

- 1) Health needs and problems related to sanitation and environment, protected water, personal hygiene and pollution control.
- Ecology and environment, global warning causes, effects and prevention, natural and manmade disaster management.
- Health needs of special groups women, infants, children. Health of adolescents, geriatric health needs and problems, tribal health, refugees.
- 4) Major health problems in India
- 5) Communicable and non-communicable diseases, population problem and its impact, problems of malnutrition, reproductive health problems.

#### Section – C

#### **Health Care Services**

- Health administrative set up, peripheral, state, natural urban, rural, role of NGOs. National health programmes, child survival and safe motherhood, reproductive and child health programme.
- 2) Inter sectronal co-ordination in health and development.
- 3) National and international health agencies.
- 4) Health information, education, communication.

#### **Semester IV**

#### Paper-III Community Health Management (Practicals)

#### Duration – 3 hrs.

1) Conducting a health survey and preparation of a report.

Max. Marks – 30

**S4P3P** 

Existing Structure	Proposed New Structure
Structure of UG Semester Programme in Home Science Pass/Honours (2008-11)	Structure of UG Semester Programme in Home Science Pass/Honours (2008-11)
Programme structuring is made in the light of recent innovations, interdisciplinary nature of the field of study, future developments and the core competencies required for the specific career development.	Programme structuring is made in the light of recent innovations, interdisciplinary nature of the field of study, future developments and the core competencies required for the specific career development.
<b>Pattern</b> – The undergraduate programme is planned for three years consisting of six semesters. First four semesters cover all the core courses. These core courses include foundation courses, communication skills and social skills which enhance empowerment process in an integrated form.	<b>Pattern</b> – The undergraduate programme is planned for three years consisting of six semesters. These semesters cover all the core courses. These core courses include foundation courses, communication skills and social skills which enhance empowerment process in an integrated form.
In third year there are specialization courses in each department for honours course.	Format for the course is dealt with the complete scheme of instructions/examination.
A candidate after passing the second year examination of the Vidyapith will have the option either to opt Bachelor of Science- Home Science (Pass Course) or to opt Bachelor of Science- Home Science (Honours Course).	A.2 The Following shall be the Scheme of Examination :-
Those students who will opt for pass course have to study papers related to all the disciplines of Home-Science and who opt for honours course have to opt for any two specializations at third year level and have to study four papers and practicals of each specialization opted by them.	
Format for the course is dealt with the complete scheme of instructions/examination.	
A.2 The Following shall be the Scheme of Examination :-	

			ester [		e For	mat				B.Sc. He	ome s		ce – ( ester		e for	mat			
Paper/Subject			We igh/ Cre dit							Paper/Subject			Weig h/Cr edit					Asses	smen
	Т	Р		Т	Р	Т	Р	Т	Р		Т	Р		Т	Р	Т	Р	Т	Р
ation Courses										Indation Courses									
English	2	-	2	30	-	10	-	20	-	English	2	-	2	30	-	10	-	20	-
Indian Heritage	2	-	2	30	-	10	-	20	-	Indian Heritage	2	-	2	30	-	10	-	20	-
linary Courses										ciplinary Courses							I	<u> </u>	
Introduction to Home Science and its relationship with Social Science	4	-	4	60	-	20		40	-	Science and its relationship with Social Science	4	-	4	60	-	20		40	-
Fundamentals of Biochemistry	6	4	8	90	30	30	10	60	20	Physiology	_	4			30		10		2
Introduction to Human	4	-	4	60	-	20	-	40	-	3 Introduction to Human Development	4	-	4	60	-	20	-	40	-
Textiles and Their	6	4	8	90	30	30	10	60	20		6	4	8	90	30	30	10	60	2
Total	24	8	28	360	60	120	20	240	40	Total	24	8	28	360	60	120	20	240	4
	<u> </u>	Seme	ster l	I			<u> </u>	<u> </u>				Seme	ester	II					
Paper/Subject			Weig h/Cr edit							Paper/Subject			h/Cr						
	Т	Р		т	Р	т	Р	T	Р		Т	Р		Т	Р	Т	Р	Т	
ation Courses				<u> </u>		<u> </u>													
Hindi	2	-	2	30	-	10	-	20	_	Hindi	2	-	2	30	-	10	-	20	
										Environmental Studies	2	-	2	30	-	10	-	20	
	ation Courses English Indian Heritage linary Courses Introduction to Home Science and its relationship with Social Science Fundamentals of Biochemistry Introduction to Human Development Textiles and Their Care Total	Per Per Per Per Per Per Per Per	Periods Periods T Periods T Periods T Periods T Periods T Paper/Subject	Periodsigh/ Cre ditTPIAtion CoursesTPIndian Heritage2-2Indian Heritage2-2Introduction to Home Science and its relationship with Social Science4-4Fundamentals of Biochemistry648Introduction to Human Development4-4Textiles and Their Care648Total24828Paper/SubjectContact PriodsWeig h/Cr editPaper/SubjectContact PeriodsWeig h/Cr editIndian Courses2-2	Periods $\frac{ gh' }{Cre}$ Mar igh/ CreeMar ditTPITTPITPation Courses2-230Indian Heritage2-230Inary Courses2-230Introduction to Home Science and its relationship with Social Science4-460Biochemistry64890Introduction to Human Development4-460Textiles and Their Care64890Total24828360Semester IIPaper/SubjectContact PeriodsWeig Weig Mar MarTPaper/SubjectContact PeriodsWeig PriodsMar Mar Mar MarIndi2-230	Periodsigh/Cre ditMarksTPITPation Courses2-230-Indian Heritage2-230-Indian Heritage2-230-Introduction to Home Science and its relationship with Social Science4-460-Fundamentals of Biochemistry6489030Introduction to Human Development4-460-Textiles and Their Care6489030CareTotal2482836060Faper/SubjectContact PeriodsMarks MarksMarks1-460-TP-47PIntroduction to Human Development4-460-Textiles and Their Care6489030Total248283606060Faper/SubjectImarksTPImarksTPAtion CoursesImarksTPTPHindi2-230-	Periods $\frac{igh}{Cre}$ MarksAssessTPTPTation Courses2-230-English2-230-10Indian Heritage2-230-10Indian Heritage2-230-10Introduction to Home Science and its relationship with Social Science4-460-20Fundamentals of Biochemistry64890303030Introduction to Human Care4-460-20Fundamentals of Care648903030PeriodsKSemester HSemester HSemester HSemester HPaper/SubjectContact PeriodsWeig h/Cr editMax. Max.semester HAssessHindi2-230-10	Image: Periodsigh/ Cre ditAssessmentTPTPTPTPation Courses2-230-10-Indian Heritage2-230-10-Indian Heritage2-230-10-Introduction to Home Science and its relationship with Social Science4-460-20.Fundamentals of Biochemistry64890303010Introduction to Human Care4-460-20-Fundamentals of Biochemistry64890303010Introduction to Human Care4-460-20-PeriodsWeig PeriodsMax. SCont. AssessmentCont. AssessmentPaper/SubjectContact PeriodsWeig PiCr editMax. SCont. AssessmentHindi2-230-10-	Periodsigh/ Cre ditMarksAssessmentAssessmentAssesTPTPTPTPTation CoursesEnglish2-230-10-20Indian Heritage2-230-10-20Indian Heritage2-230-10-20Introduction to Home Science and its relationship with Social Science4-460-2040Fundamentals of Biochemistry6489030301060Introduction to Human Development-460-20-40Periods6489030301060CareTotal248283606012020240Total 248283606012020240Paper/SubjectContact PeriodsWeig MarksMarks MarksCont. AssessmentSemu AssessmentSemu AssessmentPaper/SubjectContact PeriodsPTPTPTation Courses2-230-10-20Hindi2-230-10-20	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	$ \begin{array}{                                    $	$ \begin{array}{                                    $	$ \begin{array}{                                    $	$ \begin{array}{                                    $	$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$

2.1	Introduction to Extension Education	4	-	4	60	-	20	-	40	-
2.2	Elementary Human Physiology	6	4	8	90	30	30	10	60	20
2.3	Family Dynamics	4	-	4	60	-	20	-	40	-
2.4	Interior Designing and Decoration	6	4	8	90	30	30	10	60	20
	Total	24	8	28	360	60	120	20	240	40
	Paper/Subject	Co	Semes ntact riods	we igh/ Cre dit	М	ax. ırks	Cor Assess t	smen	Seme Assess	
		Т	Р		Т	Р	Т	Р	Т	Р
Four	dation Courses		•		•					
1.	SWGA	1	-	1	15	-	-	-	15	-
2.	Elements of Management	3	-	3	45	-	15	-	30	-
Disci	plinary Courses			<b>_</b>						
3.1	Food Science and Food Preservation	4	4	6	60	30	20	10	40	20
3.2	Communication Process	4	4	6	60	30	20	10	40	20
3.3	Introduction to Resource Management	4	-	4	60	-	20	-	40	-
3.4	Introductory Microbiology	4	-	4	60	-	20	-	40	-
	Life Span Development (Prenatal to early	4	-	4	60	-	20	-	40	-
3.5	childhood years) Total	24	8		360	60	120	20	240	

Disci	iplinary Courses									
2.1	Introduction to Extension Education	4	-	4	60	-	20	-	40	-
2.2	Human Nutrition & Meal Planning	6	4	8	90	30	30	10	60	20
2.3	Life Span Development-I Prenatal to early childhood years	4	-	4	60	-	20	-	40	-
2.4	Interior Designing and Decoration	6	4	8	90	30	30	10	60	20
	Total	24	8	28	360	60	120	20	240	40
		\$	Seme	ster Il						
	Paper/Subject		ntact riods	We igh/ Cre dit	Ma Ma		Con Assess t	smen	Semo Assess	
		Т	Р		Т	Р	т	Р	Т	Р
Foundation Courses										
1.	SWGA	1	-	1	15	-	-	-	15	-
2.	Elements of Management	3	-	3	45	-	15	-	30	-
Disci	plinary Courses									
3.1	Fundamentals of Biochemistry	4	4	6	60	30	20	10	40	20
3.2	Communication Process	4	4	6	60	30	20	10	40	20
3.3	Introduction to Resource Management	4	-	4	60	-	20	-	40	-
3.4	Fabric Construction	4	-	4	60	-	20	-	40	-
3.5	Life Span Development-II (Middle childhood to old age)	4	-	4	60	-	20	-	40	-
	Total	24	8	28	360	60	120	20	240	40

			Semes	ter I	V					
	Paper/Subject		ontact criods	We igh /Cr edi		lax. arks		ont. ssment	Asses	ester ssmen t
		Т	Р	t	Т	Р	Т	Р	Т	Р
Four	idation Courses			1		I.			1	
1.	SWGA	1	-	1	15	-	-	-	15	-
2.	Women in Indian Society	3	-	3	45	-	15	-	30	-
Disci	plinary Courses									
4.1	Human Nutrition and Meal Planning	6	4	8	90	30	30	10	60	-
4.2	Introduction to work study	4	-	4	60	-	20	-	40	-
4.3	Clothing Construction	4	8	8	60	60	20	20	40	40
4.4	Life Span Development (Middle childhood to old age)	4	-	4	60	-	20	-	40	-
	Total	24	8	28	360	60	120	20	240	40
			Seme	ster V	V					
	Paper/Subject		ntact iods	We igh /Cr	Ma Mai		Co Assess		Semo Assess	
		Т	Р	edi t	Т	Р	Т	Р	Т	Р
1.	Vocational Courses	-	4	2	-	30	-	10	-	20
Disci	plinary Courses					1 1				
5.1	Family Clothing & Fashion Illustrations.	4	4	6	60	30	20	10	40	20
5.2	Methods & Materials for Child Study	4	4	6	60	30	20	10	40	20
5.3	Nutrition for Vulnerable Groups	4	4	6	60	30	20	10	40	20

	Semester IV										
	Paper/Subject		ntact riods	We igh /Cr edi		lax. arks		ont. sment	Asses	ester smen t	
		Т	Р	t	Т	Р	т	Р	Т	Р	
Four	Foundation Courses										
1.	SWGA	1	-	1	15	-	-	-	15	-	
2.	Women in Indian Society	3	-	3	45	-	15	-	30	-	
Disci	plinary Courses						•				
4.1	Nutritional Biochemistry	4	4	8	60	60	20	10	40	20	
4.2	Introduction to work study	4	-	4	60	-	20	-	40	-	
4.3	Clothing Construction	4	8	8	60	60	20	20	40	40	
4.4	Method & Material for Child study & Guiding Child Behaviour	4	4	6	60	30	20	10	40	20	
	Total	20	16	28	300	150	95	40	205	80	

## Semester V

	Paper/Subject		Contact Periods		Max. Marks		Co Assess	nt. sment	Semester Assessment		
		т	Р	- /Cr edi t	Т	Р	Т	Р	Т	Р	
1.	Vocational Courses	-	4	2	-	30	-	10	-	20	
Disci	Disciplinary Courses										
5.1	Family Clothing & Fashion Illustrations.	4	4	6	60	30	20	10	40	20	
5.2	Early Childhood Education	4	4	6	60	30	20	10	40	20	
5.3	Assessment of Nutrition states and Nutrition for Vulnerable Groups	4	4	6	60	30	20	10	40	20	

5.4	Adult & Non formal Education	4	4	6	60	30	20	10	40	20	5.4	Residential Architecture &	4	4	6	60	30	20	10	40	20
	Total	18	12	28	330	90	105	30	225	60		Interior Enrichment Total	16	16	28	300	12	95	40	205	80
		+4										Total	+4	10	20	500	0	))	40	205	00
		•				1 1											Ū				
	Se	emest	er Vl	(Pass	s Cou	rse)						Se	emes	ter V	I(Pas	s Cou	rse)				
	Paper/Subject		itact iods	Wei ghta	Ma Ma		Co	nt. sment		ester sment			~					~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~		~	
		rer	lous	giita ge/	IVIA	rks	Asses	sment	Asses	sment		Paper/Subject		ntact riods	Wei ghta	Ma Ma			ont. sment		ester sment
		Т	Р	Cre dit	Т	Р	Т	Р	Т	Р			Т	Р	ge/ Cre	Т	Р	Т	Р	Т	Р
1.	Vocational Courses	-	4	2	-	30	-	10	-	20	1	Vocational Courses	_	4	dit 2	_	30	_	10	_	20
Disci	plinary Courses	•									<b>D</b>				-		50		10		
6.1	Guiding Child	4	4	6	60	30	20	10	40	20	Disci	plinary Courses									
	Behaviour										6.1	Family Dynamics &	6	4	8	90	30	30	10	60	20
6.2	Diet Therapy	4	4	6	60	30	20	10	40	20	6.2	Welfare Diet Therapy & Food	6	4	8	90	30	30	10	60	20
6.3	Traditional Textiles	4	4	6	60	30	20	10	40	20	0.2	Science	0	4	8	90	30	30	10	60	20
6.4	Residential Architecture and Interior Enrichment	4	4	6	60	30	20	10	40	20	6.3	Textiles Designing	4	8 20	8	60 240	60 150	20 80	20 50	40	40
	Total	16	20	26	240	150	80	50	160	100		Total	10	20	20	240	130	80	30	100	100
	Students have to choose		•		-				, (iv), (	( <b>v</b> )		*Students have to choose			-		-			ii), (iv)	1
	ocational Course I in V S	-			l Cour							ocational Course I in V S									
/	trepreneurship & Motivat	tion		2	nics of	-	reneur	ship			× /	trepreneurship & Motivat	ion		2	nics of I	-	reneur	ship		
/	brary Science I				/ Scien						(ii) Library Science I & Library Science II										
	sic Dress Making Skills				Design	-					(iii) Computer Fundamentals & Computer Programming										
iv) Co	omputer Fundamentals		& (	Compu	iter Pro	ogramr	ning				(iv) Analytical Laboratory Practice-I & Analytical Laboratory Practice-II										
v) Ar	nalytical Laboratory Pract	ice-I	& A	nalyti	cal Lal	oorator	y Prac	tice-II				ent must take part in at le									
isted ı	dent must take part in at least one of the activity in each semester from the activitie under five fold education choosing at least one activity from each group during the of entire UG Programmes (List-1).								inder five fold education of entire UG Programmes			t least	one ac	ctivity	from e	each gr	oup du	ring			

List 1 : Activities under five fold education	List 1 : Activities under five fold education
(Intellectual, Physical, Aesthetic, Moral & Practical)	(Intellectual, Physical, Aesthetic, Moral & Practical)
Group – 1	Group – 1
Classical Dance (Kathak/Manipuri)	Classical Dance (Kathak/Manipuri)
Folk Dance	Folk Dance
Orchestra	Orchestra
Music (Instrumental/Vocal)	Music (Instrumental/Vocal)
Theatre	Theatre
Creative Arts	Creative Arts
Group – 2	Group – 2
Athletics (Track & Field)	Athletics (Track & Field)
Sports & Games (Hockey, Volley Ball, Tennis, Cricket, Kho-Kho, Kabbaddi, Handball, Throw Ball, Basket Ball, Net Ball, Soft Ball, Weight Tracing, Martial Art, Badminton, Table Tennis, Multigym, Rifle Shooting, Archery Range)	Sports & Games (Hockey, Volley Ball, Tennis, Cricket, Kho-Kho, Kabbaddi, Handball, Throw Ball, Basket Ball, Net Ball, Soft Ball, Weight Tracing, Martial Art, Badminton, Table Tennis, Multigym, Rifle Shooting, Archery Range)
Horse Riding	Horse Riding
Swimming	Swimming
Flying	Flying
Yoga	Yoga
Aerobics	Aerobics
Group – 3	Group – 3
National Service Scheme (NSS)	National Service Scheme (NSS)
Banasthali Sewa Dal (BSD)	Banasthali Sewa Dal (BSD)
FM Radio (Editing, Anchoring, Program Design)	FM Radio (Editing, Anchoring, Program Design)
Informal Education	Informal Education
Extension Programs for Women Empowerment	Extension
	Programs for Women Empowerment



# **BANASTHALI VIDYAPITH Department of Home Science**

Minutes of the Board of Studies held on 28 December 2018 at 11:00 am in the Department of Home Science, Gyan Mandir, Banasthali Vidyapith

# **PRESENT**

Dr. Chandra Kumari	Internal Members
Ms. Charu Panwar	
Dr. Charu Vyas	
Dr. Deepti Bhargava	
Ms. Ekta Sharma	
Dr. Ekta Singh Chauhan	
Dr. Gita Bisla	
Prof. Monika Jain	
Dr. Namrata Arora Charpe	e
Dr. Navita Pareek	
Ms. Parul Sharma	
Dr. Parul Tripathi	
Dr. Parsansha Sharma	
Ms. Prawal Pandey	
Dr. Shalini Juneja	
Prof. Sheel Sharma	
Mrs. Shweta Dubey	
Prof. Suman Pant	
Dr. Suvidha	
Prof. Indu Bansal	Convener (in the Chair)

Note: Dr. Sheela Sangwan, Dr. Mini Shetah, Dr. Anjali Karoliya, (External Members) and Dr. Neelam Chaturvedi (Internal Member) could not attend the meeting.

The meeting started with a welcome of the members, by the convener of Board of Studies for Home Science, Prof. Indu Bansal, Dean, Home Science, Banasthali Vidyapith, Rajasthan

1. The Board confirmed the minutes of the meeting of the Board of Study held on 24<sup>th</sup> April' 2016 and pre BOS held on 2nd April' 2018.

2. Panel of Examiners for each examination up to and inclusive of Master's Degree Examination has been prepared in the prescribed format, separately for theory and practical examinations, keeping in view the Vidyapith Bye-laws. It has been submitted in secrecy section along with soft copy.

3. The Board reviewed the Study/Curricula, Scheme of examination in various courses of study, keeping in view the curriculum structure of the Vidyapith for Undergraduate and postgraduate courses.

Learning outcomes for each and every course of study (including practical course where prescribed) have been incorporated to explain focus and approach of the course. References have been updated and presented in APA format. Syllabuses of all the courses have been properly formatted, correcting spelling and punctuation errors.

The Board recommended courses of Study, Curricula and scheme of examination as follows-

#### **B.A**

i.	First Semester	No Change in scheme and syllabus
ii.	Second Semester	No Change in scheme and syllabus
iii.	Third Semester	No Change in scheme and syllabus
iv.	Fourth Semester	No Change in scheme and syllabus
v.	Fifth Semester	Minor Change
vi.	Sixth Semester	Minor Change

Learning outcomes, References and E-resources for BA is attached and marked as Annexure-I a and b.

#### **B.Sc. (Home Science) Programme**

i.	First Semester	Minor Change <sup>ab</sup>
ii.	Second Semester	No Change
iii.	Third Semester	Minor Change <sup>c</sup>
iv.	Fourth Semester	No Change
v.	Fifth Semester	Minor Change <sup>de</sup>
vi.	Sixth Semester	Minor Change <sup>e</sup>

(a) The Board recommended that in B.Sc. (Home Science) I Semester in course Elementary Human Physiology (Course Code: HSC103) 'structure of kidney' should

be deleted since it is part of organs of excretory system and there is no need to mention it separately

- (b) The Board reviewed the syllabus of Fundamentals of Biochemistry and Microbiology (Course Code: HSC106), of B.Sc. (Home Science) I Semester and it was found that syllabus is too elaborate for B.Sc. I Sem. students, hence, recommended that content should be rewritten to make it more concise. Besides, students do in- depth study in course Nutritional Biochemistry in VI semester.
- (c) The Board reviewed the content of practical of B.Sc. (Home Science) III Semester Fundamentals of Clothing Construction (Course Code: HSC207 L) and recommended that content should be elaborated to make it clear and unambiguous and to avoid repetition (deleted part is already in the syllabus of Family Clothing (Course code: HSC202L). These changes be made applicable from session 2019-2020 onwards
- (d) The Board reviewed the course content of Introduction to Work Study (Course Code: HSC 309) of B.Sc. (Home Science) V Semester and recommended that topics in unit I, II and V should be elaborated for clarity and Unit III and IV be redesigned to balance the units. These changes be made applicable from session 2019-2020 onwards.
- (e) The Board also suggested some new Discipline Electives along with those already running; syllabus for which have been developed..

Learning outcomes, proposed revised (if any) / new syllabi, References and E-resources is attached and marked as **Annexure-II a and b**.

i.	First Semester	Minor Change <sup>a</sup>
ii.	Second Semester	No Change
iii.	Third Semester	Minor Change
iv.	Fourth Semester	Minor Change

M.Sc. (Home Science Human Development/ Food Science and Nutrition)

- (a) M.Sc. Human Development II Semester Course Contemporary Issues and Concerns in Human Development (Course Code: HSC 406) burning issues have been added and some part has been deleted because of repetitions in other courses.
- (b) M.Sc. Food Science and Nutrition IV Semester Course Clinical Nutrition and Dietetics (Course Code: HSC509); two new methods have been added in section A.

Suggested revisions (if any), learning outcomes, References and E resources is attached and marked as **Annexure-III a and b**.

(c) In the light of the discussions with honorable Vice Chancellor, the Board recommended some new reading elective courses focusing on recent advances in the field of specialization and of contemporary importance for development of self study / reading habits in P.G. students. Pattern: Each course will be of two credits. There will be end semester exam only. These courses will not be alternative to regular course. Every M.Sc. student has to opt for at least two reading electives.

It was also suggested by the Board that reading electives should start from II semester itself (instead of III semester), **subjected to the approval of Academic Council.** In fourth semester, PG students have to finish their project work along with 4/5 course of study and will have less time for reading. Moreover, this will also increase scope for those students who want to opt for more than two electives. Besides, it will provide more time to those students who may not clear electives in first attempt.

## List of Reading Electives (Newly Introduced)

1. Safe and Healthy Environments For Young Children
2. Nanotechnology in Textile
3. Introduction to Nutrigenomics Online course in lieu - Nutrigenomics for Disease Prevention
and Intervention https://www.nutrigenomics.arizona.edu/home.html
4. Textile Conservation
5. Onconutrition
6. Colour Science and Instrumentation
7. Inclusive Education
8. Novel Technologies for Food Processing and Shelf Life Extension Online course in lieu - Novel
Technologies For Food Processing and Shelf -Life https://nptel IIT, Kharagpur Management
9. Food Biotechnology
10. Science of Clothing Comfort Online course in lieu - Science of Clothing Comfort
http://swayam.gov.in I I T, Delhi
11. Ergonomic Applications in Interior Design
12. Functional Clothing
13. Content Development and Food Labelling
14. Emerging Technologies for Personalized Nutrition
15. Sports Nutrition

# Content for reading electives along with course outcomes and suggested reading material have been given in Annexure IV.

4. No Home Science courses are running in the other programs of the Vidyapith except foundation and vocational courses. Foundation /Vocational Courses run by faculty have also been reviewed in the light of discussion with Foundation course committee. To bring uniformity in credits of foundation courses, the Board recommended that all courses will be of 2 credits. Accordingly content has been revised as per **Annexure V**.

5. Most of the examiners reported answers as satisfactory and to the point which helps to conclude that most students demonstrated their understanding of the key knowledge of their respective subject. Few (around 10%) examiners reported the answers to be vague and diffused, Very few (5%) suggested that answers should be more focused/ use of technical language/ improvement in language/ better articulation. **Annexure VI** 

6. Total 105 Question papers of last five years were evaluated for their appropriateness. The overall quality of question papers was found to be good, so as to judge an average student's knowledge and skill. The distribution of marks was found suitable for the content of the question drafted. All the question papers were found to cover all the contents of the syllabus evenly. The pattern followed in drafting the papers at undergraduate level was mostly conventional, and questions were mainly direct and information based, requiring descriptive and subjective answers. Some of the UG papers had a limited number of application based questions. The question of question papers of postgraduate programmes was found to have both application based and analytical questions, suitable enough to require a good amount of mental effort by the students while answering them, providing them opportunities to utilize their competence, not just the content knowledge. The content of the questions has changed slightly from being information based to application based over the years. The overall quality of question papers was found to be consistent and no deterioration observed through the years. **Annexure VI I** 

Meeting ended with vote of thanks to the chair.

# Programme Scheme: B.A.

Semester	1

Existing					
Course Code	Course Name	L	Т	Р	С
HSC101	Basics of Home Science and Resource Management	6	0	0	6
HSC108 L	Interior Decoration Lab	0	0	4	2
	Total	6	0	4	8

Semester II	

	Existing				
Course Code	Course Name	L	Т	Р	С
HSC102	Basics of Human Development	4	0	0	4
HSC107	Fundamentals of Foods and Nutrition	4	0	0	4
	Total	8	0	0	8

#### Semester III

Existing					
Course Code	Course Name	L	Т	Р	С
HSC215	Nutrition in Health and Disease	6	0	0	6
HSC205L	Food and Nutrition Lab	0	0	4	2
	Total	6	0	4	8

#### Semester IV

	Existing				
Course Code	Course Name	L	Т	Р	С
HSC210	Introduction to Community Nutrition and Extension	4	0	0	4
HSC212	Life Span Development	4	0	0	4
	Total	8	0	0	8

# Semester V

Existing					
Course Code	Course Name	L	Т	Р	С
HSC308	Introduction to Textiles	4	0	0	4
HSC305	Family Dynamics and Parent Education	4	0	0	4
	Total	8	0	0	8

Semester VI					
Existing					
Course Code	Course Name	L	Т	Р	С
HSC307	Introduction to Clothing	4	0	0	4
HSC312L	Textile Care and Clothing Construction Lab	0	0	8	4
	Total	4	0	8	8

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC101	Basics of Home Science and Resource Management	6	0	0	6
HSC108 L	Interior Decoration Lab	0	0	4	2
	Total	6	0	4	8

	Proposed						
Course Code	Course Name	L	Т	Р	С		
HSC102	Basics of Human Development	4	0	0	4		
HSC107	Fundamentals of Foods and Nutrition	4	0	0	4		
	Total	8	0	0	8		

Proposed						
Course Code	Course Name	L	Т	Р	С	
HSC215	Nutrition in Health and Disease	6	0	0	6	
HSC205L Food and Nutrition Lab		0	0	4	2	
	Total	6	0	4	8	

Proposed						
Course Code	Course Name	L	Т	Р	С	
HSC210	Introduction to Community Nutrition and Extension	4	0	0	4	
HSC212	Life Span Development		0	0	4	
	Total	8	0	0	8	

Course Code	Course Name	L	т	Р	С
HSC308	Introduction to Textiles	4	0	0	4
	Discipline Elective -I		0	4	6
	Total	8	0	0	8

Proposed						
Course Code	Course Name	L	т	Ρ	с	
HSC312L	Textile Care and Clothing Construction Lab	0	0	8	4	
	Discipline Elective -II	4	0	4	6	
	Total	4	0	8	8	

#### Course code List of discipline electives

HSC305	Family Dynamics and Parent Education
	Family and Child Welfare (Newly Introdiced)
HSC307	Introduction to Clothing
	Fundamentals of Family Clothing (Newly Introdiced)

# Programme : B.A.

S. Course List N.	Learning Outcome	Existing Syllabus	Suggested Syllabus	Remarks
1 HSC101 Basics of Home Science and Resource Management	<ul> <li>Learning outcomes: Upon completion of the course students will be able to:</li> <li>Interpret concept and scope of Home Science discipline</li> <li>Develop an insight into fundamentals of resource and their management</li> </ul>		<ol> <li>References:         <ol> <li>Bansal, I., &amp; Kumari, C. (2010). Home Science: An Introduction. Newai (Raj) : Navjeevan Publishers.</li> <li>Chandra, A. (1978). Introduction to Home Science. New Delhi: Metropolitan Book Company, Ltd.</li> <li>Daecon, R.E., &amp; Firebaugh, F.M. (1975). Context and concepts of Management. USA: Houghton Miffin Company.</li> <li>Gross, I.H., &amp; Crandall, E.W. (1980). Management for modern families (3<sup>rd</sup> ed.). New Jersey: Prentice Hall Inc. Engle Wood Cliffs.</li> <li>Jain, V. (2002). Grih Prabandh, Sadhan Vyavastha awem aantrik sazza. Jaipur: Abhishek Publication.</li> <li>Koontz, H., &amp; Weihrich, H. (2009). Essentials of Management. New Delhi: Tata McGraw Hill Publishing Co. Ltd.</li> <li>Patni, M., &amp; Sharma, L. (2017). Grih prabandh (25<sup>th</sup>ed.). Agra: Star Publication.</li> <li>Stoner, J.,Freeman,R., &amp; Gilbert, D. (1995). Management (6<sup>th</sup>ed.). New Delhi: Prentice Hall of India Pvt. Ltd.</li> <li>Tripathy, P.C., &amp; Reddy, P.N. (2001). Principles of Management. New Delhi: Tata McGraw Hill Publishing Co. Ltd.</li> </ol> </li> <li>Wangundy, A.B. (1981). Techniques of structured problem solving. New York :Van Nostrand Reinhold Company.</li> </ol>	

HSC108 L Interior Decoration Lab	<ul> <li>Learning outcomes: Upon completion of the course students will be able to:</li> <li>Design and draw floor plans to meet a given set of requirements</li> <li>Apply informed judgments in designing interiors</li> </ul>	
HSC102 Basics of Human Development	Learning outcomes: Upon completion of the course students will be able to:	References :         1.       Gupt Ram Babu (1996). Vikasatmak Monovigyan, Agra : Ratan
	<ul> <li>Get insight into concept and various aspects of Human Development</li> <li>Appraise concerns and issues related to parenting and development aspects</li> <li>Relate theories to developmental aspects</li> </ul>	<ul> <li>Prakashan Mandir,</li> <li>Hurlock Elizabeth B. – Bal Manovigyan (5th &amp; 6th Edition), New Delhi: Tata Mc Graw Hill.</li> <li>Hurlock Elizabeth B. (1978). <i>Child Development</i> (6th ed.). New Delhi : Mc. Graw Hill Publishers Ltd</li> <li>Laura.E.Berk (2013). <i>Child Development</i>. Illinois : Pearson.</li> <li>Musson P., Conger J.J., Kegan J. and Haston A.C. (1990). <i>Child Development and Personality</i>. New York: Harper &amp; Row.</li> <li>Singh Vrinda <i>Manav Vikas evam Parivarik Sambandh</i>. Jaipur: Panchsheel Parkashan.</li> <li>Verma, Priti, &amp; Srivastava, D.N. (1996). <i>Bal Manovigyan – Bal Vikas</i>. Agra : Vinod Pustak Mandir,.</li> </ul>
HSC107 Fundamentals of Foods and Nutrition	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Describe the functions of food and role of various nutrients, dietary requirement of various nutrients, and effect of deficiencies and excesses</li> <li>Explain the methods of food preparation and principles applied in food preservation.</li> <li>Apply and incorporate the knowledge of nutritional requirement in various life stages.</li> </ul>	<ol> <li>References:         <ol> <li>Khanna, K., Gupta S, Mahna R, Puri S, Seth R and Passi SJ. (1997).<i>Text book of Nutrition &amp; Dietetics</i>. New Delhi : Phoenix Publishng House Pvt. Ltd</li> <li>Mehtab, S. Bamji, K. Krishnawamy and GNV Brahmam.(1996).<i>Text Book of Human Nutrition</i>, New Delhi : Oxford &amp; IBH Publishing Co. Pvt. Ltd</li> <li>Sharma,V. (1995). <i>Food &amp; Nutrition Science</i>(2<sup>nd</sup> ed.). Meerut : Loyal Book House.</li> <li>Singh,V. (2006).<i>Food &amp; Nutrition Science</i> (3<sup>rd</sup> ed.). Jaipur: Panchsheel Prakashan.</li> <li>Srilakshmi, B. (2004). <i>Nutrition Science</i>, New Delhi: New Age International Pvt. Ltd.</li> <li>Swaminathan, M. (1985). <i>Essentials of Foods and Nutrition Vol.1</i> Madras : Ganesh and Co.</li> <li>Wilson, E.D., Fisher K. H. &amp; Fuqua M.E. (1975). <i>Principles of Nutrition</i>. Canada : John Wiley and Sons.</li> </ol> </li> </ol>

		E- resources:	
		<ul> <li>Function of food, food groups, food chart https://www.slideshare.net/chefkaushal84/food-56547837</li> <li>Methods of cooking https://www.slideshare.net/laurahuang/methods-of-cooking-ppt-5914731</li> <li>Importance of nutrition, consumer rights, special diets, menu panning https://www.slideshare.net/itchomecare/8-nutrition-and-food-preparation- 15193848</li> </ul>	
HSC 205 L Food and Nutrition Lab	<ul> <li>Learning outcomes: Upon completion of the course students will be able to:</li> <li>Plan and prepare different types and specific nutrient rich diets using different cooking methods</li> <li>Plan and prepare diets for various disease conditions</li> <li>Prepare food products using various preservation methods</li> </ul>		
HSC215 Nutrition in Health and Disease	<ul> <li>Learning outcomes: Upon completion of the course students will be able to:</li> <li>Describe the role of nutrition and nutrients in health, disease and various life stages</li> <li>Explain the causes of food spoilage and types of food preservation</li> <li>Apply and incorporate the knowledge of therapeutic diet for various disease conditions</li> </ul>	References :         1.       Khanna, K, Gupta S.,Mahna R,Puri S,Seth R and Passi SJ. (1997).Text book of Nutrition & Dietetics. New Delhi: Phoenix Publishing House Pvt. Ltd         2.       Sharma,V. (1995). Food & Nutrition Science (3 <sup>rd</sup> ed.). Meerut: Loyal Book House.         3.       Singh,V. (2006). Food & Nutrition Science (3 <sup>rd</sup> ed.). Jaipur : Panchsheel Prakashan .         4.       Srilakshmi, B. (2004). Nutrition Science. New Delhi : New Age International Pvt. Limited.         5.       Swaminathan, M. (1985). Essentials of Foods and Nutrition Vol.2 Madras: Ganesh and Co         E- resources : <ul> <li>Causes of food spoilage, sources, factors and its prevention https://www.slideshare.net/MAMATHESH/food-spoilage-microbiology</li> <li>Therapeutic diet in various diseases https://www.slideshare.net/januamager/therapeutic-diet</li> <li>Basic nutrition https://www.slideshare.net/januamager/pt-on-nutrients</li> </ul>	

HSC210 Introduction to	Learning outcomes:	References:
Community Nutrition and Extension	Upon completion of the course students will be	1. Bamji, M. S., Rao, P.N., & Reddy, V. (1996). Text book of
	<ul> <li>Explain the linkages between nutrition,</li> </ul>	Human Nutrition. New Delhi : Oxford and IBH publishing Co Pvt. Ltd.
	<ul> <li>environment, health and disease</li> <li>Recognize the importance of</li> </ul>	<ol> <li>Bhargava, B. (1999). Parivarik Swastha avm samajik Kalyan (2<sup>nd</sup> ed.). Jaipur: University Book House Pvt. Ltd.</li> </ol>
	malnutrition as a conditioning factor in relation to many diseases in community	3. Dhama, O.P., & Bhatnagar, O.P. (2010). <i>Education and communication for development</i> . New Delhi: Oxford & IBH Publishing Co.
	national & international agencies in community nutrition	4. Harpilini, B.D. (1994). <i>Grahavigyan mai Prasar Shiksha</i> . Agra: Star Publication.
	<ul> <li>Explain importance of extension programmes for the betterment of QOL in rural areas and develop skills for effective communication</li> </ul>	5. Kalla, P. N., & Gakkhar, A. (2010). <i>New Dimension of Extension and Communication</i> . Jaipur: University Book House.
		6. Kalla, P.N., & Gakkhar, A. (2005). <i>Prasar Shiksha ke naye</i> <i>Aayam.</i> Jaipur: Hindi Granth Academy.
		7. Singh, V. (2005). <i>Food and Nutrition Science</i> (3rd ed.). Jaipur : Panchsheel Prakashan.
HSC212 Life Span Development	Learning outcomes: Upon completion of the course students will be	References:
	<ul> <li>able to:</li> <li>Understand important aspects of development during the whole life span</li> <li>Understand the issues faced and adjustments required at each stage across the life span</li> </ul>	<ol> <li>Cole, M., &amp; Cole, S. (1995). The Development of Children. New York, NY: Freeman &amp; Co.</li> <li>Craig, G. (1999). Human Development. New Jersey, NJ: Prentice Hall.</li> <li>Gupt, R. (1998). Matra Kala Shishu Palan avem Bal Vikas. Agra: Ratan Prakashan Mandir.</li> <li>Hurlock, E.B. (1978). Child Development (6th ed.). New York: McGraw Hill Ltd.</li> <li>Hurlock, E.B. (1980). Developmental Psychology – A life span Approach (5th ed.). New York, NY: Tata McGraw Hill Publishing Co. Ltd.</li> <li>Hurlock, E.B. (1990). Vikas Manovigyan. Pratham Khand/Dutiya Khand, Hindi Madhyam Karyanvay Nideshalaya, Delhi University Dwara Prakashit.</li> <li>Verma, P. &amp; Srivastava, D.N. (1996). Bal Manovigyan – Bal Vikas. Agra: Vinod Pustak Mandir.</li> </ol>
		<ul> <li>E-resources:</li> <li>Life Span Development</li> <li>www.pdfdrive.com/life-span-development-e33437743.html</li> </ul>

			Life-Span Human Development     www.pdfdrive.com/life-span-human-development-e58160481.html     Life-Span Human Development 7 <sup>th</sup> Edition     www.pdfdrive.com/life-span-human-development-7th-ed-e901075.html	
HSC	C308 Introduction to tiles	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Get basic knowledge about different fibers used in textile Industry, their physical and chemical characteristics and end use</li> <li>Identify different methods of yarn and fabric manufacturing and their characteristics and utility</li> <li>Analyze different techniques used to enrich the surface of fabric through dyeing and printing and finishing</li> <li>Discuss the use of different types of washing methods , equipments and different agents used in care and maintenance of fabric</li> <li>Evaluate different practices involved in Textile Industry and at household level</li> </ul>	References :         1.       Corbman, B. P. (1985). Textile Fibres to Fabric. New Delhi: Gregg Division - Mc. Graw Hill Inc.         2.       Dantyagi, S. (1967). Fundamentals of Textiles and Their Care. New Delhi: Orient Longman.         3.       Deolkar, D. (1971). Household Textiles and Laundry Work. New Delhi: Atmaram and sons.         4.       Hollen, N. & Saddler, J. (1964). Textile. (5th ed.). New York, NY: Mc. Millan Publishing Co.         5.       Joseph, L. M. (1986). Introductory Textile Science. America: Halt, Rinehart and Winston.         6.       Kadolph, S. J. & Langbord, A. L. (11th ed.). (2014). Textiles, New Jersy: Prentice - Hall Inc.         7.       Tortora, P.G. (1978). Understanding Textiles, New York, NY: Macmillan Publishing Company.	
and o	C312 L Textile care clothing struction Lab.	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Learn basic garment construction and embroidery skills</li> <li>Use learned skills in garment construction for different age groups and figure types</li> <li>Learn basic knitting stitches and their use for knitting different garments</li> <li>Apply theory in taking care of household textiles and garments</li> </ul>		

HSC305 Family	Learning outcomes:	References:
Dynamics and Parent	Upon completion of the course students will be	1. Bhushan V, & Sachdeva R. (1983). Introduction to Sociology.
Education	<ul> <li>able to:</li> <li>Gain information about importance, problems and adjustment in marriage life and family</li> <li>Attain knowledge about role of parents and their involvement for overall development of the child</li> <li>Get awareness about parent and community education for betterment of society</li> </ul>	<ol> <li>Brushah V, &amp; Sachdeva K. (1983). Introduction to Sociology. Allahabad: Kitab Mahal.</li> <li>Gupt R.B. (1996). Vikasatmak Manovigyan. Agra: Ratan Prakashan Mandir.</li> <li>Mukharjee, R.K. (1979). Indian Society. Jaipur, Chaura Rasta: College Book Centre.</li> <li>Rice F.P. (1983). Marriage and Family. Boston: Allyn &amp; Bacan.</li> <li>Schaefer, C.E., &amp; Millman, H.L. (1981). How to Help Children with Common Problems. New York, NY: New American Library.</li> <li>Tomar, R. B. (1976). Parivarik Samaj Shastra. Agra: Shree Ram Mehra &amp; Co.</li> </ol>
		E-resources:
		Building Stronger Marriages and Families
		https://www.pdfdrive.com/building-stronger-marriages-and-families- e22030924.html
		• Community Education as a Home for Family Support and Education Programs.
		https://www.pdfdrive.com/community-education-as-a-home-for-family- support-and-education-programs-e36264845.html
		Handbook of Parenting Volume 1 Children and Parenting
		https://www.pdfdrive.com/handbook-of-parenting-volume-1-children-and-parenting-e19245564.html
		Marriage and Family
		https://www.pdfdrive.com/marriage-and-family-e26425302.html
		Parenting With Love and Logic: Teaching Children     Responsibility
		https://www.pdfdrive.com/parenting-with-love-and-logic-teaching- children-responsibility-e60737122.html
		Principles of Marriage and Family Ethics
		https://www.pdfdrive.com/principles-of-marriage-and-family-ethics-

		e27057361.html
		The Conscious Parent: Transforming Ourselves, Empowering Our Children     https://www.pdfdrive.com/the-conscious-parent-transforming-ourselves- empowering-our-children-e60737120.html
 Family and Child	Learning outcomes:	Unit- I
Family and Child Welfare	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to <ul> <li>Get an insight into the family as a social system</li> <li>Understand about the family disharmony due to changing socio-economic conditions in the country.</li> <li>Gain an understanding of the needs and problems of children, youth, women, the aged and the family as a whole.</li> <li>Acquire knowledge about welfare services for family and children India</li> </ul> </li> </ul>	Unit-1  1. Changing pattern of family in India :  Structural and functional changes as result of modernization 2. Causes and effects of family disharmony 3. Implications of family changes: Female headed households, Single – parent families, Families with working women DINK families Unit- II  Problems and needs of families in specific situations Families affected by natural calamities – earthquake, flood, famine, Families affected by war, riots and terrorism. Families with chronically ill patients and disabilities Families with marital discord. Migrant families Families with adopted children Unit – II  1. Issue related to children. Unit – II  1. Issue related to children. Unit – II
		3. Children in conflict with self and others : emotional and psychological aspects

 1	
	Unit – IV         1. Situation of women in India : health , reproductive health and nutrition, education, employment, sexual harassment and domestic violence, role of conflict in women, marginalization of women – widows , divorced, deserted women , women with dependent children         2. Problems of adolescents and youth : substance abuse , unemployment , antisocial active         3. Specific problems of aging population : health and medical care, housing and family support and financial assistance
	Unit V         1.       Welfare programmes : meaning , need and status in India         2.       Different types of welfare programme pertaining to family in India:         >       Maternal and child help services         >       Institutional services for women and children in distress         >       Services for children with disabilities and youth         >       Services for aged
	References :
	<ol> <li>Augustine, J.S. (Ed) (1992) : The Indian family in transition, New Delhi : Vikas Publishing House, Unit I &amp; II (entire book)</li> <li>Bhatia, M.S. (1993) Ageing and Society, Udaipur: Arya's Book Centers. Unit IX. Chapter III to VIII, pp40-208</li> </ol>
	<ol> <li>Desai, K.G. (Ed.) (1988): Ageing in India, Bombay: Tata institute of Social Sciences. Unit IX (entire book)</li> <li>Desai, N. and Krishnaraj, M(1987) : Women and society in India, Delhi: Ajanta Publications, Unit IV (entire book).</li> <li>NIPCCD (1994): Child in India: A statistical profile, New Delhi NIPCCD</li> <li>Sinha, J.MP. (1989): Problems of Ageing, New Delhi : Classical Publishing company, Unit IX, Chapter V pp 63-98</li> <li>TISS (1991): Research in Families with problems in India, Volume I and II Bombay : TISS Unit V, Part IV pp147-187, 204-246, Vol II Part I, pp 269-289, 299-312</li> <li>UNICEF (1990) : Children and Women in India: A Situation Analysis Unit VI, VII.</li> <li>Choudhary D.P. (1985) : Child welfare development , Atma</li> </ol>

		10.       Acchpal, B and Verma, A (1988): Towards better Families : An intergrated approache to Family Life Education, Baroda
HSC307 Introduction to Clothing	Learning outcomes: Upon completion of the course students will be	References :
	<ul> <li>able to:</li> <li>Understand the basic essentials of clothing construction</li> <li>Assess the various steps involved in the process of garment making</li> <li>Gain the skills required for apparel construction</li> </ul>	<ol> <li>Bendell, P. &amp; Reader's Digest (1995). Complete guide to sewing. Montreal. Canada: Penguin printing trade Ltd.</li> <li>Doongaji, (2002). Basic processes of clothing construction. Delhi: Raaj Prakashan.</li> <li>Mc-Call's (1963). Sewing Book. New York: Random House, Inc.</li> <li>Smith, A. (1981). Sew simple : A step by step guide to dress making. Hutchinson, MA: English Sewing Ltd</li> </ol>
Fundamentals of Family Clothing	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course, the students will be able to:</li> <li>Describe the selection factors for fabrics and clothes of individuals of different age group.</li> <li>Understand specific property of fabric required for different types of garments.</li> <li>Elaborate various functions of clothing.</li> <li>Use different principles and elements of art while selecting or designing dress for different figure types.</li> </ul>	<ul> <li>Unit I Selection of fabric for different garments. Garment type and their selection- outer garments and under garments. Readymade and home made garments.</li> <li>Unit II Family clothing decisions- steps and factors. Family wardrobe principles- community, budget, occasion, climate, occupation, interest, size, composition of the family, fashion, quality and accessories.</li> <li>Unit III Body measurements and proportion, figure types. Principles and elements of art in clothing design. Preparation of fabric for garment cutting. Layout types and cutting of the fabric.</li> <li>Unit IV Sociological, physical and psychological aspect of clothing. Factors influencing consumption of textiles</li> <li>Unit V Children's clothes: selection of fabrics, design, colour for children garments according to age. Clothing for adolescence, middle age and old age.</li> <li>References: <ul> <li>Tate, M.T. and Glisson, O. (1967). Family clothing. New York: John Wiley and Sons.</li> <li>Lewis, D.S. &amp; Bowers, M.G. (1960). Clothing construction and wardrobe planning. New York: Macmillan Book Company.</li> <li>Wingate, Isabel B. (1965). Textile Fabrics and Their Selection. London: Prentice-Hall, INC.</li> <li>Alexander (1972). Textile Products, Selection, Use and Care. London: Miffen Co.</li> <li>Frings, G.S. (1999). Fashion from concept to Consumer. New Jersey: Prentice Hall.</li> </ul></li></ul>

## Name of the programme : B.sc. (Home Science )

#### HOME SCIENCE PROGRAMME

The quality of life of society and the family determines positive functioning. Home Science has a vital role to play in increasing the capacity of the family and the community. At Banasthali Vidyapith, the faculty of Home Science strives to work dedicatedly towards women's empowerment through socially-relevant, holistic, interdisciplinary education, in keeping with its unique philosophy of Panchmukhi Shiksha (Five fold education). Home Science curriculum is offered in a composite form as per the development trends incorporating multi-disciplinary skills, linking the general studies with professional courses integrating theory and practice, and flexibility to the credit based system to meet the challenges in Indian ethos and global context. The curriculum is continually innovated to make it globally valuable, locally relevant and responsive to the changing times and needs. The course sensitizes students to the needs of others, especially of those less advantaged, and fosters a service orientation. The faculty also aims to contribute to the national and international knowledge base in Home Science and allied fields. Due emphasis has always been given to the skill development and enhancement in the students. The degrees offered by the faculty include B.Sc. (Home Science) and M.Sc. (Home Science) in Food Science and Nutrition, Human Development and Clothing and Textile. PhD is awarded in all the five branches of Home Science. Home Science is also offered as a subject in B. A. programme.

#### **Program Educational objectives:**

Objectives of the Home Science programme are

- To acquaint students with interdisciplinary nature of Home Science as an integrated body of knowledge, all interwoven to enhance the quality of life, and multidisciplinary nature of subjects dealing with art and science of living
- To provide education through integrated approach of combining theory, practical, and field work emphasizing gender neutral, family focus, region specific and career perspective
- To prepare students to become actively involved in local and regional professional service activities which allow continuous initiative for empowering the individual, family and community
- To inculcate scientific thinking to undertake research projects of national and international recognition and publish multidisciplinary papers

#### **Programme Outcomes:**

**PO1 Knowledge** – Have knowledge and holistic understanding of the core courses related to Home Science including Human Development, Foods and Nutrition, Clothing and Textile, Human Management, Extension Education and Communication; and basic courses

associated with discipline of Home Science, including Social Sciences, Biological sciences, Physical sciences, Technology and Management.

**PO2 Planning Abilities**- Apply skills in designing, implementing, monitoring and evaluating programmes effectively for individuals, family, community, and for vulnerable groups of society.

**PO3 Problem Analysis-** Solve problems concerning home ,family , and society for ensured physical and mental health in the changing socio-economic scenario viz. dietary problems, behavioral problems, clothing problems, social problems by applying scientific methods ; through critical thinking, assessing, analyzing, finding appropriate solutions and taking decisions

**PO4** Modern Tool Usage- ability to select and use appropriate methods and procedures; tools and equipments; raw materials and other resources for knowledge, skill enhancement, designing and creation of new products, assessment and evaluation

**PO5** Leadership Skills- apply leadership skills; inspiring, taking responsibility, delegating tasks while working in a team, communicating with other teams, providing guidance to lesser skilled in various settings be it family, industry or institutions or carrying out research projects

**PO6 Professional Identity**- Take various professional roles in industries, govt./non-govt. organizations, institutes as educators, entrepreneurs, counselors, social workers, consultants, designers, researchers and exhibit competencies & skills

**PO7** Ethics- Apply ethical practices while data collection, and conducting experiments ; involving human beings as well as animals, delivering professional responsibilities

**PO8 Communication**- Use soft skills for clear , accurate, unambiguous effective communication using verbal and non-verbal skills at inter / intra personal and professional level

**PO9 Home Science and Society**- Apply knowledge and competencies developed as graduates to impart knowledge, identify, analyze and address family and societal issues to improve quality of life of individual, family and society as a whole, also covering marginalized and vulnerable groups of society.

**PO10 Environment and Sustainability**- Critically evaluate impact of household and industrial practices on environment. Appreciate use of sustainable practices for improved physical, emotional, social, psychological environment at micro / macro level

**PO11 Life Long learning** – ability to reason out, learn and improve oneself in the changing dynamic scenario by strengthening the strength and weakening of weaknesses for sustainable developmental needs , technological changes, career requirements and new avenues.

**PO12 Project-** Provide opportunity to students to get acquainted with innovative projects and develop skills to plan and undertake intervention projects.

# Program specific outcomes:

Upon graduation the students will be able to

- Apply academic knowledge for commercial application with an entrepreneurial base
- Transfer knowledge from class room to laboratory and from laboratory to field
- Extend their competencies and work to the community and vulnerable group thus leading to social and economic development
- Apply multiple investigative skills with a spirit of inquiry for a wider options to choose from higher studies to variety of career options

# **Programme Scheme:**

# **B.Sc. (Home Science)**

#### Semester : I

Existing					
Course	Course Name	L	Т	Р	С
Code					
BVF 004	Modern English Language	2	0	0	2
BVF 003	Indian Heritage	2	0	0	2
HSC 111	Introduction to Home	4	0	0	4
	Science				
HSC 106	Fundamentals of Bio-	4	0	0	4
	Chemistry and Microbiology				
HSC	Fundamentals of Bio-	0	0	2	1
106L	Chemistry and				
	Microbiology-				
HSC 103	Elementary Human	4	0	0	4
	Physiology				
HSC	Elementary Human	0	0	2	1
103L	Physiology				
HSC 112	Introduction to Human	4	0	0	4
	Development				
HSC 114	Textiles and Their Care	4	0	0	4
HSC	Textiles and Their Care	0	0	4	2
114L					
	Total	24	0	8	28

	Proposed				
Course Code	Course Name	L	Т	Р	С
	General English	2	0	0	2
	Indian Cultural Heritage	2	0	0	2
HSC 103 / 103L	Elementary Human Physiology	4	0	2	5
HSC 106 / 106L	Fundamentals of Bio- Chemistry and Microbiology	4	0	2	5
HSC 111	Introduction to Home Science	4	0	0	4
HSC 112	Introduction to Human Development	4	0	0	4
HSC 114 / 114L	Textiles and Their Care	4	0	4	6
	Total	24		8	28

#### Semester : II

Existing					
Course Code	Course Name	L	Т	Р	С
BVF 005	Modern Hindi Language	2	0	0	2
BVF 002	Environment Studies	2	0	0	2
HSC 110	Introduction to Extension Education	4	0	0	4
HSC 104	Elements of Food Science	4	0	0	4
HSC 104L	Elements of Food Science	0	0	4	2
HSC 113	Life Span Development -I (Prenatal to Early Childhood)	4	0	0	4
HSC 109	Interior Designing and Decoration	4	0	0	4
HSC 109L	Interior Designing and Decoration	0	0	4	2
HSC 105	Fabric Construction	4	0	0	4
	Total	24	0	8	28

Proposed					
Course Code	Course Name	L	Т	Р	С
	General Hindi	2	0	0	2
BVF 002	Environment Studies	2	0	0	2
HSC 104 / 104L	Elements of Food Science	4	0	4	6
HSC 105	Fabric Construction	4	0	0	4
HSC 109 / 109L	Interior Designing and Decoration	4	0	4	6
HSC 110	Introduction to Extension Education	4	0	0	4
HSC 113	Life Span Development -I (Prenatal to Early Childhood)	4	0	0	4
	Total	24	0	8	28

# Semester : III

	Existing				
Course Code	Course Name	L	Т	Р	С
BVF 007R	Selected Writing for Self Study- I	2	0	0	2
BVF 001	Elements of Management	3	0	0	3
HSC 206	Food Preservation and Protection	4	0	0	4
HSC 209	Human Nutrition and Meal Planning	4	0	0	4
HSC 209L	Human Nutrition and Meal Planning- Laboratory	0	0	4	2
HSC 211	Introduction to Resource Management	4	0	0	4
HSC 207	Fundamentals of Clothing Construction	4	0	0	4
HSC207L	Fundamentals of Clothing Construction-	0	0	4	2
HSC 213	Life Span Development- II ( Middle Childhood to Old Age)	4	0	0	4
	Total	25	0	8	29

Proposed							
Course Code	Course Name	L	Т	Р	С		
BVF 006	Parenthood and Family Relation	2	0	0	2		
	Elective Foundation Course - I	2	0	0	2		
HSC 206	Food Preservation and Protection	4	0	0	4		
HSC 207 / 207L	Fundamentals of Clothing Construction	4	0	4	6		
HSC 209 / 209L	Human Nutrition and Meal Planning	4	0	4	6		
HSC 211	Introduction to Resource Management	4	0	0	4		
HSC 213	Life Span Development- II ( Middle Childhood to Old Age)	4	0	0	4		
	Total	24	0	8	28		

#### Semester : IV

Existing							
Course	Course Name	L	Т	Р	С		
Code							
BVF	Selected Writing for Self	2	0	0	2		
008R	Study- II						
BVF 009	Women in Indian Society	3	0	0	3		
HSC 214	Nutrition for Vulnerable Groups	4	0	0	4		
HSC 201	Communication Process	4	0	0	4		
HSC	Communication Process-	0	0	4	2		
201L	Laboratory						
HSC 202	Family Clothing	4	0	0	4		
HSC 202L	Family Clothing- Laboratory	0	0	4	2		
HSC 203	Family Dynamics	3	0	0	3		
*HSC	Family Dynamics-	0	0	2	1		
203L	Laboratory						
HSC 208	Guiding Child Behaviour	3	0	0	3		
*HSC	Guiding Child Behaviour-	0	0	2	1		
208L	Laboratory						
	Total	23	0	12	29		

Proposed							
Course	Course Name	L	Т	Р	С		
Code							
	Women in Indian Society	2	0	0	2		
BVF 009		2	0	0	2		
	Elective Foundation Course -	2	0	0	2		
	II	2	0	0	2		
HSC 201	Communication Process	4	0	4	6		
201L							
HSC 202 /	Family Clothing	4	0	4	6		
202L							
HSC 203 /	Family Dynamics	3	0	2	4		
203L							
HSC 208 /	Guiding Child Behaviour	3	0	2	4		
208L							
HSC 214	Nutrition for Vulnerable	4	0	0	4		
	Groups						
	Total	22	0	12	28		
			5				

 $\ast Common \ practical \ examination \ for \ HSC \ 203L \ and \ HSC \ 208L.$ 

#### Semester : V

Existing							
Course Code	Course Name	L	Т	Р	С		
	Vocational Elective - I	2	0	0	2		
HSC301	Assessment of Nutritional Status	4	0	0	4		
HSC301 L	Assessment of Nutritional Status	0	0	4	2		
HSC303	Dyeing, Printing and Finishing	3	0	0	3		
HSC309	Introduction to work Study	4	0	0	4		
HSC310	Methods and Material for child Study	4	0	0	4		
HSC310 L	Methods and Material for child Study	0	0	4	2		
HSC313	Textile Designing	3	0	0	3		
HSC315 L	Surface Ornamentation techniques for textile	0	0	4	2		

Proposed							
Course Code	Course Name	L	Т	Р	С		
	Vocational Course - I	2	0	0	2		
	Selected Writings of Great Authors - I	2	0	0	2		
HSC301 / 301L	Assessment of Nutritional Status	4	0	4	6		
HSC303	Dyeing, Printing and Finishing	3	0	0	3		
HSC313	Textile Designing	3	0	0	3		
HSC315 L	Surface Ornamentation Techniques for Textile Lab	0	0	4	2		
HSC310 /310 L	Methods and Material for child Study		0	4	6		
	Discipline Elective I	4	0	0	4		
	Total	22	0	12	28		

#### Semester: VI

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Existing							
Course Code	Course Name	L	Т	Р	С		
	Vocational Elective - II	2	0	0	2		
HSC302	Diet Therapy	4	0	0	4		
HSC302L	Diet Therapy 0 0 2						
HSC304	Early Childhood 4 0 0						
HSC304L	Early Childhood Education	0	0	4	2		
HSC306	Fashion Dynamics & illustration	3	0	0	3		
HSC306 L	Fashion Dynamics & illustration	0	0	4	2		
HSC311	Nutritional Biochemistry	4	0	0	4		
HSC311L	Nutritional Biochemistry	0	0	2	1		
HSC314	Welfare Programmes	3	0	0	3		
	Total	20	0	12	26		

Proposed								
Course	Course Name	L	Т	Р	С			
Code								
	Vocational Course - II	2	0	0	2			
	Elective Foundation	2	0	0	2			
	Course - III							
HSC 302/	Diet Therapy	4	0	2	5			
302L								
HSC304	Early Childhood	4	0	4	6			
/304L	Education							
HSC306/	Fashion Dynamics &	3	0	4	5			
306L	Illustration							
HSC314	Welfare Programmes	3	0	0	3			
	Discipline Elective II	4	0	2	5			
	Total	22	0	12	28			

 $\ast Common \ practical \ examination \ for \ HSC \ 302L \ and \ HSC \ 311L.$ 

	List of Discipline Electives				
Course code	Course Name	L	Т	Р	С
HSC309	Introduction to work Study	4	0	0	4
	Behaviour Change Communication (Newly Introduced)	4	0	0	4
	Community Health Management(Newly Introduced)	4	0	0	4
HSC311/HSC311L	Nutritional Biochemistry	4	0	2	5
/	Ergonomics and Space Management(Newly Introduced)	4	0	2	5
Programme Planning and Management(Newly / Introduced)		4	0	2	5

### \* L - Lecture hrs/week; T - Tutorial hrs/week;

P - Project/Practical/Lab/All other non-classroom academic activities, etc. hrs/week; C - Credit Points of the Course Details : (See annexure II b)

Course

### Annexure II b

S. N0.	Course/ List	Learning Outcome	Existing Syllabus	Suggested Syllabus	Remarks
1	HSC 103/ HSC 103 L Elementary Human Physiology	Upon completion of the course students will be able to: • Describe the functioning of various body organs and integrated functioning of all systems in human body • Examine some basic parameters of human fitness • Apply the knowledge of First Aid in different situations	Unit II (a) Digestive system- Organs of digestive system and their physiology; Role of enzymes in digestion of carbohydrate, protein and fat (b) Excretory System-Organs of excretory system, <del>structure of kidney</del> , formation of urine and its composition	(a) Digestive system- Organs of digestive system and their physiology;IRole of enzymes in digestion of carbohydrate, protein and fatI	Structure of kidney is a part of organs of excretory system
				Health and Illness (12th ed.). New York; Churchill Livingstone, Elsevier.	
				E resources <ul> <li>Diagram of human body organs -</li> </ul>	
				https://in.pinterest.com/pin/429390145695727907/	

## Name of the Programme : B.Sc. ( Home Science)

				• The human body: Anatomy ,facts and functions https://www.livescience.com/37009-human-body.html	
HSC 106 /HSC 106L Fundamentals of Bio - Chemistry and Microbiology	Upon completion of the course students will be able to: • Analyze principles of Biochemistry (as applicable to human nutrition) • Explain chemistry and functions of major nutrients in human body • Discuss nature and role of microbiology • Apply and practice learned information in qualitative analysis of major nutrients, micro organisms in food	Unit I Lipids: Unit II Unit III	Introduction and scope of Biochemistry, organic ehemistry as related to biochemistry - functional groups - alcohol, aldehyde, ether, esters, amine, and carboxylic group (Examples from Biochemistry). Carbohydrate: Classification and Nomenclature, chemical structure, properties and functions of mono, di and polysaccharides, colour reactions of Carbohydrates. Classification, structure, properties and functions of fatty acids, triglycerides, sterols and phospholipids. Amino Acids: Properties, structures, classification and functions of essential amino acid Proteins: Classification, structure and fundamental properties of proteins and Functions of Proteins. Vitamins and Minerals: Elementary idea about chemistry and functions of vitamins A, D, E, K, vitamin B complex (Thiamine, Riboflavin, Niacin, Pyridoxine, Biotin, Folic acid, vitamin B12) and Vitamin C	<ul> <li>Unit –I Introduction of Biochemistry</li> <li>Introduction to organic functional groups with examples from biochemistry – alcohol, aldehyde, ether, ester, amine and carboxylic groups</li> <li>Carbohydrate:</li> <li>Classification and nomenclature, chemical structure and functions of mono, di &amp; polysaccharides</li> <li>Carbohydrates as sweeteners</li> <li>Lipids : Chemical structures and functions of lipids</li> <li>Unit II Amino Acids : Classification, structure and functions of Essential Amino Acids</li> <li>Proteins : Classification , structure and functions</li> <li>Unit III Vitamins and Minerals:</li> <li>Chemical names and functions of Fat soluble and Water soluble vitamins - A, D, E and K, Vitamin B Complex (Thiamin , Riboflavin, Niacin, Pyridoxine, Biotin, Folic Acid, Vitamin B<sub>12</sub>) and vitamin C (only Basic information)</li> </ul>	content has been rewritten to make it more concise

	E		ary idea about major elements	Minerals and trace elements (Macro and Micro Minerals) : Calcium,
		and ti	race elements and their	Phosphorus, Magnesium, Sodium, Chloride, Iron, Iodine, Zinc and
		funct	ions (Calcium, Phosphorus,	Selenium
		Iron,	Iodine, Zinc, Magnesium,	
		Sodiu	um and Chlorine)	Unit IV Introduction to microorganisms:
	Unit IV	A.	Microorganisms -	basic structure of bacteria, virus and fungi (only elementary idea) and
			Classification (Elementary	general characteristics
			idea) and their general	
			characteristics.	Benefits and hazards of Microorganisms
		В.	Microorganisms: Benefits	
			and hazards ( a brief	Introduction to Microorganisms found in air and water
			discussion)	č
		C.	Introductory account of Air	
			and water Microbiology.	
	Unit V	A. Int	fection: Kinds of	Unit V Concept of infectious diseases and their mode of transfer
	infectiou	s diseas	es - mode of transfer of	
	infection			Resistance – Natural résistance (the first line of defense and second line
		В.	Resistance - Natural	of defense)
			resistance (the first line of	
			defense, the second line of	
			defense).	
		C.	Immunity - types of	Immunity - Definitions of innate, acquired, active and passive immunity
		с.	immunity, an introduction to	minute, Definitions of minute, acquired, active and passive minutinty
			antigens and antibodies,	Concept of immunization,
			Prophylactic measures	Immunization,
			(Antiserum and vaccines)	Importance of cold chain vaccine management

HSC 111 Introduction to	Learning outcomes:	Referen	10051	
Home Science	Upon completion of the course students will be		Aggarwal, J. C. (2004). <i>Educational Psychology</i> . New Delhi:	
Home Science	1 1	1.		
	able to:		Vikas Publishing House Pvt. Ltd.	
	• Discuss concept, , historical background and	 2.	Bansal, I.& Kumari, C. (2009). Home Science: An	
	relationship between Home Science with		Introduction. Banasthali: Navjeevan Press.	
	foundation and supportive courses	3.	Bhushan, B. & Sachdeva, R. (1983). Sociology. , Allahabad:	
	Explain the scope of different areas of Home		Kitab Mehal.	
	Science	4.	Chandra, A. (1978). Introduction to Home Science. New	
	<ul> <li>Utilize information in designing and</li> </ul>		Delhi: Metropolitan Book Company, Ltd.	
	developing skills needed for further	5.	Chauhan, S.S. (1983). Advanced Educational Psychology.	
	specialization and entrepreneurship		(5th ed.). Agra: Vikas Publishing House, Pvt. Ltd.	
		6.	Devdas, R.P. (1978). Methods of Teaching Home Science.	
			New Delhi: NCERT.	
		7.	Devdas, R.P. (1978). The meaning of Home science. New	
			Delhi: NCERT.	
		8.	Khanka, S.S.(1999). Entrepreneurial Development. New	
			Delhi: S. Chand and Company, Ltd.	
		9.	Sharma, K.R. (2007). Fundamental of Sociology .Chennai:	
		<i>)</i> .	Atlantic Publishers.	
		10.	Verma, S. & Deshpandey, A. (1997). <i>Parivarik Vitt.</i> Shri	
		10.		
			Saraswati Sadan Mansuri, New Delhi: Hindi Granth	
			Academy.	
		11.	Vidyalankar, S. (1976). Samajshastra. Jaipur: Hindi Granth	
			Academy.	

HSC 112 Introduction to Human Development	Upon completion of the course students will be able to:	Reference Book :         1.       Gupt, Ram Babu (1996). Vikasatmak Monovigyan. Agra:	
	<ul> <li>Discuss concept and various aspects of Human Development</li> <li>Explain growth and development of children</li> <li>Appraise concern and issues related to parenting and development aspects</li> <li>Relate theories to developmental aspects</li> </ul>	 <ol> <li>Ratan Prakashan Mandir</li> <li>Hurlock, Elizabeth B. (1984). Bal Manovigyan (6th ed.). New Delhi : Tata Mc Graw Hill.</li> <li>Hurlock, Elizabeth B. (1978). Child Development (6th ed.). New Delhi: Mc Graw Hill Publishers Ltd.</li> <li>Mussen, P., Conger J.J., Kagan J. and Haston AC (1990). Child Development and Personality. New York: Harper &amp; Raw.</li> </ol>	
HSC 114/HSC 114LTextiles and Their Care	Learning outcomes: Upon completion of the course students will be able to • Select and evaluate textile material critically for the specific end use. • Differentiate among various types of fiber, yarns and fabrics that would meet the requirement of garment and textile industries. • Use various types of materials, reagents, equipments and processes involved in care of textiles. • Demonstrate good base knowledge for higher degree program	<ul> <li>References : <ol> <li>Corbman, B.P. (1983). Textiles: Fiber to Fabric (6<sup>th</sup> ed.). New York: McGraw Hill Publication.</li> <li>Dantyagi, S. (2006). Fundamentals of Textiles and their Care (5<sup>th</sup> ed.). Delhi: Orient Longman private ltd.</li> <li>Deulkar, D. (1982). Household textiles and Laundry Work. Delhi: Atma ram and Sons.</li> <li>Gohl, E. P. G. &amp; Vilensky, L. D. (1981). Textiles-for modern living. Melbourne: Longman Cheshire.</li> <li>Hollen, N. &amp; Saddler, J. (1979). Textiles (5th ed.). New York: MacMillan Publishing Co.</li> <li>Joseph, M. L. (1986). Introductory Textile Science. New York: Holt, Rinehart and Winston.</li> <li>Tortora, G. P. (1978). Understanding Textiles. New York: MacMillan publishing Co.</li> </ol> E-resources <ol> <li>Textile fibers classification https://www.textileschool.com/2782/comprehensive-list-oftextile-fibers/</li> <li>Fancy yarns https://nptel.ac.in/courses/116102038/42</li> </ol> </li> </ul>	

		3. 4. 5. 6.	Handbook of textile fibers https://www.scribd.com/doc/23984852/Handbook-of-Textil- Fibers Textile fibers: Classification and properties pdf http://bieap.gov.in/Pdf/CGTPaperII.pdf Textile science book http://cbseacademic.nic.in/web_material/Curriculum/Vocation al/2018/Textile%20DesignT&P_XI_829.pdf Textile fibers, dyes, finishes and processes https://www.scribd.com/document/25717442/Textile-Fibers- Dyes-Finishes-and-Processes	
HSC 104 / HSC 104 L Elements of Food	Learning outcomes: Upon completion of the course students will be	Reference 1.	es : Mudambi, S., Shalini R.S.& Raw, M. (2007). Food Science,	
Science	<ul> <li>Explain the chemistry underlying the properties of various food components</li> <li>Explain functions of food and identify good sources of nutrients</li> <li>Know the basic concept of food science</li> <li>Apply the various methods of cooking in daily life</li> <li>To make informed judgments in use of different commodities in various food preparations</li> </ul>	2. 3. 4.	New Delhi: Wiley East limited, Shadak, S.M.&Manay, N.S. (1996). Food Facts & Principles, Wiley Eastern Ltd. New Delhi. Srilakshmi, B. (1996) .Food Science, New age international Pvt.Ltd. New Delhi. Swaminathan, M. (1987). Food Science Chemistry and Experimental Foods .The Bangalore Printing and publishing Co. ltd. Bangalore.	

HSC 105 Fabric	Learning outcomes:	References:
Construction	Upon completion the course students will be	1. Blinov, I. and Belay, S. (1988): Design of Woven Fabrics.
	able to:	Moscow: Mir Publishers
	Know different yarn manufacturing	2. Corbman, B. P. (1985). <i>Textile Fibres to Fabric</i> . New Delhi:
	process and their effect on	Gregg Division - Mc. Graw Hill Inc.
	properties	3. Grosicki, Z. J. and Watson. (1988). Textile Design and
	Understand and relate various fabric	Colour, London: Newness, Butterworth
	construction methods with	4. Hall, A. J. (1975). The Standard Hand Book of Textiles.
	properties and end use	London: Newness, Butterworth
	Describe preparatory processes for	5. Hollen, N. and Saddler, J. (1964). <i>Textile</i> . 5 <sup>th</sup> ed. New York,
	weaving and develop concept of	Mc. Millan Publishing Co.
	color and weave effects	6. Kadolph, S. J. and Langbord, A. L. (2014). <i>Textiles</i> , 11 <sup>th</sup> ed.
	• Explain different simple and	New Jersey: Prentice - Hall Inc.
	compound weaves	7. Tortora, P.G., (1978). Understanding Textiles, New York:
		Macmillan Publishing Company
		E- resources :
		Fabric Construction,
		http://download.nos.org/srsec321newE/321-E-Lesson-24.pdf
		• Yarn and classification,
		http://cms.gcg11.ac.in/attachments/article/87/CLASSIFICATI
		ON%20OF%20YARN.pdf

HSC 109/ HSC 10	9 L Learning outcomes:	References:
Interior Designing	and Upon completion of the course students will be	1. Faulkner and Faulkner (1977). Inside Today's Home. (4 <sup>th</sup>
Decoration	able to:	ed.).New York: Reinhart & Winston
	<ul> <li>Compare and relate objects in terms of their aesthetic potentials</li> <li>Analyze factors that create beauty and eloquence in different types of interiors</li> <li>Synthesize elements of art based on principles of design in order to achieve the objectives of design and decoration</li> </ul>	<ul> <li>Kurtz, D. (1987). Visual imagination: An introduction to Art. New Jersey: Prentice Hall Inc. Engle Wood Cliffs</li> <li>Sardana, S.C. (2001). Vaastu Shastra. New Delhi: New Allied Publishers</li> <li>Sutton &amp; Whelan (2004). The Complete Color Harmony. USA: Rockport Publishers Inc.</li> <li>E- resources</li> <li>Elements and Principles of Art Design https://study.com/academy/lesson/elements-and-principles-of-art- design.html</li> <li>Basic Elements of Design https://creativemarket.com/blog/10-basic-elements-of-design</li> <li>Using Illusions in Interior Designing http://www.hamstech.com/blog/using-illusions-in-interior-designing</li> <li>Vaastu http://www.vaastuinternational.com</li> </ul>
HSC 110 Introduc		References:
to Extension Educa	I I I I I I I I I I I I I I I I I I I	1. Chauhan, J. (1996). Prasar Shiksha Aur Soochana Tantra.
	able to:	Agra: Isha Publication.
	<ul> <li>Understand meaning, philosophy and principles of Extension</li> </ul>	2. Dahama, O.P., & Bhatnagar, O.P. (2010). Education and Communication for Development. New Delhi: Oxford and I
	Education and its role in national	BH Publishing Co., Pvt. Ltd.
	development	3. Dubey, V.K., & Bishnoi, I. (2008). <i>Extension Education and</i>
	• Explain Extension models in	Communication. New Delhi: New age International Publishers.
	practice and their scope in	4. Jalihal, K. (2007). Fundamentals of Extension Education and
	facilitating development	Management in Education. New Delhi: Concept Publishing
	• Design plan of work for need based	Company
	program	5. Kalla, P.N., & Gakkhar, A. (2005). Prasar Shiksha Ke Naye

	• Ready to be part of various	
	developmental programs	6. Kalla, P.N., & Gakkhar, A. (2010). New Dimension of
		Extension and Communication. Jaipur: University Book House.
		7. Maximun, N. (2006). Understanding Extension Education.
		New Delhi: Gyan Publishing House
		8. Mohanty, S.R. (2017). Home Science Extension Education and
		Rural Development. Germany: Anchor Academic Publishing.
		9. Rajsingh, A., & Saxena, A. (2008). Prasar Siksha me
		Sampreshan va Nirdesh Takneek. Jaipur: University Book
		House, Pvt. Ltd.
		10. Sandhu, A.S. (1993). Text book on Agricultural
		Communication : Process and Methods. Calcutta: Oxford and
		IBH Publishing Co. Pvt. Ltd.
		11. Sharma, O.P. (2013). Programme Planning and Participatory
		approaches in Extension. Udaipur: Agrotech Publishing
		Academy.
		12. Singh, U., & Nayak, A. (2007). Extension Education., New
		Delhi: Commonwealth Publishers. ISBN 817169442.
		13. Supe, S.V. (2005). An Introduction to Extension Education.
		Oxford & IBH Publishing Co. Pvt. Ltd.
		14. Vaghmare, S.K.(1980). Teaching Extension Education.
		Vallabhvidyanagar Gujarat: Prashant Publishers.
•	•	

HSC 113 Life Span	Learning outcomes:	References :	
Development -I	Upon completion of the course students will be		
(Prenatal to early	able to:	1. Berk, L.E. (1996). <i>Child Development</i> . New Delhi: Prentice	
childhood years)	• Understand various aspects of	Hall.	
	development from prenatal to early	2. Cole, M., & Cole, S. (1995). The Development of Children.	
	childhood years	NY: Freeman & Co.	
	• Assess the issues faced and	3. Hurlock, E.B. (1978). Child Development (6th ed.). New	
	adjustments required during these	York: Tata McGraw Hill Publishing Company Limited.	
	years	4. Hurlock, E.B. (1980). Developmental Psychology - A Life	
		Span Approach (5th ed.). New York: Tata McGraw Hill	
		Publishing Company Limited.	
		5. Rice, F.P. (1965). Human Development – A Life Span	
		Approach. New Jersey, NJ: Prentice Hall.	
		6. Santrock, J.W. (2008). <i>Life Span Development</i> . New Delhi:	
		Tata McGraw Hill Companies Pvt. Ltd.	
		E-resources:	
		Early childhood development and cognitive development	
		https://www.pdfdrive.com/early-childhood-development-and-cognitive-	
		development-e63805631.html	
		• Early childhood development and cognitive development in	
		developing countries	
		https://www.pdfdrive.com/early-childhood-development-and-cognitive-	
		development-in-developing-countries-e124334421.html	
		Effects of Prenatal Stress and Poverty on Fetal Growth	
		https://www.pdfdrive.com/effects-of-prenatal-stress-and-poverty-on-	
		fetal-growth-e21046301.html	
		• Influence of prenatal stress and postnatal maternal behaviour	
		on child temperament and coping with stress	
		https://www.pdfdrive.com/influence-of-prenatal-stress-and-postnatal-	
		maternal-behaviour-on-child-temperament-and-coping-d57252917.html	
		Prenatal Book	

		https://www.pdfdrive.com/prenatal-book-e35457151.html <ul> <li>Prenatal maternal stress and child motor development</li> <li>https://www.pdfdrive.com/prenatal-maternal-stress-and-child-motor-development-1-understanding-the-d53948640.html</li> <li>Prenatal, Perinatal &amp; Postnatal Aspects</li> <li>https://www.pdfdrive.com/prenatal-perinatal-postnatal-aspects-e54138046.html</li> </ul>
Preservation and Protection	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Identify and describe causes, principles and methods of food preservation</li> <li>Describe personal hygiene requirements for food handlers for preparing food safely.</li> </ul>	 <ol> <li>Desrosier, N.W.(1977). Elements of food Technology. Connecticut USA: AVI Publishing Co.</li> <li>Frazier, W.C., Westhoff D.C.(2014). Food Microbiology. New York :Mc Graw Hill Book Company.</li> <li>Gould, G.W.(1994). New Methods of food Preservation. London : Black lie Academic and Professional.</li> <li>Swaminathan, M. (1987) Food Science Chemistry and experimental foods. Bangalore : The Bangalore Printing and Publicing Co. Ltd.</li> </ol>
	• Know the principles and objectives of various food laws, standards and authority required for safe food marketing.	Publishing Co. Ltd.

F	ISC 207 / HSC 207 L Fundamentals of Clothing Construction	<ul> <li>Learning outcomes: Upon completion of the course students will be able to:</li> <li>Understand basic essentials of clothing construction and process of garment making</li> <li>Use acquired garment construction skills for different age groups and figure types</li> </ul>	HSC207 Fundamentals of Clothing Construction	<ol> <li>References :         <ol> <li>Ajgaonkar, D.B.(1998). Knitting Technology. Mumbai : Universal Publication Corp.</li> <li>Doongaji.(2002). Basic Processes of Clothing Construction. Delhi : RaajPrakashan.</li> <li>Lewis, D.S. (1960). Clothing Construction and Wardrobe Planning. New York : The Macmillan Company.</li> <li>Mazumdar,L. and Vatsala, R.(2004). Text book of Fundamentals of Clothing Construction. New Delhi : Indian Council of Agricultural Research.</li> <li>Mullick, P. (2002). Garment Construction Skills. New Delhi : Kalyani Publishers.</li> </ol> </li> </ol>	
			<ul> <li>HSC207L Fundamentals of Clothing Construction Lab.</li> <li>Hand and Machine stitches, Basic embroidery stitches, seams and seam finishes, Disposal of fullness, Plackets and fastener, Yokes, Sleeves, Pockets, Trimmings, Knitting Patterns.</li> <li>Stitching of Apron, Sari Petticoat, <u>Sari</u> <u>blouse</u></li> <li>Collars, Baby Layette, Romper•Mending.</li> </ul>	Syllabus:         • Hand Stitches- Running, basting, back, buttonhole, hemming, overcasting, ,picko.         • Machine Stiches/seams – Plain and it's finishing, french, lapped, run and fell, decorative seams- slot, piped.         • Disposal of fullness- darts, pleats, tucks, gathers, smoking, shirring.         • Pockets- patch, inseam,welt.         • Plackets and fasteners.         • Trimmings, mending,         • Sleeves- plain, cap, flared, gathered, puffed,.         • Collar – baby, cape, Chinese / mandarian/stand/, peterpan, sailor, shirt         • Yokes- straight, round, V shape, U shape.         • Stitching of apron and petticoat         • Embroideries- blanket, buttonhole, bullion knot, chain,	Content has been elaborated to make it clear and unambiguous and to avoid repetition (deleted part is already in the syllabus of family clothing HSC202L)

			couching, french knot, fly, feather, herringbone, lazy daisy, running, stem, satin Knitting patterns	
HSC 209 / HS	SC 209 L I	Learning outcomes:	References:	
Human Nutri	ition & U	Upon completion of the course students will be	1. Khanna, K, Gupta S, Mahna R, Puri S, Seth R. and Passi	
Meal Plannin	g	able to:	S.J.(1997). Text book of Nutrition & Dietetics. New Delhi:	
	•	• To describe the functions and	 Phoenix Publishing House Pvt. Ltd.	
		sources of nutrients	2. Mudambi, S.R. (2007). Fundamental of foods, Nutrition and	
	•	• Assess the dietary requirement of	Diet Therapy. Delhi: New age international (P) Ltd	
		various nutrients and effects of	3. Robinson, C.H. (1986). Normal and Therapeutic	
		deficiencies and excesses.	Nutrition(17th ed.). New York: McMillan Publishing	
	•	• Apply the knowledge in planning	Company.	
		and preparation of meals of	4. Sharma, S. (2000). <i>Human Nutrition and Meal Planning</i> . New	
		improved nutritional quality for	Delhi : Jnanda Publishers.	
		different groups	5. Srilakshmi , B. (2004). Nutrition Science. New Delhi : New	
	•	• Evaluate acceptability and serving	Age, International (P) Limited.	
		of food.	E resources:	
			Classification of food, balanced diet	
			https://www.slideshare.net/JasminaSangani/meal-planning	
			<ul> <li>Types of food services and their advantage</li> </ul>	
			https://www.slideshare.net/iamrealmelissa/food-service-	
			67652942	
			Dietary requirement for various age groups	
			 https://www.slideshare.net/aneeshajaiswal/dietary-guidelines-11405034	

		<ul> <li>Preparation of nutrient rich dishes such as: Protein, Vitamin A, Thiamine, Riboflavin, Niacin, Ascorbic acid, Calcium and Iron</li> <li>Preparation of food products for the use of PEM children</li> <li>Planning and preparing (in groups) balanced diet for different activity levels.</li> <li>Meal serving practice</li> <li>Table setting – Modern and traditional</li> </ul>
HSC 211 Introduction to Resource Management	Learning outcomes: Upon completion of the course students will be able to: • Describe the concepts of management • Differentiate various approaches to management • Understand process and techniques of decision making	<ul> <li>References: <ol> <li>Armstrong, M. (2010). A Handbook of Management Techniques. (Revised 3<sup>rd</sup> ed.). London : Kogan Page Publishers.</li> <li>Daecon R.E.&amp; Firebaugh F.M. (1975). Context and concepts of Management USA : Houghtion Miffin Company.</li> <li>Gross I.H. &amp; Crandall, E.W. (1980). Management for modern families (3rd ed.). New Jersey : Prentice Hall Inc. Engle Wood Cliffs.</li> <li>Luthans F.(1998). Organizational Behavior. (8<sup>th</sup> ed.). New York : Ervin-McGraw Hill.</li> <li>Robbins S.P., Decenzo D.A. (2009). Fundamentals of Management. (6<sup>th</sup> ed.). New Jersey : Pearson Prentice Hall.</li> <li>Robbins, S. &amp; Judge, T.A. (2013). Organizational Behavior (15<sup>th</sup> ed.). US : Prentice Hall.</li> <li>Stoner, J., Freeman R. &amp; Gilbert D. (1995). Management. (6<sup>th</sup> ed.). New Delhi: Prentice Hall of India Pvt. Ltd</li> </ol></li></ul> E- Resources: <ul> <li>Management Theory</li> <li>http://www.technofunc.com/index.php/leadership-skills-2/leadership-amanagement/item/ management-theories</li> </ul>

		Motivation Theories     https://www.tankonyvtar.hu/hu/tartalom/tamop412A/2011- 0023_Psychology /030300.scorml	
HSC213 Life Span	Learning outcomes:	References:	
Development - II :	Upon completion of the course students will be	1. Berk, L.E. (1996). <i>Child Development</i> , New Delhi: Prentice	
(Middle Childhood to	able to:	Hall.	
Old age)	<ul> <li>Acquire knowledge related to various aspects of development in different stages of life span.</li> <li>Understand adjustment issues and requirements of different stages from middle childhood to old age.</li> </ul>	<ol> <li>Cole, M. &amp; Cole, S. (1995). The Development of Children. New York, NY: Freeman &amp; Co.</li> <li>Craig, G. (1999). Human Development. New Jersey, NJ: Prentice Hall.</li> <li>Gardiner, H.W., Mutter, J.D., &amp; Kosmitzki. (1998). Lives Across Cultures. Boston: Allyn &amp; Bacon.</li> <li>Gupta, R. (1998). Matra Kala Shishu Palan avm Bal Vikas. Agra: Ratan Prakashan Mandir.</li> <li>Hurlock, E.B. (1980). Development Psychology: A Life Span Approach (5th ed.). New York: Tata McGraw Hill Publishing Co. Ltd.</li> <li>Hurlock, E.B. (1990). Vikas Manovigyan. Pratham Khand/Dutiya Khand, Hindi Madhyam Karyanvai Nideshalaya, Delhi University Dwara Prakashit.</li> <li>Rice, F.P. (1965). Human Development : A life Span Approach. New Jersey, NJ: Prentice Hall.</li> <li>Santrock, J.W. (2008). Life Span Development. New York: Tata McGraw Hill Companies, Inc.</li> </ol>	
		<ul> <li>E-resources:</li> <li>Ageing and old age as a task</li> <li>https://www.pdfdrive.com/ageing-and-old-age-as-a-task-e38334984.html</li> <li>Aging, Economic Growth, and Old-Age Security in Asia</li> <li>https://www.pdfdrive.com/aging-economic-growth-and-old-age-security-in-asia-e34443523.html</li> </ul>	

		Development https://www.pdfdrive.com/chapter-16- social-development-e7909382.html • Factors contributing to lif adulthood https://www.pdfdrive.com/factors-con early-and-middle-adulthood-e3201333	e satisfaction in early and middle tributing-to-life-satisfaction-in- 99.html velopment in Middle Adulthood d-cognitive-development-in-
HSC 201 / HSC 201 L Communication Process	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Explain concept and different types of communication</li> <li>Distinguish different approaches of communication</li> <li>Create effective messages to relevant audiences</li> <li>Use appropriate media in different approaches of communication</li> </ul>	<ul> <li>Agra, Isha Publication.</li> <li>Dahama, O.P., &amp; Bhatna <i>Communication for Dev</i> BH Publishing Co., Pvt. Ltd</li> <li>Harpalani, B.D. (1994). C Agra, Star Publication.</li> <li>Joseph, M.K. (1996). Ma <i>Sociology and Communic</i> Delhi, Anmol Publication</li> <li>Joshi, U.J. (2000). Textbo Delhi, Anmol Publishers.</li> <li>Kalla, P. N., &amp; Gakkhan <i>Extension and Communi</i> House.</li> <li>Malhan, P.N. (1992). C</li> </ul>	Frih Vigyan Mein Prasar Shiksha, odern Media and communication, cation Revolution. (Vol 1),New

8. Mody, B. (1991). Designing messages for Developmental Communication, New Delhi, SAGE Publications.	
9. Raines, C., & Williamson, L. (1995). Using Visual Aids- the	
effective use of type, colour and graphics. New Delhi, Viva	
books private Ltd.	
10. Rajsingh, A., & Saxena, A. (2008). Prasar Siksha me	
Sampreshan va Nirdesh Takneek. Jaipur, University Book	
House.	
11. Ray, G.L. (1991). Extension Communication & Management.	
Calcutta, Naya Prakash.	
12. Raydu, C.S. (1993). Media and Communication Management.	
Bombay, Himalaya Publishing House.	
13. Sandhu, A. S. (1993). Textbook on agricultural	
communication, Process and Methods. Culcutta, Oxford and	
IBH Pub. Co. Pvt. Ltd.	
14. Singh, R.P., & Rana, G. (2005). Communication. New Delhi,	
Ravi Books.	
HSC 202 / HSC 202 L Learning outcomes: References :	
Family Clothing       Upon completion of the course students will be       1.       Chahar(2007). Consumer protection movement in India :	
able to: problems and prospects. New Delhi : Kanishka Publishers.	
Select fabrics and clothes for     Select fabrics and clothes for     Select fabrics and clothes for     Select fabrics and clothes for	
different age groups. and wardrobe planning. New York : Macmillan Book	
Intelligently buy and care garments     Company.	
and house hold textile materials. 3. Tate, M.T., and Glisson, O. (1967). <i>Family clothing</i> . New	
Understand the consumer problems York : John Wiley and Sons.	
and their rights 4. Wingate, Isabel B. (1965). Textile Fabrics and Their	
Selection. London : Prentice-	
Hall,INC.	

HSC202 L Family		
Clothing Lab		Drafting, cutting and stitching of clothing for:
		Infant- Baby layette, Romper.
		Children- Frock, Shirt/Bushirt, Shorts (Designing and
		construction with emphasis on growth, comfort, self help
		features).
		Adult- Blouse, Kalidar / Simple Kurta, Salwar / Churidar
		pyjama, Gent's pyjama.
HSC 203 / HSC 203 L	Learning outcomes:	References :
Family Dynamics	Upon completion of the course students will be	1. Augustine, J.S. (1982). <i>The Indian Family in Transition</i> , New
	able to:	Delhi : Vikas Publishing House.
	• Analyze different aspects of	2. Bhatia, H. S. (1983). Aging and society: A sociological study
	marriage and family in the context	of retired public servants. Udaipur Arya's Book Centre.
	of changing socio-economic	3. Chaudhary, J.N. (1988). Divorce in Indian Society. Jaipur :
	scenario in the country	Printwell Publishers.
	• Intelligently deal with economic	4. Desai, N. & Krishnaraj, M. (1987). Women and society in
	and social issues	India. New Delhi: Ajanta Publications.
	• Solve family disharmony issues and	5. Devdas, T.S. (1979). <i>Hindu Family and marriage</i> , Madras:
	have positive attitude towards	University of Botany.
	marital and family counseling	6. Jain, B. S. (1984). <i>Indian society</i> . Jaipur: College Book Center.
		7. Kapadia, K.M. (1990). Marriage and family (3rd Ed).
		Calcutta : Oxford University Press
		8. MacIver & Page Charles H. (1952). Society -An introduction
		analysis. London : Macmillan Co. Ltd.
		9. Mukherjee, R. (1979). <i>Indian Society</i> . Jaipur: College Book
		Center.
		10. Rice F. Philips (1983). <i>Marriage and Family</i> . : N.J. : Prentice
		Hall
		11. TISS. (1991). Research in families with problems in India
		Mumbai: BookPublisher T.I.S.S. 991Description: xvi,587 p

		12.       Vidya, B. & Sachdeva, D.R. (1984). Introduction to sociology. New Delhi : Kitab Mahal.
HSC 208/ HSC 208 L	Learning outcomes:	References:
Guiding Child Behavior	Upon completion of the course students will be	
	able to:	1. Harvey, D. (1975). Baby Book. London : Marshall,
	Underline different rearing practices	Cavendish.
	and their implications	2. Hetherington, E. Mavis &Parke, Ross D. (1993). Child
	Analyze various behavioral	Psychology : A Contemporary View Point. NY: McGraw Hill.
	problems and habit disorders under	3. Heward, W. L. & Orlansky, M. D. (1992). Exceptional
	difficult circumstances and	Children. NY: Meryll Publishers.
	exceptionalities	4. Kumar, R.N. (1993). Baby & Child care. New Delhi: UBS
	• Analyze a problem, identify	Publishers.
	appropriate guidance strategies and	5. Lynch, Eleemon W & Lewis Rena B. (1988). Exceptional
	effectively handle the problems	children and adults - An introduction to special education.
		Glenview: Scott Foresman and Co.
		6. Schaefer, C.E. & Millman, H.L. (1981). <i>How to help children</i>
		with common problems. New York, NY: Van Nostrand
		Reinhold Company.
		7. 7.Spock, Benjamin (1976). Baby and Child Care. New York :
		Pocket books.

HSC 214 Nutrition for	Learning outcomes:	References:
Vulnerable Groups	<ul> <li>Upon completion of the course students will be able to:</li> <li>Have sufficient content – related knowledge base of nutritional requirements of vulnerable groups of society</li> <li>Apply the knowledge to design , implement and evaluate solutions to meet requirements of given set of vulnerable groups with available range of food sources</li> </ul>	<ol> <li>Gupta, S. (2006). <i>Text Book of Pediatric Nutrition</i>. New Delhi : Peepee Publishers and Distribution P. Ltd. Ed.</li> <li>Khanna, K. Gupta, S. Mahna, R, Puri, S. Seth, R. and Passi, SJ.(1997).<i>Text book of Nutrition &amp; Dietetics</i>. New Delhi: Phoenix Publishing House Pvt. Ltd</li> <li>Robinson, CH. and Lawler, MR. (1994). <i>Normal and Therapeutic Nutrition</i>. New York: Macmillan.</li> </ol>
HSC 301 / HSC 301 L Assessment of Nutritional Status	Learning outcomes:         Upon completion of the course students will be able to:         •       Use skills in anthropometric measurements and assessment of nutritional status         •       Conduct dietary surveys in the community         •       Get Employment in different NGO's and government agencies working in the field of nutrition         •       Work independently in the field of community nutrition	References:         1.       Barnji, M.S., Rao, P.N., and Reddy, V. (1996) .Text Book of Human Nutrition. New Delhi:Oxford & IBH Publishing Co. Pvt. Ltd.         2.       Gibson, R.S. (2005). Assessment of Nutritional Status. New Delhi:Oxford University Press.         3.       Jelliffe, D. B. (1966). Assessment of Nutritional Status of the Community. W.H.O.         E-resources :       •         •       Anthropometry procedures Manual_CDC http://www.cdc.gov/nchs/data/nhanes_07_08/manual_an.pdf         •       WHO Child Growth Standards - World Health Organization http://www.who.int/child growth/standard

HSC 303 Dyeing,	Learning outcomes:	References:	
Printing and Finishing	Upon completion of the course students will be		
• •	0	<ol> <li>Alexander (1972). Textile Products: Selection, use and care. London, UK: Miffin Company.</li> <li>Corbman, B.P. (1983). Textiles: Fiber to Fabric (6<sup>th</sup> ed.). New York, NY: McGraw Hill Publication.</li> <li>Gohl, E. P. G. Vilensky, L. D. (2005). Textile Science (2<sup>nd</sup> ed.). New Delhi, India: CBS Publishers.</li> <li>Hall, A.J. (1980). The standard Handbook of Textiles (8<sup>th</sup> ed.). London, UK: Newness Butterworth.</li> <li>Hess, K.P. (1959). Textile fibers and their use (6<sup>th</sup> ed.). New Delhi, India: Oxford and IBH Publication co.</li> <li>Shenai, V. A. (1985). Technology of Printing: Technology of textile processing Mumbai, India: Sevak Publication.</li> <li>Shenai, V. A. (1997). History of Textile designs. Mumbai, India: Sevak Publicatios.</li> <li>Vidyasagar, P.V. (1998). Handbook of textiles. New Delhi, India: Mittal Publication.</li> <li>Watson &amp; William (1998). Textile Design &amp; Colour. Mumbai, India: Bombay University Publication.</li> <li>E-resources:</li> <li>Textile fibers, dyes, finishes and processes</li> </ol>	
		https://www.scribd.com/document/25717442/Textile-Fibers-Dyes- Finishes-and-Processes	
		Textile dyeing and Printing	
		https://www.scribd.com/doc/54185948/Textile-Dyeing-and-Printing	
		Classification of dyes	
		https://www.textileschool.com/383/types-of-dyes-classification-based-	
		on-chemical-structure/	
		Method of printing     http://eacharya.inflibnet.ac.in/index.php/content/index/57206af18ae36c6	
		http://denarya.htmonetae.htmadex.php/content/https//2004116ae50c0	

		<ul> <li>781c073ae</li> <li>Style of printing http://eacharya.inflibnet.ac.in/index.php/content/index/57206af18ae36c6 781c073ac</li> <li>Textile dyeing industry and environmental hazard https://file.scirp.org/pdf/NS20120100003_72866800.pdf</li> <li>Impact of dyeing process on environment http://cdn.intechopen.com/pdfs/41411/InTech- Textile_dyes_dyeing_process_and_environmental_impact.pdf</li> <li>Indian textile industry and environmental issues https://pdfs.semanticscholar.org/7761/d7fca806e9f6fb64d5b1e7aed3e44a 032bbf.pdf</li> </ul>
HSC 313 Textile	Learning outcomes:	References :
Designing	<ul> <li>Upon completion the course students will be able to:</li> <li>Plan and develop various textile designs using basic elements and principles of design</li> <li>Explore inspiration sources of design for basic sketching and painting</li> <li>Differentiate and develop various types of motifs</li> <li>Use creative and technical skills for designing textiles with special emphasis on applied design</li> <li>Use concept, theories and specification of color in selection of apparels for men, women and children</li> </ul>	<ol> <li>Cole, D. (2007). Patterns new surface design. London: Laurence King Publication,</li> <li>Corbman, B.S (1985). Textile fiber to fabric. New Delhi: Mc. Graw Hill Publication</li> <li>Hess, K. P. (1959). Textile fibers and their use. New Delhi: Oxford and IBH Publication company</li> <li>Naik S. D. and Wilson . J. (2006): Surface designing and Textile fabrics. New Delhi:_New age international (P) Limited Publishers</li> <li>Shenai, V. A. (1997). History of Textile Designs. Mumbai: Sevak Publications</li> <li>Terry, A. G. (1979). Printed textile A guide to creative design fundamentals. New Jersey, England: Prentice hall inc.</li> <li>Vidyasagar, P.V.(1998). Handbook of textiles. New Delhi: Mittal Publication</li> <li>Watson and William. (1998). Textile Design and Colour. Mumbai: Bombay University Publication</li> </ol>

		E – resources :
		<ul> <li>E - resources :</li> <li>Elements and principles of design-Slide share, https://www.slideshare.net/admecinstitute/principles-of- design-30520900</li> <li>Indian Heritage - Textiles of India, http://www.indian- heritage.org/alangaram/textiles/textiles.html</li> <li>How colour notion works – Munsell color system, https://munsell.com/about-munsell-color/how-color-notation-works/</li> </ul>
HSC 315 L Surface	Learning outcomes:	
Ornamentation	Upon completion the course	
	students will be	
Techniques for Textile	• Apply knowledge of different dyes,	
	finishes, and style of printing to design various fabrics	
	• Use creative and technical skills for	
	designing textiles with special	
	emphasis on applied design	

HSC 310 / HSC 310 L Methods and Materials for Child Study	Learning outcomes:         Upon completion of the course students will be able to:         •       Explain characteristics and requirements of different groups of children         •       Explain major methods and	References :         1.       Santrock W. J. (2008). A tropical approach to Life -Span Development(3 <sup>rd</sup> . ed). New Delhi : Tata Mc Graw-Hill Publication Company Ltd.         2.       Papalia E. Diane (2004). Human Development (9 <sup>th</sup> ed.). New Delhi : Mc Graw Hill Education (India) Private Ltd.
	<ul> <li>approaches of child study</li> <li>Design and create play materials and plan learning experiences for promoting various concepts and commutative skills in children</li> </ul>	3. Levine E. Laura (2011). <i>Child Development :An Active Learning Approach</i> . Los Angeles: Sage Publications.
HSC 302/ HSC 302 L Diet Therapy	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Identify the nutritional needs in various diseases</li> <li>Formulate therapeutic diet according to disease using principles of diet therapy</li> <li>Apply the knowledge of therapeutic diet for counseling of patients</li> <li>Demonstrate the nutritional care in community</li> </ul>	<ul> <li>References : <ol> <li>Antia, F.P. &amp; Abraham, P. (1973).Clinical dietetics and nutrition. New Delhi: Oxford University Press.</li> <li>Khanna, K., Gupta, S., &amp; Passi, S.J. (1997) . Textbook of Nutrition and Dietetics ., New Delhi : Phoenix Publishing House Pvt. Ltd.</li> <li>Passmore, R, &amp; Eastwood, M. A.(1986). Davidson and Passmore Human Nutrition and DieteticsChurchill Livingstone.</li> <li>Robinson, C.H., &amp; Lawler, M. (1982). Normal and Theraputic Nutrition, New Delhi: Oxford IBH Publishing Co.</li> <li>Sharma, S. (2000). Human Nutrition and Meal Planning. New Delhi: Jnanda Publishers</li> <li>Srilakshmi, B. (2002). Dietetics: New Age Interantional (p) Ltd.</li> <li>Swaminathan, M.(1985). Fundamentals of Food and Nutrition, (Vol.II). Bangalore: Bangalore Printing and Publishing Co Ltd</li> <li>Williams, S.R.(1993). Nutrition and Diet Therapy. St.</li> </ol></li></ul>

		Louis:Times Mirror Mosby College Publishing.         E resources         • Indian chronic kidney disease guidelines http://isn-india.org/images/CKD_1.pdf         • Dietary Guidelines for Indians http://ninindia.org/DietaryGuidelinesforNINwebsite.pdf         • ICMR guidelines for management of type 2 diabetes 2018 https://medibulletin.com/wp- content/uploads/2018/05/ICMR.diabetesGuidelines.2018.pdf
HSC 304 / HSC 304 Early Childhood Education	<ul> <li>Learning outcomes:</li> <li>Upon completion of the course students will be able to:</li> <li>Explain significance of early childhood years, historical development and philosophical ideas related to early childhood education</li> <li>Get proficiency in planning programmes and curriculum including various components to promote all round development of young children</li> <li>Analyze problems, identify various contemporary issues in ECE and plan innovations</li> </ul>	References :         •       Grewal, J.S. (1995). Early Childhood Education. Agra: National Psychological Corporation.         •       Lawton, J.T. (1988). Introduction to Childcare & Early Childhood Education. London : Scott Freeman Co.         •       Morrison, G.S. (1976). Early Childhood Education Today.USA: Merrill Publications.         •       Read, K.H. (1996). Nursery School Relationship Laboratory. Calcutta: Oxford and IBM.         •       Swaminathan, M. (1984). Play Activities for Young Children. New Delhi: UNICEF.         E-resources         •       पाश्चात्य शे क्षक वचार व वचारक 4MB         https://drive.google.com/open?id=0Bwk5FIsI0ctxQmJYQXJhVkJYWH M       M         •       अध्यापन-अ धगम तथा मूल्यांकन 2MB         https://drive.google.com/open?id=0Bwk5FIsI0ctxSlg1d2RoaFRzYjg       •         •       पार्थयार्था तथा अनुदेश 17MB         https://drive.google.com/open?id=0Bwk5FIsI0ctxejNMUFZxbTI6MGc

		• अ धगम के लए मार्गदर्शन 6MB
		https://drive.google.com/open?id=0Bwk5FIsI0ctxRXNHR011T3JWaFU
HSC 306 /HSC 306 L	Learning outcomes:	References:
Fashion Dynamics &	Upon completion of the course students will be	1. Abling, B. (1993). Fashion Sketchbook. New York: Fairchild
Illustration	<ul> <li>able to:</li> <li>Recognize basic concepts of fashion dynamics, fashion movement and its development.</li> <li>Interpret and learn to operate practices involved in fashion business.</li> <li>Find out designers of international and national fame and explore their contribution to the fashion of today</li> <li>Design and sketch fashion illustrations for different purposes</li> </ul>	<ol> <li>Participant (1997). Fashion Flats and Technical Drawing. New York: Bloomsburry Publication</li> <li>Abling, B. (2017). Fashion Flats and Technical Drawing. New York: Bloomsburry Publication</li> <li>Abling, B. (2nd ed.). (2005). Marker Rendering for fashion, Accessory and Home Fashion. New York: Fairchild Publication.</li> <li>Castelino, M. (1994). Fashion Kaleidoscope. Calcutta: Rupa and co.</li> <li>Diamond, J. &amp; Diamond, E. (V ed.). (2013). The World of Fashion. New York, NY: Bloomsbury Publishing Inc.</li> <li>Frings, G. S. (1999). Fashion from Concept to Consumer. New Jersey: Prentic Hall</li> <li>Ireland, P.J. (1995). Fashion Design Illustration for Children. London: B. T. Batsford Ltd.</li> <li>Ireland, P.J. (2005). Figure Templates for Fashion Illustration, Singapore: Page One Publishing Pvt.Ltd.</li> <li>Leach, R. (2012). The Fashion Resource Book : Research for Design. London: Thames &amp; Hudson Ltd.</li> <li>Rousso, C. (2012). Fashion Forward : A Guide to Fashion Forecasting. New York: Fair child Books Inc.</li> <li>Stone, E. (2004). The Dynamics of Fashion. New York: McGraw Hill Book Company</li> <li>Tain, L. (3rd ed.). (2010). Portfolio Presentation : for Fashion Designers. New York: Fairchild Books Inc.</li> </ol>

HSC314 Welfare	Learning outcomes:		References:	
Programmes	Upon completion of the course students will be		1. Alfred, K. (1980) . Child Welfare Services . New York : Mc-	
	able to:		Millan Publishers.	
	• Discuss welfare services for family		2. Choudhary, D.P. (1985). Child Welfare Development, Delhi:	
	and children in India		Atma Ram & Sons .	
	Interpret various types of services to		3. Fonseca, M.B. (1991) . Counselling for Marital Happiness,	
	meet the needs of family and		Bombay : Manaktalas .	
	children		4. Verma, V.S. & Singh, M. (1988). Legal Rights for Women	
	• Analyze the institutional services		and Families . New Delhi: Women's Legal Aid Centre	
	for women and children; old age			
	and children with special need			
	• Summarize the role of international			
	agencies in child welfare			
		iscipline Electives		
HSC 309 Introduction	Learning outcomes:	Unit – I Work Study	Unit – I Work Study	
to Work Study	Upon completion of the course students will be	1.Concept and importance	1.Components of Work Study- Time Study and Method Study	
	able to:		2.Work Study Techniques - Formal and Informal	
		2.Work Study Techniques - Formal and	3.Mundell's classes of change	
	• Analyze changes in human body at	Informal	Unit – II Costs of work	
	work	3.Mundell's classes of change	1.Affective Component- Motivation	
		Unit – II The Worker-Costs of work 1.Affective Component	2.Cognitive Component- Guilford's model of Intellect 3.Temporal Component - Work Curve, Rest Periods and Fatigue	
	• Analyze and reason out concept of	2.Cognitive Component	4.Physical Component - Principles of Biomechanics, Indicators of	
	Ergonomics and its applications to	3.Temporal Component	Physical Stress (Heart Rate, VO2 max), Work Physiology (Static and	
	develop user-centered approach	4.Physical Component	Dynamic Work)	
	• Develop human centered approach	Unit – III The Work	Unit – III 1. Functional design for Seated and Standing Workers	
	to work and workplace designing	1.Tasks, Activities, Events & Milestones	2. Workstation Analysis- User-Machine-Environment Interface	
	1 0 0	1. Lasks. Activities. Events & whieshalles	2. WORKSTATION ANALYSIS- USER-WIACHINE-ENVIRONMENT INTERFACE	

<ul> <li>Analyze the indoor climate components for ergonomic designing</li> <li>Analyze the indoor climate for ergonomic designing</li> <li>2:The Job description &amp; Job Characteristics Model Unit - IV The Workplace 1: Functional design for Seated and Standing Workers</li> <li>2:Workstation Analysis</li> <li>3:Environmental factors in workplaces</li> <li>4:Noise</li> <li>5:Illumination</li> <li>6:Quality of Air: Humidity and Temperature Unit - V Ergonomics - Human Factors</li> <li>1:Meaning, Areas of study in Ergonomics, Seated and Study in Ergonomics, New York: Seated and Study in Ergonomics - Human Factors</li> <li>1:Meaning, Areas of study in Ergonomics - Human Factors</li> <li>1:Meaning, Areas of study in Ergonomics, New York: Seated and Agnamic work</li> <li>3:Man Machine Environment System</li> <li>Work: Physiology - static and dynamic work</li> <li>3:Man-Machine Environment System</li> <li>Caladity of Climate and dynamic work: A sanders M., McCormick E. (1993). Human Factors in Ergonomics New York: Sons.</li> <li>Salvendy G. (2006). Hundbook of Human Factors in Ergonomics in Ergonomics. New York: Sons.</li> <li>Salvendy G. (2006). Hundbook of Human Factors in Ergonomics. New York: Sons.</li> <li>Salvendy G. (2006). Hundbook of Human Factors in Ergonomics. New York: Sons.</li> <li>Sanders M., McCormick E. (1993). Human Factors in Ergonomics. New York: Sons.</li> <li>Sanders M., McCormick E. (1993). Human Factors in Ergonomics. New York: Sons.</li> <li>Sanders M., McCormick E. (1993). Human Factors in Ergonomics. New York: Sons.</li> <li>Human Factors in Ergonomics. New York: Sons.</li> </ul>	
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Behaviour Change	Learning outcome: Upon completion of the	Unit I: Introduction to Behavior Change Communication
Communication	course students will be able to	a) Defining behaviour change, behaviour change
	1. State the meaning, theories and	communication
	principles of behaviour change	b) The behaviour change process
	communication	c) Behaviour change theories
	2. Explain Steps necessary in	d) Guiding principles for BCC
	designing a behaviour change	e) Characteristics of effective behaviour change communication
		programs
	communication strategy	
	3. Design effective communication	Unit II : Designing Behavior Change Communication Programs
	strategies	a) Defining the problem
		b) Identify target audience
		c) Conduct formative assessment
		d) Segment target population
		e) Define communication and behaviour change objectives
		f) Select communication channels
		g) Design key messages and materials
		h) Pre-test materials and messages
		Unit III: Dissemination, implementation, monitoring and evaluation
		of BCC programs
		<ul><li>a) Message dissemination</li><li>b) Monitoring of BCC programs</li></ul>
		c) Evaluation and re- planning
		d) Evaluation of message effect
		d) Evaluation of message effect
		Unit IV: Designing a Communication Strategy
		a) Steps in designing a communication strategy
		b) Key elements of a communication strategy
		Unit V: 7 C's of Effective Communication
		a) Command attention
		b) Cater to the heart and head
		c) Clarity of message
		d) Consistency checks
		e) Communicate a benefit

f) Create trust
g) Call for action
g) can for action
References
Gainforth, Brown, West, Campbell, & Michie (2014). ABC of
Behaviour Change Theories. Silverback Publishing, ISBN
1291886672, 9781291886672
Gainforth, Brown, West, Campbell, & Michie (2014). The
Behaviour Change Wheel: A Guide to Designing Interventions.
Silverback Publishing, ISBN 1291846050, 9781291846058
McKee,Becker& Bockh (2014). Social and Behavior Change
Communication. Wiley Online Library.Online ISBN:
9781118505328, Print ISBN: 9781118505311
Woods N., Lisa (2006). Behaviour Change Communication In
Emergencies: A Toolkit. United Nations Children's Fund ISBN
99946-896-1-4
22240-020-1- <del>4</del>
e-resources
Introduction to Behaviour Change Communication. Retrieved from
https://slideplayer.com/slide/5727280/
Health Communication Capacity Collaborative (n.d.).Designing a
Social and Behavior Change Communication Strategy. Retrieved
from https://sbccimplementationkits.org/courses/designing-a-
social-and-behavior-change-communication-strategy/
IFRC (n.d.).Introduction to Behaviour Change Communication.
Retrieved from
http://www.rcrc-resilience-
southeastasia.org/document/introduction-to-behavior-change-
communication-bcc/

		Introduction to Behaviour Change Communication. Retrieved from https://slideplayer.com/slide/5727280/ Naqeeb, B.(2006). Behaviour Change Communication .Retrieved from https://www.slideshare.net/bilalnaqeeb/behavior-change- communication Rao, S.(n.d.) Behaviour change communication. Retrieved from https://www.slideshare.net/drsrinivasraod/behavioural-change- communication Avis, W.(2016). Methods and approaches to understanding behaviour change. Retrieved from https://gsdrc.org/wp- content/uploads/2016/08/HDQ1389.pdf
Community Health Management	<ul> <li>Learning outcome: Upon completion of the course students will be able to <ol> <li>Understand the concept of health from the individual and community perspective</li> <li>Know the factors affecting health and nutritional status of individual and community and promoting aspects to improving community health.</li> </ol> </li> </ul>	Unit 1: Health and dimensions of health         Physical health, mental health, emotional health, spiritual health and social health. Charcteristics of mental health. Positive health versus absence of diseases         Unit 2: Community and its organization         Concept of community, types of community, factors affecting health of the community-environmental, social, cultural, dietary, organizational, economic, political. Vulnerable groups/ needs of specials population.         Unit 3: Communicable and infectious Disease control         Nature of communicable and infectious diseases, infection, contamination, disinfections, discontamination, transmission-direct and indirect, vector born disease, infecting organisms and causative agents.

		-	-
		Principles of disease control.	
		Unit 4: Community Water and Waste management	
		Importance of water to the community, etiology and effects of toxic	
		agents, water born infectious agents, sources of water, safe drinking	
		water/potability and tests for potability. Community waste and waste	
		disposal-sewage disposal and treatment, solid waste and disposal, liquid	
		waste disposal.	
		Unit 5: Life style and Community health	
		Preventive and promotive aspects, public education and action, alcohol,	
		cigarette smoking, drugs, AIDS,STD diet and chronic diseases.	
		ergurette sinoknig, drugs, rubb,5 rb diet und emonie diseuses.	
		References:	
		References.	
		Clark, J,J Henderson, J. (1983): Community Health, Churchilli Livingstone.	
		TL	
		Park, K. (2017):Park's Textbook of Prevention and Social Medicine 24 <sup>Th</sup>	
		Edition.Banaingstone. Bhanot Publishers,Jabalpur.	
		e-resources:	
		Infectious disease retrieved from https://www.who.int	
		factors affecting health of the community retrieved from	
		https://www.slideshare.net	

HSC 311 / HSC 311 L	Learning outcomes:	References:
Nutritional Bio-	Upon completion of the course students will be	1. Conn, E. E. & Stump, P. K. (1987). <i>Outlines of Bio-chemistry</i> .
Chemistry	able to:	New York: John Wiley & Sons Inc.
	• Get thorough knowledge about the	2. Deb, A. C. (1998). Fundamentals of Bio-chemistry. Calcutta:
	metabolism of nutrients and their	New Central Book Agency,.
	functions in the body	3. Martin, D.W., Mayes, P.A. & Rodwell, V.W. (20033)
	• Gain insight into functions and	Harper's Review Bio-chemistry. USA: Lange Medical
	interrelationship between nutrients	Publication. Los Altos California.
	and their importance in the	4. Pant, M. C. (2005) <i>Essential of Bio-chemistry</i> . Meerut :
	maintenance of health	Kedarnath Ramnath & Co
	• Estimate some nutrients, detect	5. Plummer, D.T. (2017). An Introduction to Practical
	adulteration in foods,	Biochemistry. New Delhi : McGraw Hill Education.
	Assess the chemical characteristics	6. Rao, A.V.S.S.R. (2006). <i>Text Books of Bio-chemistry</i> . Tahuku
	of foods	(AP) : UBS Publishers Distributers Pvt. Limited.
		7. Sharma S. (1993). <i>Practical Biochemistry</i> . Jaipur : Classic
		Publishing House.
		8. Sharma, S. (2007). <i>Experiments and Techniques in</i>
		Biochemistry. New Delhi : Galgotia Publishing.
		9. Talwar, G. P., Srivastava, L. M.(2004). Text Book of Bio-
		chemistry & Human Biology. New Delhi : Prentice Hall of
		India Pvt. Ltd.

HSC /HSC L	Learning Outcomes:		
Ergonomics and Space	Learning Outcomes.		
Management		4025	
5	Upon the completion of this course, the students will be able to		
	students will be able to	Unit I	
	• Understand the concepts of		
	Ergonomics and Proxemics in context to each other	a) Concept and Importance of Ergonomics	
	<ul> <li>Apply ergonomic approaches to</li> </ul>	b) Proxemics and its applications	
	designing of spaces and products	c) Anthropometrics- Concept and Applications in design	
	• Evaluate different workspaces and	c) Anthropometrics- Concept and Apprications in design	
	furniture on functional grounds		
		Unit II	
		Design Techniques in Space Planning and their applications	
		a) Proportioning Systems- The Golden Section and Fibonacci Series	
		b) Oriental Grid Systems	
		c) Corbusier.s Modular System	
		Unit III	
		Ergonomic Approaches to the design of	
		a) Residential Buildings	
		b) Office Layouts	
		c) Computer Workspaces	
		d) Equipments	
		e) Laboratories	

	Unit IV       a)     Principles of Ergonomic Interior Design       b)     Ergonomic Assessment of Workspace Design- Reactive & Proactive Approach       c)     Multi-Unit and Adjustable Furniture
	Unit Va)Landscape Designing on aesthetic and functional groundsb)Principles of Sustainable Workplace Designc)Furniture Design Guidelines for Fit & Function
	Ergonomics and Space Management Lab
	<ol> <li>Ergonomic Evaluation of Computer Workstation</li> <li>Anthropometric considerations for seated and standing workers</li> <li>Assessment of User-Chair fit: Comparison of at least two types of chairs</li> <li>Postural Analysis of seated and standing workers</li> <li>Analysis of workplace factors- Illumination, Noise levels, Air Quality</li> <li>Analysis of ZCR (Zone of Comfortable Reach) for seated and standing workers</li> </ol>
	References: 1. Openshaw, S. (2006). Ergonomics and Design: A Reference Guide. Allsteel Inc.

		<ol> <li>Soares, M.M. &amp; Rebelo, F. (2016). Ergonomics in Design: Methods and Techniques. CRC Press</li> <li>Postell J. (2012). Furniture Design. John Wiley &amp; Sons</li> <li>Soares, M.M. &amp; Rebelo, F. (2018) (Ed). Advances in Ergonomics in Design. Springer, Cham</li> <li>Pheasant, S. &amp; Haslegrave, C.M. (2005). Bodyspace: Anthropometry, Ergonomics and the Design of Work. III ed., CRC Press</li> <li>Penick, P. (2013). Lawn Gone!. Ten Speed Press</li> </ol>	
HSC / HSC L Programme Planning and Management	Learning outcomes: Upon completion of the course students will be able to State the meaning, nature and importance of programme planning Explain programme planning process and extension management Design plan of work for need based program Apply techniques of participatory planning- RRA, PRA and PLA	Unit I Programme Planning in Extension         1)       Meaning and nature of programme planning         2)       Importance of programme planning         3)       Need of Programme Planning         4)       Abilities needed by Planners         Unit II Programme planning process         1)       Community Study         2)       Local Leaders and Participation         3)       Need Assessment         4)       Framing Objectives         5)       Plan of work         6)       Programme Implementation         7)       Evaluation         8)       Reconsideration         Unit III Participatory planning	

		1)	Concept and importance of participatory planning
		2)	Process of participatory planning
		3)	Techniques of participatory planning- RRA, PRA and PLA
			and their application in extension approaches of participatory
			planning - cooperative, democratic, bottom up and down
		Unit IV	Extension Management
		1)	Concept and meaning of management and extension
		2)	management
		2)	Principles and importance of extension management
		3)	Competencies required by extension managers
		4)	Problems in extension management
		Unit V E	xtension Management process
		1)	Planning
		2)	Organizing
		3)	Staffing
		4)	Directing
		5)	Communicating
		6)	Co-ordination
		7)	Controlling
		8)	Monitoring
		9)	Evaluation.
		Reference	
		Reference	co.
		1.	Adhikary, MM. (2006). Participatory Planning & Project
			Management in Extension Sciences. Agrotech Publ.Academy.

		2. Burton, G. & Hanab, T. (1997). Management Today, Tata Mc
		Graw Hill Publishing Company, New Delhi.
		3. Chandan, J. S. (1997). Management- Concepts and Strategies.
		Vikas Publishing House, New Delhi.
		4. Dale, R. (2004). Evaluating Development Programmes and
		Projects. New Delhi, Sage Publications.
		5. Govind, S. Tamilselvi, G. & Meenambigai, J. (2011).
		Extension Educational and Rural Development, Agrobios,
		Jodhpur.
		6. Koontz & Heinz, W. (1990). Essentials of Management,
		McGraw-Hill, New Delhi.
		7. Kumar & Hansra. (1997). Extension Education for Human
		Resource Development. New Delhi: Concept Publishers.
		8. Mikkelsen, B. (2002). Methods for Development Work and
		Research. New Delhi,Sage Publications
		9. Prasad, M.L. (1999). Principles and Practice of Management,
		Sultan Chand & Sons, New Delhi.
		10. Rajpurohit, R, Sharma, S. & Gupta, A. (2013). Management,
		Ajmer book company Publishers, Jaipur.
		11. Ray, G.L. (2006). Extension Communication and
		Management. Kalyani Publishers, New Delhi.
		12. Sandhu, A.S. (1994) Extension Programme Planning. Oxford
		& IBH Publishing Company Private Limited, New Delhi.
		13. Supe, S.V. (2018). Introduction to Extension Education.
		Oxford Publishers, New Delhi.
		14. Tripathi, P.C & Reddy, P.N. (1993). Principles of
		Management, Tata McGraw Hill, New Delhi.
		E-resources :
		Extension Program Planning: Meaning, Definition, Objectives,
		Importance and principles

	Retrieved from <a href="https://epgp.inflibnet.ac.in/ahl.php?csrno=827">https://epgp.inflibnet.ac.in/ahl.php?csrno=827</a> Steps in Program Planning Retrieved from         https://epgp.inflibnet.ac.in/ahl.php?csrno=827         PRA I and PRA II Retrieved from         https://epgp.inflibnet.ac.in/ahl.php?csrno=827         Planning and Developing Extension Programme Retrieved from         http://egyankosh.ac.in/handle/123456789/9171
	<ul> <li>HSC L Programme Planning and Management Lab</li> <li>1) Assessing needs and problems of a target group in a community</li> <li>2) Development of a plan of action for the problem identified</li> <li>3) Conducting the planned programme</li> <li>4) Evaluation and reporting</li> <li>5) Suggestion and follow-up.</li> </ul>

## Name of the programme : M.Sc. (Home Science )

## HOME SCIENCE PROGRAMME

The quality of life of society and the family determines positive functioning. Home Science has a vital role to play in increasing the capacity of the family and the community. At Banasthali Vidyapith, the faculty of Home Science strives to work dedicatedly towards women's empowerment through socially-relevant, holistic, interdisciplinary education, in keeping with its unique philosophy of Panchmukhi Shiksha (Five fold education). Home Science curriculum is offered in a composite form as per the development trends incorporating multi-disciplinary skills, linking the general studies with professional courses integrating theory and practice, and flexibility to the credit based system to meet the challenges in Indian ethos and global context. The curriculum is continually innovated to make it globally valuable, locally relevant and responsive to the changing times and needs. The course sensitizes students to the needs of others, especially of those less advantaged, and fosters a service orientation. The faculty also aims to contribute to the national and international knowledge base in Home Science and allied fields. Due emphasis has always been given to the skill development and enhancement in the students. The degrees offered by the faculty include B.Sc. (Home Science) and M.Sc. (Home Science) in Food Science and Nutrition, Human Development and Clothing and Textile. PhD is awarded in all the five branches of Home Science. Home Science is also offered as a subject in B. A. programme.

## **Program Educational objectives:**

Objectives of the Home Science programme are

- To acquaint students with interdisciplinary nature of Home Science as an integrated body of knowledge, all interwoven to enhance the quality of life, and multidisciplinary nature of subjects dealing with art and science of living
- To provide education through integrated approach of combining theory, practical, and field work emphasizing gender neutral, family focus, region specific and career perspective
- To prepare students to become actively involved in local and regional professional service activities which allow continuous initiative for empowering the individual, family and community
- To inculcate scientific thinking to undertake research projects of national and international recognition and publish multidisciplinary papers

## **Programme Outcomes:**

**PO1 Knowledge** – Have knowledge and holistic understanding of the core courses related to Home Science including Human Development, Foods and Nutrition, Clothing and Textile, Human Management, Extension Education and Communication; and basic courses associated with discipline of Home Science, including Social Sciences, Biological sciences, Physical sciences, Technology and Management.

**PO2 Planning Abilities**- Apply skills in designing, implementing, monitoring and evaluating programmes effectively for individuals, family, community, and for vulnerable groups of society.

**PO3 Problem Analysis-** Solve problems concerning home ,family , and society for ensured physical and mental health in the changing socio-economic scenario viz. dietary problems, behavioral problems, clothing problems, social problems by applying scientific methods ; through critical thinking, assessing, analyzing, finding appropriate solutions and taking decisions

**PO4** Modern Tool Usage- ability to select and use appropriate methods and procedures; tools and equipments; raw materials and other resources for knowledge, skill enhancement, designing and creation of new products, assessment and evaluation

**PO5** Leadership Skills- apply leadership skills; inspiring, taking responsibility, delegating tasks while working in a team, communicating with other teams, providing guidance to lesser skilled in various settings be it family, industry or institutions or carrying out research projects

**PO6 Professional Identity**- Take various professional roles in industries, govt./non-govt. organizations, institutes as educators, entrepreneurs, counselors, social workers, consultants, designers, researchers and exhibit competencies & skills

**PO7** Ethics- Apply ethical practices while data collection, and conducting experiments ; involving human beings as well as animals, delivering professional responsibilities

**PO8 Communication**- Use soft skills for clear , accurate, unambiguous effective communication using verbal and non-verbal skills at inter / intra personal and professional level

**PO9 Home Science and Society-** Apply knowledge and competencies developed as graduates to impart knowledge, identify, analyze and address family and societal issues to improve quality of life of individual, family and society as a whole, also covering marginalized and vulnerable groups of society.

**PO10 Environment and Sustainability**- Critically evaluate impact of household and industrial practices on environment. Appreciate use of sustainable practices for improved physical, emotional, social, psychological environment at micro / macro level

**PO11 Life Long learning** – ability to reason out, learn and improve oneself in the changing dynamic scenario by strengthening the strength and weakening of weaknesses for sustainable developmental needs , technological changes, career requirements and new avenues.

**PO12 Project-** Provide opportunity to students to get acquainted with innovative projects and develop skills to plan and undertake intervention projects.

## **Program specific outcomes:**

## M.Sc. (Home Science Human Development)

Focus on developing knowledge and competence for:

- teaching and research in academic and other institutions
- Planning and conducting intervention, guidance and advocacy for empowerment of families and communities
- Supervisory, training and consultancy roles and responsibilities in Government and non-government agencies/institutions.
- Entrepreneurship in specific areas of human development
- Orientation to the socio-cultural and economic environment for planning, monitoring and evaluation of various programmes for children and families.
- Advocacy and policy related roles

# M.Sc. (Home Science Food Science and Nutrition)

Focus on developing knowledge and competence for:

- Academic and research institutions
- Prepare professional to work with government and non-government organization, hospitals, food service institutes, and industry in various capacity
- Planning, Mentoring and evaluation of nutrition and health programmes Training and IEC activities of regional and national programmes
- Ensuring food safety and quality for consumers.
- Advocacy, consultancy and Entrepreneurial ventures.

# M.Sc. (Home Science Clothing and Textile)

Focus on developing knowledge and competence for:

- related area of educational, commercial and research establishments
- selection and design of fabrics, apparel and accessories for commercial marketing
- entrepreneurial management in textiles and clothing enterprises/ industry
- enhance self employment through entrepreneurial skill training
- Intensive and extensive theoretical and experiential learning and training in fusion of traditional and modern

# Programme Scheme:

# M.Sc. (Home Science Human Development)

## Semester: I

Existing					
Course Code	Course Name	L	Т	Р	С
CS 422	Introduction to computers	4	0	0	4
CS 422L	Introduction to computers laboratory	0	0	4	2
HSC 403	Advanced Study in Human Development: Conception to Childhood	4	0	0	4
HSC 403L	Advanced Study in Human Development: Conception to Childhood Lab	0	0	4	2
HSC 418	Research Methods in Human Development	4	0	0	4
HSC 424	Techniques of Studying Human Development and Scientific Writing	4	0	0	4
HSC 424L	Techniques of Studying Human Development and Scientific Writing Lab	0	0	4	2
HSC 427	Theories of Human Development	4	0	0	4
	Total	20	0	12	26

Proposed					
Course Code	Course Name	L	Т	Р	С
CS 422 / CS 422L	Introduction to Computers	4	0	4	6
HSC 403 / 403L	Advanced Study in Human Development: Conception to Childhood	4	0	4	6
HSC 418	Research Methods in Human Development	4	0	0	4
HSC 424/ 424L	Techniques of Studying Human Development and Scientific Writing	4	0	4	6
HSC 427	Theories of Human Development	4	0	0	4
	Total	20	0	12	26

### Semester : II

Existing	Existing						
Course	Course Name	L	Т	Р	С		
Code							
HSC 401	Adolescence & Youth	4	0	0	4		
HSC	Adolescence & Youth Lab	0	0	2	1		
401L							
HSC 406	Contemporary Issues and	4	0	0	4		
	Concerns in Human						
	Development						
HSC	Contemporary Issues and	0	0	4	2		
406L	Concerns in Human						
	Development Lab						
HSC 407	Early Childhood Care &	4	0	0	4		
	Education						
HSC	Early Childhood Care &	0	0	4	2		
407L	Education Lab						
HSC 420	Social Psychology	4	0	0	4		
HSC	Social Psychology Lab	0	0	2	1		
420L							
HSC 423	Statistical Methods in	4	0	0	4		
	Human Development						
HSC	Work experience/ Internship	0	0	4	2		
428P							
	Total	20	0	16	28		

Proposed	Proposed					
Course Code	Course Name	L	Т	Р	С	
HSC 401/401L	Adolescence & Youth	4	0	2	5	
HSC 406 / 406L	Contemporary Issues and Concerns in Human Development	4	0	4	6	
HSC 407/ 407L	Early Childhood Care & Education	4	0	4	6	
HSC 420 / 420L	Social Psychology	4	0	2	5	
HSC 423	Statistical Methods in Human Development	4	0	0	4	
HSC 428P	Work experience/ Internship	0	0	4	2	
	Total	20	0	16	28	

\*Common practical examination for HSC 401L and HSC 420L.

\*Common practical examination for HSC 401L and HSC 420L.

#### Semester : III

Existing					
Course	Course Name	L	Т	Р	С
Code					
HSC 502	Adulthood and Ageing	4	0	0	4
HSC 508	Child in the Family	4	0	0	4
HSC 511	Curriculum for Early Years	4	0	0	4
HSC	Curriculum for Early Years	0	0	4	2
511L	Lab				
HSC 520	Introduction to Guidance and	4	0	0	4
	Counseling				
HSC	Introduction to Guidance and	0	0	4	2
520L	Counseling Lab				
HSC 526	Persons with Special Needs	4	0	0	4
HSC	Persons with Special Needs	0	0	4	2
526L	Lab				
	Total	20	0	12	26

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC 502	Adulthood and Ageing	4	0	0	4
HSC 508	Child in the Family	4	0	0	4
HSC 520/ 520L	Introduction to Guidance and Counseling	4	0	4	6
	Discipline Elective - I	4	0	4	6
	Open Elective	4	0	4	6
	Reading Elective -I	0	0	0	2
	Total	20	0	12	28

List of Discipli	ne Electives
Course Code	Course Name
HSC 526 / 526L	Persons with Special Needs
HSC 511/ 511L	Curriculum for Early Years
	Media Planning and Social Marketing (Newly Introduced)
	Planning for Innovative Project and Management(Newly Introduced)

## Semester : IV

Existing						
Course Code	Course Name	L	Т	Р	С	
HSC 501	Abnormal Psychology	4	0	0	4	
HSC 525	Parent & Community Education	4	0	0	4	
HSC 525L	Parent & Community Education Lab	0	0	4	2	
	Specialization (I/II) Course 1	4	0	0	4	
	Specialization (I/II) Course 2	4	0	0	4	
	Specialization (I/II) Course 3	0	0	4	2	
HSC 528P	Project	0	0	12	6	
	Total	16	0	20	26	

Proposed							
Course Code	Course Name	L	Т	Р	С		
HSC 501	Abnormal Psychology	4	0	0	4		
HSC 525 / 525L	Parent & Community Education	4	0	4	6		
	Elective Specialization Course 1	4	0	0	4		
	Elective Specialization Course 2	4	0	0	4		
	Elective Specialization Course 3	0	0	4	2		
	Reading Elective -II	0	0	0	2		
HSC 528P	Project	0	0	12	6		
	Total	16	0	20	28		

Specialization I Guidance and counseling							Specialization I Guidance and counseling
HSC 517	Guidance and Coping in Crisis	4	0	0	4	HSC 5	Guidance and Coping in Crisis
HSC 527	Principles and Procedures in Guidance and Counseling	4	0	0	4	HSC 5	527 Principles and Procedures in Guidance and Counseling
HSC 537L	Practicing Guidance and Counseling Lab	0	0	4	2	HSC 5	537L Practicing Guidance and Counseling Lab
							Or
Specializati	on II Early Childhood Educat	ion				Specia	alization II Early Childhood Education
HSC 513	ECE Centers Organization, Administration and Management	4	0	0	4	HSC 5	513 ECE Centers Organization, Administration and Management
HSC 518	Innovative Programmes and Curriculum Planning for ECE Centers	4	0	0	4	HSC 5	518 Innovative Programmes and Curriculum Planning for ECE Centers
HSC536 L	Management and innovations in Early Childhood Education Lab	0	0	4	2	HSC53	36 L Management and innovations in Early Childhood Education Lab

# M.Sc. (Home Science Clothing and Textile)

### Semester I

Existing					
Course Code	Course Name	L	Т	Р	С
CS 422	Introduction to computers	4	0	0	4
CS 422L	Introduction to computers laboratory	0	0	4	2
HSC 404	Apparel Pattern Making	4	0	0	4
HSC 404L	Apparel Pattern Making Lab	0	0	4	2
HSC 411	Historic Costumes	4	0	0	4
HSC 416	Research Methods in Clothing & Textile	4	0	0	4
HSC 425	Textile Chemistry	4	0	0	4
HSC 425L	Textile Chemistry Lab	0	0	4	2
	Total	20	0	12	26

Proposed					
Course Code	Course Name	L	Т	Р	С
CS 422/ 422L	Introduction to computers	4	0	4	6
HSC 404 / 404L	Apparel Pattern Making	4	0	4	6
HSC 411	Historic Costumes	4	0	0	4
HSC 416	Research Methods in Clothing & Textile	4	0	0	4
HSC 425/ 425L	Textile Chemistry	4	0	4	6
	Total	20	0	12	26

### Semester II

Existing					
Course Code	Course Name	L	Т	Р	С
HSC 408	Fashion Business and Communication	4	0	0	4
HSC 408L	Fashion Business and Communication Lab	0	0	4	2
HSC 410	Garment Production Technology	4	0	0	4
HSC 412	Historic Textiles	4	0	0	4
HSC 412L	Historic Textiles Lab	0	0	4	2
HSC 421	Statistical Methods in Clothing & Textile	4	0	0	4
HSC 426	Textile Testing	4	0	0	4
HSC 426L	Textile Testing Lab	0	0	4	2
HSC 428P	Work experience/ Internship	0	0	4	2
	Total	20	0	16	28

Proposed					
-					
Course Code	Course Name	L	Т	Р	С
HSC 408/	Fashion Business and	4	0	2	6
408L	Communication				
HSC 410	Garment Production	4	0	0	4
	Technology				
HSC 412/	Historic Textiles	4	0	4	6
412L					
HSC 421	Statistical Methods in Clothing & Textile	4	0	0	4
HSC 426/	Textile Testing	4	0	4	6
426L					
HSC 428P	Work experience/ Internship	0	0	4	2
	Total	20	0	16	28

#### Semester III

Existing					
Course Code	Course Name	L	Т	Р	С
HSC 504	Advanced Apparel Designing and Construction	2	0	0	2
HSC 504L	Advanced Apparel Designing and Construction Lab	0	0	4	2
HSC 512	Dyeing and Printing	4	0	0	4
HSC 512L	Dyeing and Printing Lab	0	0	8	4
HSC 514	Fabric Manufacture	4	0	0	4
HSC 514L	Fabric Manufacture Lab	0	0	4	2
HSC 532	Textile Merchandising	4	0	0	4
HSC 529	Technical Textiles and Textile Ecology	4	0	0	4
	Total	18	0	16	26

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC 504/ 504L	Advanced Apparel Designing and Construction	2	0	4	4
HSC 512/ 512L	Dyeing and Printing	4	0	8	8
HSC 529	Technical Textiles and Textile Ecology	4	0	0	4
HSC 532	Textile Merchandising	4	0	0	4
	Discipline Elective	4	0	4	6
	Reading Elective -I	0	0	0	2
	Total	18	0	16	28

#### List of Discipline Electives

HSC 514 /514L	Fabric Manufacture
Code to be generated	Knitting Technology(Newly Introduced)
HSC 531/531L	Textile Finishes
	Textile Auxillaries and their application(Newly
	Introduced)
Code to be generated	
	Media planning and Social Marketing(Newly
	Introduced)
Code to be generated	

#### Semester IV

Existing					
Course Code	Course Name	L	Т	Р	С
HSC 507	CAD in Textile and Garment Designing	2	0	0	2
HSC 507L	CAD in Textile and Garment Designing Lab	0	0	8	4
HSC 510	Commercial Clothing	4	0	0	4
HSC 510L	Commercial Clothing Lab	0	0	8	4
HSC 531	Textile Finishes	4	0	0	4
HSC 531L	Textile Finishes Lab	0	0	4	2
HSC 528P	Project	0	0	12	6
	Total	10	0	32	26

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC 507/ 507L	CAD in Textile and Garment Designing	2	0	8	6
HSC 510/ 510L	Commercial Clothing	4	0	8	8
HSC 528P	Project	0	0	12	6
	Open Elective	4	0	4	6
	Reading Elective -II	0	0	0	2
	Total	10	0	32	28

# M.Sc. (Home Science Food Science and Nutrition)

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# Semester I

Existing										
Course Code	Course Name	L	Т	Р	С					
CS 422	Introduction to computers 4 0 0 4									
CS 422L	Introduction to computers lab	0	0	4	2					
HSC 402	Advanced Food Science	4	0	0	4					
HSC 402L	Advanced Food Science Lab	0	0	4	2					
HSC 413	Human Physiology	4	0	0	4					
HSC 413L	Human Physiology Lab	0	0	2	1					
HSC 417	Research Methods in Food Science and Nutrition	4	0	0	4					
HSC 419	Scientific writing and nutrition communication	4	0	0	4					
HSC 419L	Scientific writing and nutrition communication002Lab									
Common pr	0	12	26							

	Proposed									
Course Code	Course Name	Р	С							
CS 422/ 422L	Introduction to computers	4	0	4	6					
HSC 402/ 402L	Advanced Food Science	4	0	4	6					
HSC 413/ 413L	Human Physiology	4	0	2	5					
HSC 417	Research Methods in Food Science and Nutrition	4	0	0	4					
HSC 419/ 419L	Scientific writing and nutrition communication	4	0	2	5					
	Total	20	0	12	26					

Common practical examination for HSC 413L and HSC 419L.

#### Semester II

Existing							
Course Code	Course Name	L	Т	Р	С		
HSC 405	Biochemistry-I: Biomolecules and Energetics	4	0	0	4		
HSC 405L	Biochemistry-I: Biomolecules and Energetics Lab	0	0	4	2		
HSC 409	Food Microbiology	4	0	0	4		
HSC 409L	Food Microbiology Lab	0	0	2	1		
HSC 414	Nutrition Epidemiology Paediatric and Geriatric Nutrition	4	0	0	4		
*HSC 414L	Nutrition Epidemiology Paediatric and Geriatric Nutrition Lab	0	0	2	1		
HSC 415	Problems in Human Nutrition	4	0	0	4		
HSC 415L	Problems in Human Nutrition Lab	0	0	4	2		
HSC 422	Statistical methods in Food Science and Nutrition	4	0	0	4		
HSC 428P	Work experience/ Internship	0	0	4	2		
Total 20 0 16 2							
Common p	ractical examination for HSC 41	4L and	HSC 4	409L			

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC 405/ 405L	Biochemistry-I: Biomolecules and Energetics	4	0	4	6
HSC 409/ 409L	Food Microbiology	4	0	2	5
HSC 414/ 414 L	Nutrition Epidemiology Paediatric and Geriatric Nutrition	4	0	2	5
HSC 415 / 415L	Problems in Human Nutrition	4	0	4	6
HSC 422	Statistical methods in Food Science and Nutrition	4	0	0	4
HSC 428P	Work experience/ Internship	0	0	4	2
	Total	20	0	16	28

#### Semester III

Existing		_	_	_		Proposed
Course Code	Course Name	L	Т	Р	С	Course Cod
HSC 505	Advanced Nutrition	4	0	0	4	HSC 506 / 5
HSC 505L	Advanced Nutrition Lab	0	0	2	1	HSC 519/ 5
HSC 506	Applied and Community Nutrition	4	0	0	4	HSC 521/ 52
HSC 506L	Applied and Community Nutrition Lab	0	0	2	1	
HSC 519	Institutional Food Administration (IFA) and Country & Continental Cuisines	4	0	0	4	
HSC 519L	Institutional Food Administration (IFA) and Country & Continental Cuisines Lab	0	0	2	1	
HSC 521	Metabolism and diagnostic Biochemistry	4	0	0	4	
HSC 521L	Metabolism and diagnostic Biochemistry Lab	0	0	4	2	
HSC 524	Nutrition in Diseases and Disorders	4	0	0	4	-
HSC 524L	Nutrition in Diseases and Disorders Lab	0	0	2	1	-
	Total	20	0	12	26	-
Common pra	ctical examination for HSC 50	)5L and	1 HSC	506L		-
Common pra	ctical examination for HSC52	4L and	HSC5	19L		

Proposed					
Course Code	Course Name	L	Т	Р	С
HSC 506 / 506L	Applied and Community Nutrition	4	0	2	5
HSC 519/ 519L	Institutional Food Administration (IFA) and Country & Continental Cuisines	4	0	2	5
HSC 521/ 521L	Metabolism and diagnostic Biochemistry	4	0	4	6
	Discipline Elective	4	0	2	5
	Open Elective	4	0	2	5
	Reading Elective I	0	0	0	2
	Total	20	0	12	28

List of Discipline Electives							
HSC 505/505L	Advanced Nutrition						
HSC 524/524L	Nutrition in Diseases and Disorders						
	Food Standards, Safety and Regulations(Newly Introduced)						
	introduced)						
	Media Planning and Social Marketing(Newly						
	Introduced)						

### Semester IV

	Existing						Proposed						
Course Code	Course Name	L	Т	Р	С		Course Code	Course Name	L	Т	Р	С	
HSC 523	Nutrition for Physical Health and Fitness	4	0	0	4		HSC 523/ 523L	Nutrition for Physical Health and Fitness	4	0	2	5	
HSC 523L	Nutrition for Physical Health and Fitness Lab	0	0	2	1		HSC 530/ 530L	Techniques and Instrumentation in Nutrition Research	4	0	2	5	
HSC 530	Techniques and Instrumentation in Nutrition Research	4	0	0	4			Elective Specialization Course 1	4	0	0	4	
HSC 530L	Techniques and Instrumentation in Nutrition Research Lab	0	0	2	1			Elective Specialization Course 2	4	0	0	4	
	Specialization (I/II) Course 1	4	0	0	4			Elective Specialization Course 3	0	0	4	2	
	Specialization (I/II) Course 2	4	0	0	4			Reading Elective -II	0	0	0	2	
	Specialization (I/II) Course 3	0	0	4	2		HSC 528P	Project	0	0	12	6	
HSC 528P	Project	0	0	12	6			Total	16	0	20	28	
	Total	16	0	20	26								

Common practical examination for HSC 530L and HSC 523L

Specializati	on I: Food Processing					Specialization I: Food Processing			
HSC 515	Food Processing and Technology	4	0	0	4	HSC 515	Food Processing and Technology		
HSC 516	Food Product Development Safety and Quality Control	4	0	0	4	HSC 516	Food Product Development Safety and Quality Control		
HSC535L	Food Processing and Quality Assurance Lab	0	0	4	2	HSC535L	Food Processing and Quality Assurance Lab		
	1						Or		
Specializati	on II: Therapeutic Nutrition					Specialization	n II: Therapeutic Nutrition		
HSC 509	Clinical Nutrition and Dietetics	4	0	0	4	HSC 509	Clinical Nutrition and Dietetics		
HSC 522	Nutrition and Critical Care	4	0	0	4	HSC 522	Nutrition and Critical Care		
HSC538L	Therapeutic Nutrition Lab	0	0	4	2	HSC538L	Therapeutic Nutrition Lab		

	List of Reading Electives for Home Science
Course Code	Course Name
	Safe and Healthy Environments For Young Children (Newly Introduced)
	Nanotechnology in Textile(Newly Introduced)
	Introduction to Nutrigenomics / Online course in lieu - Nutrigenomics for Disease Prevention and Intervention https://www.nutrigenomics.arizona.edu/home.html
	Textile Conservation (Newly Introduced)
	Onconutrition (Newly Introduced)
	Colour Science and Instrumentation(Newly Introduced)
	Inclusive Education (Newly Introduced)
	Novel Technologies for Food Processing and Shelf Life Extension Online course in lieu - Novel Technologies For Food Processing And Shelf Life https://nptel IIT, Kharagpur Management
	Food Biotechnology (Newly Introduced)
	Science of Clothing Comfort Online course in lieu - Science of Clothing Comfort http://swayam.gov.in I I T, Delhi
	Ergonomic Applications in Interior Design (Newly Introduced)
	Functional Clothing(Newly Introduced)
	Content Development and Food Labelling(Newly Introduced)
	Emerging Technologies for Personalized Nutrition(Newly Introduced)
	Sports Nutrition(Newly Introduced)

Verified Darge

Offg. Secretary Banasthali Vidyapith P.O. Banasthali Vidyapith Distt. Tonk (Raj.)-304022